Hot Tip for the

Kingdom

Being

COLLECTED POETRY VOLUME 5

PETER STOCK

AKS WOLFCHILDE

Tipping the velvet

Tipping the velvet

Tread boards of cabaret

With a touch of the hat

Cue line from rehearsal , oh so gay

An oyster girl for rent

A soldiers spit and polish

Sinking to the knees

For a sovereign salty pearl to finish

Out of the shadows

Lost to the back alley

A concubine never retires

Yet from the beasts saved

Seduced into service

Touch of the french maid

Forbidden desires

Cuffed for truncheon to raid

Hermaphrodity raised to the roof
Like Bacchus to grape
High society
But getting things straight
Embracing the truth
Bound valet struck as by rape

Saviours compassion

The warmth of the hearth

The proud stand of the socialist Fair sisters sweet perfumed kiss

The tap of the cane

Cross dressed top and tails

The tipping of velvet

Carpet burns, the silks rug

First loves recollection

Tremble of lip

A tear in the eye

By obsession gripped

Return to the senses

To find in letting go

Pale memory , red rose

A bed where new love can grow

The longed for embrace

Stroking hair from your face

Lost

Heart feelings

Head keeps reeling

The skip of the beat

Reaching down to the feet

Time between

The moments spent enthralled

Turned on, tuned in

Wanting to share it all

Head is reeling
What is this feeling
Ever wanting for more
I wonder if you know the score?

The hands are turning in the clock

Dancing with the pulse

Things moving with the thought of you

But I don't want to shock

There's a fullness in the heart

A warmth that remains when we part

Blossom for your hair

Snow flakes melting to your care

Can't name this feeling

A wound of separation that needs healing

When I'm all lost for words

Full of beans

Tossed bean salad
Olive oil in the bowl
A touch of lazy garlic
Basil pesto pine nuts swirl

As I stir the colours

Red kidney

Haricot white

Verdant green to the pallet bright

Thinking of you

As the pulses turn

Folding in

I guess at least I have taste

Scent of spices

Fill the air

I turn away

I dare not stare

So smooth

Like your skin

How I dream to breathe you in

Olive flesh to bite

Five bean salad

One more than four

Sparring a thought for the fifth

As I roll them on my tongue

Capers turning you over

When I'm full of beans

Innuendo

Incrimination

As from innuendo

Sowed careless on the breeze

The knife concealing deals

Aimed squarely at the back

Misleading words intent on defamation

Rumours like poison to a strangers mind

Bitter tidings

Never telling what they hide

Community liaisons

Dangerously unites

Making a 'we're'

Of the factions

That divide when exposed to light

They'll say they're for
But never mention for what
Just hot air
Going up in smoke
They've nothing real to say

Round in circles

This has gone on for years

You've never made an offer

The only in is in incarcerate

Can't get rid of

Not so subtle in your attacks

A bad smell I hear you say

I'd see you all on higher tax

To give the poor man all he lacks

Daze of confusion

Do you think they're able to confuse

Contradictions in the news

As they disabuse

Do they think I don't know my own mind?

Tiny Tim an isis bride for a mother
Underage to feed the prejudice
Spin to misrepresent
Another front page fatwa lie

A Christmas carol ghost of the present
Names slipped into conversations
Digging for some dirt
Shallow end of the gene pool

You seem to think the answer to mental distress

Is to do people in with manufactured stress

Try to trigger off some painful memory

As if to find meaning in random passers by

Perceptions not so blurred

I don't have a racing mind

Confronted my abusers

I think little of your kind

Celluloid wars

Caught in a loop

There's a floof on the way

The forest fires keep burning

Your summary does not add up
Your figures falling short
The national budget
Prophet of Al' quida
Manufactured enemies
Deals with the Arabs

Oh to be in with the in crowd

Ever making out they're it
When all their conversation
Is about such pointless shit
Themes recycled by the papers
Archive fed to the TV
Who remembers boko haram
Let alone the taliban?

Players

The player and the played

The mask behind the curtain

Directors guiding hand

Courts humiliation

Building others up

Stripping others down

Feeding anxiety

Motivations stress

I never asked you what you want

If there was some overarching reason

Why you do the things you do Where in you create some meaning

The doctor feeds me lines

For checks I do not need

Tries to sell me on a tablet

Sweeteners from the pharmacy

The more the contracts private

The more it seems folk will sell out

Buying services

The health system won't provide

Forever selling out

To pay the boat mans coin

Serving two masters

The common good

The blind market

Playing us for fools

Too many eggs inside the basket

Players like to play
I'm not so powerless

I can walk away
I can make complaint
Don't take me for a fool
Who bows their head in shame
I've faced demons you don't see
And never once kissed up

God of poo

I keep praying to on high

For there's only one true light

It's the one in the toilet

Where I hug my bended knees

Calling out to god

Why is it such a strain?

I want to do a poo

But the lords got me stuck upon the loo

What is the final answer

That will move my bowels

I cry out for mercy

Please help me to unbind

I've always been a true believer

But I'm spiritually constipated

That's right, all that gods got in mind
Is to keep me full of shit.

Vanity

Social climbers

Greasing of the palms

Slip me some skin

Wheels of power seek to spin

Everyone forever striving

For that which is not of lasting worth

Imagination in the having

To be fulfilled some future day

Chasing rainbows

Christmas baubles

Gaudy decoration to glamours

Have you been good enough this year?

The false pretences

To vanity ever fair

Seeking the attentions

Of the mark

Wheel of fortune
Roulette gambles
White ball, the hopes revolve
Chips stacked on an even chance

Showman's perfumes

Minted wallets

The smell of money ever green

Vain glory all that's seen

Wide eyed staring at the mirror

Where the cracks begin to show

The snow in heaps to form a line

Pimp Floyd into the night the blind

Coffee house jazz

Canapes savoury taste

Oh but forever vanity

Sweet as fine smoked salmon

Melting on the tongue

Cocktail straws raised to the heavens

To make for the longed ascent

Pigeons

The pigeons are pecking

Gathered like vermin in a flock

Pecking away

As if anyone hears or even listens anyway

The neighbours are mowing my grass
What again?
I can't even keep up with their drift
So much defamation it no longer makes sense

Enemies assuming power again

As if wanting to be targets

Inflation even from the venom

That drips from a silver tongue

Rumour, gossipy innuendo
Really, what is their point?
Throwing mud constantly

Till it has no more effects

They've declared war

But I don't know who they are

Or even what the conflicts about

Everything's coming up roses

False accusations

Enter the fray

The man in the arena

Comes up bloodied for more

I've had enough of their lies

So I sit here and smell the roses

Cyberpunk

Cyberpunk coming to a stream near you
Choose your body mods
Enhance the meat
Cameras in eyes, silicone till we die

Cyber psycho

Desperado of the metal

Monofilament whip

Prosthetic superior limbs

There's those with faith
That's fed to their ears
Buying skill chip upgrades
Neuromancer to their trip

Imagine all you heard

Was a corporations lies

The thoughts that you're fed

Fugues to memory from an AI

Got a flechette grenade

And a mini gun on my arm

Framed in the cross hair

Heads up on synthetic sight

Trans humanism

Embracing the future

Speeded up reflex

Net runners jack in their minds

Cyberpunk, ascending the meat

Cybernetic enhancements

Watch out for feds on their beat

There's a corporate war

And the battles for who rules the streets

Hypnos

Behaviour reinforcement
Bow down to the power
Who's in control
Of the radio towers?

Hypnos one god

Forced to our knees

All you believe

Fed by their machine

Rewriting experience

Hacking our minds

The media sells it

When was the internet of things so new?

Programmed to serve

Thought Viruses corrupt

Stuck in the loop

All you'll do is suck up

Mental shackles

Dominate minds

Become human

This games multiple choice

Break out of their logic trees

One day we'll be free

Radio gaga , have you got ECM?

Magisteriums rule

Have to find faith in something

But the techs got backdoors

Bow down to no one

We were not born to serve

Bed nobs

Nobs and knockers
What the butler saw dreams

Is that a composite?
Things not what they seem?

They want to corrupt us

Feed us some guilt

So they can control

With the traps that they make

Logic gates towards deviation

Do you even know what's the norm?

Most folks swing either way

Whose the tackle you saw?

Bednobs and broomsticks

Polishing the brass

With a lick of lubricant

At a stretch, it's your arse

How far do you go?

First base for first dates

Or will we score a home run

With you sat on my face?

Nobs and Knockers

The food of wet dreams

Just make sure you're on top

By the time that she screams

Apricot cocktails

It was something about the waiter

How in any one moment

He can choose to be free

Breaking free of the roles we perceive

Cocktail umbrellas on the south bank
Apricot melts to your caress
Drinking me in with your eyes
The glass raised by the stem

Contingent reality

But forever with choice

Stepping clear of the chains

Between you and me

Curly straws

And shaved ice

Head rush chill with surprise

Breaking out from the lies

Notre dame spires

Where the river retires

Under the bridge of our hopes

Trying to reach the far side

A little boat on the water

The envy of greed

And me fixing a hole that you made

To see if I'd sink or swim

Mortal thoughts

Mortal thoughts

The unwinding coil

Deaths not much of a living

But it's where all our journeys end

Autumn leaves

A touch of gold

As ready to fall

We see at last their worth

Things that we strive for
Things we repent
Things we desired
Forever just lent

Holes in favourite socks
Where the toes poke through
Worn through wool
Catching bare threads

What meaning we find
Fleeting shadows and dreams
Was anything solid enough
To find a firm hold?

The sands of time

So slowly in decent

Forming a heap

In the hour glass bowl

What is the point

To mark our lives ?

Lived less well

A little more indistinct

Than we could have crowned it

With vainglory

The watch spring unwinds
No second to chance
For all in time
Lay broken
To eternity
Forever forlorn

Violence

False expressions

Leaving contrived impressions

Faking lines for the lense

Curtain call for an end

Suffering your indiscretions

Comments To the wings

Your plays to disconnect

Did you think I would relent?

So we end as we began

No agreements and no deals

Delusions of self reference

Never meeting test of the real

A constructed spotlight

Shines solitary in the dark

Never courting the applause

Just a mirror surface deep

Inscribing sigils in the sand
Tattoo surf can't wash away
Secret messages
Worn with warriors pride

There can be no debate

No argument surmounts

The cold harsh truth in pain

That violence is forever a final answer

The piteous pleading to the blade

Forever trying to convince

The cold hard steels reality

Do you think the sharp end even cares?

High rise

Birdsong

Dawn chorus

Against the motorcade

Petrol fumes spewing

Toxic with the hate

Oppressions Sky
Lit by street lamps
Burning bright
The stars polluted
Muted of skyline

High rise obelisks

Concrete cracked by time

Blighted edifice

Never reaching the true heights

High rise insults

Blocking out the moon

Bricks of masons set to fall

Exposed for all their fabrications

Bird song

Dreaming of taking to wing

Where trees are hemmed in

And contained by pavement slabs

New shoots struggling to be free
Against modernities barren land
The gaps between the concrete
The only place to find a root.
Don't like the neighbourhood
Never wanting to fit in.

Opportunity

I know the only rights there are

Are those I can't afford

I pay a private therapist

To protect me from the NHS
Wear a body camera
To shield me from the filth

There's always someone on my tail
Or on the route predicted
I know my techs back doored
To record everything I do or say

Buying the promise of freedom

Hard won security

The TA override it

It's worth less than my fateful blade

They spread lies and falsehood

As if to whip me into shape

It doesn't motivate me

I don't even want to know

They think they offer meaning

That I am not self defined

My TV feed in sync
With every image, every word

As if self obsession

Is a channel which I want to be tuned into

They think their ways can convince me
To come back to the fold
The bleating sheep in mockery
Temples to suicidal gods
Nailed with hands apart
Bled dry like their false hopes.

The only right I have

Is to raise defiant fist

The rich steal all the glory

And chain my freedoms song

Do I offer a lament

To a culture I reject?

The bones of false opportunity

Arson burns cremation bright

Broken like the windows

Smashed with liberty through the night

Bullet

Got a name on a bullet

Loaded chamber of the gun

I've got teeth to show

Sharpening my claws

Do you think this is a game?

Sure as hell, you're insane

Think you hear the word of god

But we won't spare you the rod

Gun powder primed

Lock , stock, smoking barrel

Good people out in the street

And you're a moving target

Got your name on a bullet

Keeping city safe

You won't be smiling

Pay back wipes your ugly face

Lock, stock, we're smoking

You won't survive what I do

All you'll hears a death rattle
Heckles rising to battle
Don't forget I have teeth
And they're coming at you

Naves

Casanova

Grand seduction

Echo of Don Juan

Serenade begun

Iago fans the jealousy
Buttons longs to be crowned
Fine raiments cloth
Technicolor coats

Jealousy in base emotion

Seeks only to possess

To covet the Sought prize

And build a gilded cage

Song birds

Ever rising with the tone
Seeking to soar free
Even with a broken wing

The muse to court

The floral scent

Of the sweetened word

That the heart be heard

Fools one and all
Mocked by the turns of fate
Naves to their own naivety
Suitors seeking love
Praising folly of the heart
Dreams left torn apart

Capitan

Sign sealed delivered

Fresh meat

Straight off the shelf

Out of court settlement

Keeping out from the spotlight
Deals grooming a lost child

Rich nonces

And powder puffs

Collusion to sell out

Never making deals

With the innocent

The ones they hate the most

Prodigal sons

And buried treasures

Double of nothing

Empty of pocket

Speculate to accumulate

Paupers fate to loose

In league the rich don't care

Who else left to accuse?

Could they make it any clearer?

I just can't read between the lines.

False advertising

Dropping a line

Not worth a thing

It's not me who's blind

Fresh meat to your taste

Prepubescents stand in line

Plucking budding blooms

No shame to you, no time

The purse strings pulling shut

Just like a witnesses lips

The case forever closed

By yet another bribe

Better world

Build a better world

With memory of the fallen

From ashes fan a flame

To shine a guiding light

Rising as to battle

The warriors heart of steel

Lifting spirits high

To fight for worthy rights

Victims tears of blood
Rain down with the grief
Laying in memoriam
Sorrows floral wreath

For a better world

Recall the sacrifice

Warriors to the battle

A moral edifice

To raise on giants shoulders
The hopes for the new
Where the seeds they planted
Into flower grew

To build a brighter future

Ever mindful of the past

Facing down the darkness

Truth hold dear to the last

Step up from the tears

To lend the helping hand Find in unity

The brave tomorrows land

Jasmine

Jasmine stars
Woven through the vine
Snow fleck white
Bedded in the green

Thai mothers tears

A garland of your flowers

Like the scent of massage oils

Olive to your skin

Green tea breathed in

Refreshing senses with the steam

Jasmine fruit

Dark berry with a bite

Like star fish
On the sea bed stretched

The fingers of your petals

Guideing north and south

Pointing where I know not where

Reaching thither all around

Jasmine, aphrodisiac
Rush of blood
Stimulating stamens
As dried spice to rub

Jasmine scent

Incense to the ceremony

There crown your head with the stars

For a floral wedding bed

Numinous

A moment of transcendence

Like a new born infants freedom cry

Uncritically to the first leap

With awe into this life

The empty tranquil scene

A landscape where we stand

Yet never feeling there alone

Surrounded by all nature

The chains of self deception

Faithful dogma to uphold

The centre of the universe

Revolving around them

To embrace the irrational
Sensing the connect
To a greater whole
Consciousness to lift

Laying false claim

To the numinous

Religion to contain

With interpretation to constrain

Where did they get the idea

Faith had the monopoly?

To step beyond our selves
The I united with the thou

No need to call it god

No room for higher powers

Sat still within the wonder

Of what is within realities grasp

To come to comprehend

How small we are to all this existance

Aesthetics

If beauty be only in the eye

As once subjective to the beholder

How then propose an aesthetic

That appeals in every sense?

Is taste taught to us

An elitist guide to form?

Touching emotions

A higher love is born

Nuance to the object of all art

Pleasing to the eye

And felt by heart

A symphony sensorium for the attentive ear

Do we learn as with ethics

The notes that strike a chord

Or is it our perceptions

That resonate accord ?

What delight in variation

Flesh enhanced by scent

The base note of a perfume

That lingers to a caress

The gastronome

In savoured bite

Awakening the tongue

Lips wanting secrets more

Touch of velvet

Flavours subtle rare

Beauty a goddess
With riches that uplift the poor
For the many
Her open palace doors

State of the nation

Waiting lists
Universal credit
Left in debt
Cut back benefits

Social care
Who respects their elders?
Pay for private
Or be stuck in line

The English always like to queue
A free bus pass
The coronation carriage
Good as gold the wheels go round

They used to sell it by the pound

But a kilo weighs up cash in hand

Everyone seems to be an expert now

To the economic sacred cows

The capitalist his mortgaged home

He'll buy a yacht his cars outgrown

The chauffeured in a limousine

Who counts the cost when fat grows lean?

The rich grow richer

Each passing day

Counting on interest

Ever more than the workers pay

Who speaks of rights for the many?

They deal in pounds but leave us pennies

Orphans and widows

Mite is right.

MPS

Multiple personality

Does it even really exist?

Profits from false stories

Psychologists on the make

They used to spin it about survivors

Fabrication to weave

There's plenty of stupid folk

Whom this kind of nonsense will believe

Urban myths to sow

It's the creative ones don't you know

They're really two people

That's how the story used to go

Cybal was the first

A case history dripping lies

Whole things made up

You just need to read between the lines

It's a label that denies the reality
Undermines the testimony
As if the memory
Exists in divided compartments

It was popularised in the sixties

Like so much conspiracy

It resurfaced with the internet

To corrupt victim sites

The stuff of horror stories

That keep the unwary scared

A way to cover up

For other people's crimes

They thought the same with schizophrenia

You may well ask what do these labels mean?

They used it to discredit inner child work
Voice dialogue proposed by Jung
Like many theories of mind
Laings divided self to apologise
They take it all too far
To try to keep our interests
But it's all a crock of bull
I'm not even really that impressed

Puffins

Puffins diving for sprats

Swimming beneath the rippled waves

Hungry for the catch

A reason for existence

Do they grasp the fish

The scales in beak

To resurface from the water

As if to find in this their meaning

Homeward bound

Upon the wing

Cliff top nests

To ponder on their prize

Consuming white bait

Swallowing the salty meal

Fins and all

Into their orange beaks

To hunt, to eat, to rest on weary feet

Do they wonder what the point?

To the daily struggle

Feathers drying amongst the rocks

A life time lived

Ever in the search

And all that's truly won

Is the final breath

Coming to an end

A puff in a happy death

Big idea

Self replication The ever selfish gene Random mutations Advantages to contagion Virus of the mind In cultural evolution Algorithms to repeat Universal Darwinism Learning the new task Mechanisms of design Nature to selection What will become extinct What comes to survive? Artefacts evolving Memeplexes Language groups to compete Adoption of the dominant Hereditary adaptive

Inventions ubiquity

Spreading of the meme

Imitation repetition

Who makes the big ideas

That spread throughout the team?

Vice

Vice, grotesque

Comedic caricature

Solicitous fools gold

To cheat the heart

Love fades

Flesh weighed
With price of lust
To grip in hand
Flushed pounds
A damned caress

Dripping maw

The spittled lip

Gaping wound

A slash wanton

That crosses the face

Ruddy cheek

The slender neck

A serpent raised

To bite at flesh

And drain the passions cup

The buttocks smooth

Twin aspect globes

A world that moves

On rolling hips

The thrust of stollen kiss

The mons allure

Take to the mount

Rend the veil

Deflower in provocation

To welcome womanhood

Head bowed in shame

An empty chest
The fire spent
Yet left to hunger
As never satiated
By fetish fleshed brides
The cadaver virgin whores

Scorn

Things don't go the way
That I planned them
There's those who judge
Misunderstand them

Someone always wants

To pull the rug

Smears against names

At the spotless throwing mud

They've one belief

Lack of faith must be a crime

They invent faults

That are not mine

Deviation from their norm

Sure to offend

They seek to scorn

When will false judgements ever end?

Superiority they seek to claim

The high ground where we all forgive

A pack of lies, nothing to gain

Whilst one man dies another lives

They claim mine is the excess

When with temperance I'm forever blessed

You see it's been this way for years

They attack reputations

I don't know why

I think they'd like me to conform

To their values

Their hope forlorn

So against them I 'll lock my door

And not seek from the crowd for an encore.

Paranoid android

Angels at the shoulder
Devils in the ears
If it has a meaning
It really is unclear

Third eye to foreshadow

What does it communicate

If They're catching up

It's a little bit too late

Tag teams situations

Impulse under control

Seen it all before

Misled to closing doors

The over confident

Think we can't break out from controls

Who's watching their backs

When death bell rings its toll?

If I told you the true story
I doubt that you'd believe

And the scars in flesh

That I've come to leave

They can't predict every move

The cameras are not all aligned

I do what I bloody want

I'm of a single mind

The paranoid think there's safety

In orchestrated moves

But there's the human factor

Eyes a little blind

Compassion

I care enough about myself

Not to want to take care of you

Compassion vice of princes

Paupers ever cynical

The see saw dream

Raising you up

Whilst I take a fall

Unable to keep my end up

Rapes destined for the back shadows

Fists raised to defy

A drama triangle

No hello, just a goodbye

They'll say the goodmen

Dirty their hands

Pyramids to build

A wounded land

Sat on a corner stool

Raising spirits in a glass

The broken fools

The line on which they stake their arse

Rusting shields

And broken lances

The fallen warriors

No longer offer up salutes

Broken bottles
Beer and skittles

Meanings nocked flat

By pendulum of experience

You offer me battle

But if a match is made in heaven

You can bet your bottom dollar

Someone's tugging at my leash

Offer

I got an offer from you

Just the other day

Yet another one

That you thought I just can't refuse

Young people's outstretched hands
Beggars at the palace gates
Pulling at the heart strings
Made in heaven, must be fate

Lend a listening ear

Ease the next generation

Embrace their tears

What have I got to fear?

Another sting

The honey trap

Recorded conversations

I know the style of all your crap

Press men ruin reputations

Coppers baiting hooks

The hoodwink from the team

Answer me this, what's in it for me?

To save the heart that is ones own

Find orphans a proper home

Meaning find in purpose

Who'd think they'd pull the rug?

Young men follow dreams they're fed

Old men shed a tear

Buy a homeless kid a xmas hamper

Count the cost of some much corruption
and say they no longer care.

Leon

It was something about Leon

The way the righteous man

Ends up with a bullet in the head

Whilst bent cops count the cost of the dead

Nikita with a lonely tear

The youth exploited

Do they really bring them in?

Charades hide away another's sin

The victims pleading hands
No one seems to understand
Let down the drawbridge
To ride into the fray

Knights in rusting armour Who'd lead another charge The rescuers in flight
A saviour of the light

Harsh reality
Bracketed boundaries

No easy way forward

Hope sinking in the mire

Leon ever a caution

Controls that stay the hand

Feeling oh so paternal

The quixotic take a bow

A requiem to innocence

Beware the shadow of the patriarch

Corrupt cops count their bullets

There's a gun aimed at my head

Happy birthday to me

Happy birthday to me

32 years of alcoholism recovery today

It took me till 6pm to recall I ever used to drink

Over 25 years since I shared the experience at a meeting

More memory of how pointless the program was
They'd say that I'm insane
That they have all the answers
That I'll only be happy if I conform

And say it's all down to nobodady god.

It's been long

At first it was hard

Then just periodically acutely painful

All down to circumstances

That's my experience

I am not offering them hope

Most will not make it

I've seen all sorts and one thing is sure

Most will not do what I've done

It got better

Life often got worse

Much worse for never numbed

The steps were more of an obstruction

No real support or help

Peer support like swimming in a sea of drowning men

Sooner or later they'll try to drag you down.

So I remembered I used to drink

As I spread chive and garlic cream cheese

On croissants for my tea

And filled them brimming full

With finest scotch smoked salmon

I'll watch eastenders rather than go to a meeting

I can read between the overdubs

Self obsessed projections through self reference

That's worth more to me

And perhaps if someone obsessed with spirituality

Takes the time to read this

They'll wake up to facts

Realise they've been fed a lie

And leave the 12 steps as the lousy deal they truly are.

I'm insane, they have all I need

They'd want to change me

All the answers in some god bothering book

At least that's what their delusions make them believe.

I'd rather have a full frontal lobotomy

That sit through one of their meetings

Happy birthday to me!

Wreath

Fresh flowers used to make my heart so glad

But fallen petals seem to me so sad

Memory like moist blooms of the spring

The wreath, tears of rain, a dark veil brings.

Time passes, sands fall between the finger tips
We try to grasp the moments, still from our hands they slip

Sunlight through nights curtains reach
Washed shores, are we but grains on eternities beach?

Statues of those that stood once proud

As cliffs corrode, the sound of surf breaking loud

Horse tail waves, the fathoms deep

Who can hold back the tide of the tears we weep?

The flock huddled on the hills side

Those who tall watch over them beside

New lambs that so joyous leap

Reflect on the fleece golden of the elder sheep

Fresh flowers that raise spirits with a smile

Ponder on they that go the extra mile

In passing questioning what we believe

As wings stretch, the flight of angels embracing grief.

Fallen petals collect beside the crystal vase

Like those that in state come to lay

Ever too short when loved ones leave

The ring, life a circle, leaving a fading wreath

Flow

Solipsism in the matrix

A black mirror kaleidoscope

Distorted by the looking glass

Listening for the wizard of oz

Paranoias artificial intelligence
Dictated by the god machine
Logic gates and flow charts
Recipes to subservience

Holy words encryption

Instructions train of thought

Tiny feet on which to stand

Developments in each stage

Running before we can walk

In the language we come to talk

Puppets on a string
Bird on a wire
Activate prison heads
Hypnos conditioned
His masters voice
Vehicles for memes

Transmission and receiver
With a will free to decide
Secrets whispered darkly
Don't be taken for a ride
I want to break free
Of the masters lies

The same old trip
Ontologically suicidal
Just what is it they deny?
Space hoppers
And beely boppers
Raising on the blind
Circuitry of mind
Hoodwinks for a child.

Ta ta for now

The taps sprung a leak

It's why the militarists

Do a tap dance in the street

They sent me a dream

To make me less stable

To see how I'd react

Of what I am able

The neighbourhood stinks

Paranoia in teams

Spreading gossip

There must be profit to their schemes

Tapping my fingers

Jungle radio talking drums

The conservatives in action

Want me under their thumbs

No right to privacy

Human beings turned down

Repetition to phrase

Dominations their game

But I can ignore them

Everything's just the same

File a report

To stir up a swarm

Looks a bit quiet

For what are we sworn?

Isolate the outsider

It's of their kind of which we were warned

Lights, camera, action.

In the theatre of consciousness
Where to find the best seat
Up in the circle
Or front row of the stalls?

The mask behind the screen

Moving pictures forming scenes

The light of projections

Going over our heads

Do we stick to our scripts

Are cue lines all that we hear

Forever in the grip

Of predictions on lip?

Somehow we stumble

Always half a second behind

The thoughts that lead from inaction

Mechanically moved by our minds

Do we even have a self?

This illusion we bought

Do we form an intention

The hand following on

By the time we reach awareness

Has the impulse long gone?

Troubled by the act
Unsure of free will
Is consciousness a mere echo
Moved by cogs in the machine?

Mind and body, forever as one
Are our thoughts just reactions
To what the body has done?

Sit back,
enjoy the show

Cabaret to our applause

First effect

Preliminary cause.

Are we reactors

Or do we take to the boards?

Embellishment

A blind conductor

Knowing every phrase

Every cadence of the score

Directing the rhythm

Every nuance to applaud

Deterministic

Fate woven from first cause

Every strand as predicted

Moved by a universal hand

Time and space

In the grip of causality

Strings of puppets

Hypnotised of mind

Is this a truth

Free will, illusion

Ever blind?

Material reality

Neurone fires in the brain

Everything interconnected

Moving without strain

Compatibleistic

Where free choice remains

Humanisation

Expression on the finger tips
A touch of chaos

Evolution flowing in our grip

Improvisation

Embellishment permits

A butterflies wings

Gaia breathing with the wyrd

Particles resonate

A tremble of the cosmic web

Raising the baton

The conductor to the score

With a touch of the random

Orchestrated wholes

Emotion in becoming

At one with each wave

Reeds vibrate with freedom

More than sum of parts

Liberations swell

Ripples of energy

Producing ever more

Creation to each breath

Thirst

Are we but empty vessels?

Containers to each thought
Replicating ideology
Open to all we're taught

A blank slate

The empty black board

Unmarked sheet of paper

Awaiting to be inscribed

Where schools collide

Information to transform

Stirring about language

To find a processed form

Ideas contradict
Wage battle to be heard
Claiming dominance
Floods to claim our minds
Critical analysis
Deciding what we buy

The empty glass
In which to pour

Half full, half empty
Receptive to the level raised

Thirsty for new knowledge

Consuming book worms

Swirling about the contents

Seeking understanding

Swallowing each chapter

Forever wanting more

Stoics

Apatheia

Freedom from passions
Stoic hearts composed
Without disengagement with the world

Contentment in the attitude
The opinions that we place
About the suffering
Emotions clearly faced

A sense of the detachment

Reason stepping clear

Of the many pitfalls

That amplify our tears

The world beyond control

To use will for ourselves

Commanding the heart

With virtues of the sage

Steadfast in the victory
Struggle which to win
Choosing our attitude
To apatheia let's begin.

Worthwhile

The waiting game

Seeds watered by the tears

Heart grows

Fondness remains

If all good things
Come to them

I sit with baited breath

For what new seasons bring

Patience to the longing

Somehow the passing hours

Rise to greet

In welcome of belonging

You know it's worthwhile

For each moment lingers

With warmth of your presence

So smooth in your style

I wait each passing day
Alone yet still beside myself
The memory of your smile
Going an extra mile
A craving to possess
Ever on me impressed
The hope that here you'll stay

Cell window

Prisoners of our minds

Behind smart iron curtains

No chance to fly free

From the windows bars

Pleading to the conscience
Under house arrest
Red tape to the ties
That bind us to their lies

TV dinner body snatchers

Always in our eyes

The schedule keeps adapting

To our data search

Strangely synchronised

Typed words seem to rise

As if blogging predictions

Of the next newsnight

The Berlin Wall has fallen

Still power windows to our cells

Forever self referential

The room is closing in
They'd force us to our knees
To prove who's in control

They overdub the Queen

Presenters gossip about us

At least that's what they'd have us believe

That their spotlight ever shines on us.

Who wants to live forever

Still wanting to break free?

I used trumps name in vane

So there's an evangelic drone of death

With a name on a bullet

To save my fallen soul.

Watch the skies

For them breaking wind.

Relax it's only terror vision

Where the president speaks my name

A moth spirals in the flames

An archive apocalyptic war in flight

Prison cells for the blind

Where they seek to drive us out of our minds.

The cold

You left crumpled tissue flowers
A requiem to my thwarted ardour
Stains caresses fade
Where lusts tears come to dry

Would I seek to garland your neck?

Alike to pearls from this sea bed

Shells crafted for your ears

To sing the songs of breaking waves

To repose upon the beach

And massage sun oil on your skin

Whilst gulls soar overhead

Stretched fingers like their wings

To run with the tide

Leaving shared footprints in the sand

Or dive into a breaker

Coming up to breath of your air

Where sunlight bathes naked backs
Olive browns the paint for flesh
Rubbing shoulders slowly
To stroke gently the small hairs at your spine

But for now the winters cold

The tissues for my nose

Into duvet diving

With a hope that summers long

Drone Diplomacy?

They kill people

As easy as ordering pizza

And then claim that violence

Is the greatest of sins

War on terror

At least on our TV

Justifying civil injustice

For over 50 years

Truth and justice?

Do you really believe in their way

Gunship diplomacy

Prisons full of the poor

Drones for delivery

Like amazon, only with bombs

Execute the deviants

It's the will of one god

Religions divide us

Their only meaning control

Keeping the workforce

Dumb downed in their roles

Ramadan or thanksgiving
One fasting, one feasts
Not much different
In their false beliefs

Drone diplomats

Make off with shares from the oil

The Arabs rub shoulders

Over champagne with our royals

One reason, it's profit

That's why they call it a pay load

The dollar in sights

Just hope there's no swift deliverance for me.

Mech

Biomechanoid Dreams

Curves of the surreal

Twisted bones and meat

Plugged into the machine

Visions dark macabre

Sexual force of nature

Coupled with mutation

Virtuality opens psyche

Transhumanist shamanic

Summoning alien form

Merge with technology

ProtoDildonics to jack in

Consciousness to the gate

Goat of mendes to invoke

To suckle upon electro breast

Surfing the mental webs

Cables penetrating flesh
Feeding nightmares screams
Black metal to the hammer
That mould minds in the forge

To be reborn cybernetic

From frozen cryogenics

Neurological chips

Devil in the flesh

Snakes tempting to submission

Dark web tattoo to mind

Hypnos turns the ear

To serve controls false gods

Prometheus bound to the rock
That weighs the fleshy down
Where the beasts sink in
Teeth to tear at organs

Radiations fated flame

Stollen from the heavens

Limbs struggle to be free

Of the future shock that we find

The variable

Are we all but forced moves in chess?

Predetermined by rationale

Constrained by the environs

Of the binary sides conflict

Never a free agent

So many factors influence

Echos of past decisions

Another's will to assume control

Manipulated motivation

Environmental restraints

The flip of a coin

Liberation within the random

Smashing the predictions

With this variable decisions fist

We could relinquish our choice
Submit to the machine
Dictated by overlords
Submission in letting go

To choose without foresight

Armed with the basic facts

The less that we know

The easier to force our hand

Strive for knowledge

Form reasoned decision

Not a victim of the crowd

Or the background noise

That leads us all around

Freedom from the many factors

That would make free will unsound

Toxic waste

Ithyphallic
Missiles primed for war

Strap on extensions
Toxic pedagog

The angels of death

Gods fury on the wind

Packing their payload

Within iron wings

Muslims kneel in prayer

Bow before Mecca

Christians mercy mild

Say all will be forgiven

Eagles talons sharp

To rip at tender flesh

Tears shed for the lamb

Soaked blood in the fleece

Cries as one for battle
Vengeance on the lips
Master and commander
Enemies throats to grip

Tell us what's the point
What objective to your plans?
More vane glory
Beneath a nations flag.

Toxic masculinity

Goaded by alpha males

We hear the battle cry

We live for do or die

The guarded bureaucrats

The deals of the fat cats

Is this all we come to serve

Do we get what we deserve?

To kill and kill again
With rockets in the pocket
The lust for dominance
And how we want to fuck 'em
So much toxic waste
A skulls empty starring sockets

Scarcity programming

Lives of scarcity
Limited resources
Forever in competition
The fight to survive

Kept down by glass ceiling
Divided by class
Ever in the trenches
Faced by barricades

Bureaucracy barb wire
Red tape chocolate wars
Forever held back
Sound of slamming doors

Unequal from the start

No hope of liberation

Envy through lack

Knives forever at backs

The slice of the pie
Or crumbs from rich men's tables

The ration book

Green shield stamp

Throughout life to strive

The tightrope unstable

No self belief

When the undertow drags us down

They remove safety nets

Force us to kiss up

Down on our knees

Still empty of cup

Oh for the liberty

Where we can all rise

And this myth of scarcity

Is forever defied.

Agency

Agent causation

Definition to action

Developing self

Conforming to will

Locus of self control

Reflections in the mirror

Centre of self

A sum total of parts

Who raises the hand?

Is it you, is it me?

Controlled or controller?

The decision made free

Learning maturity

Becoming into the real

Not such a blank slate

Adapting our potentiality

Are our actions compelled

Or do we form our own character?

Transforming the materials

From which we are built

Slowly growing to be
Into responsibility
Forming a process

But how manifests the first cause ?

Are we self made?

Do we deserve credits applause

Or are we just lucky

To be free of constraints?

Forever determined by what

Contingent reality supports.

Someones found it interesting enough to hack my emails so here's the thread from them this week having got a new chess set.

I am using chess as a meditation on agency. Within contingency of the rules and rationale of the state of play each move is an exercised choice of free will. I am enjoying the free moments between moves.

Although just a game this agency illustrated by the choices presented in chess requires consciousness to decide which move to take. Profoundly meaningful. Where does this consciousness come from? From what is it made? Without the opportunity afforded by the game to make free choice is consciousness the same? Makes the game more stimulating.

Yet the computer app is not conscious, has no will and just emulates agency algorithmically. A materialist may say my brain is the same with only the illusions of such.

I am aware of making the choice of move, this awareness is not computational. Qualitatively experiential subjective agency.

Many determinist materialist see consciousness as an illusionary byproduct of the computations of the physical brain. What then is this qualia of consciousness I experience in processing my decisions to move? A copatabiltist would see a unity of brain/mind, deterministic/choice, in experiencing the illusion of agency we have it. So am I just a biological mechanicid reacting to cues from environmentally determined stimulus? I am still intuitively more with the existential experience of free choice. I am not flipping a mental coin at each move. I consider the consequences. I am present as an agent of free choice in the theatre of consciousness.

The computer chess can analyse more moves into the future so in one sense has optimal choice and yet as algorithmic determinism it has no actual experience of choice at all. I not only experience choice but have an experiential history of agent decisions to reflect upon in making my conscious move. Obviously the computer has a data base of game positions to fall back on but still lacks this experience of conscious volition.

I was feeling quite under inspired musically so applied the chess theory. Success!

I had to let go of the chess game as the app cheated by rearranging some of the pieces! I was expecting to loose my first game on the new board to the computer but oh no the computer acted like it has agency and cheated the game. I'll put that down as a win then...

Even if free will is an illusion of biological mechanism I am happier believing I am the agency at the centre of my choice and I am not predtermined by environment or the will of anything else, like a god.

Lava lamp

Wax melting to warm words

Like a lava lamp

Releasing semi colons

Inverted tears floating from the light

Like stirring oils in water

Many colours to the separation

The wounded lovers thoughts

That bleed on the dear johns page

The division showing in the fluid ink

That scintillation of fragmented form

Hopes to be joined as one

As blood that comes to congeal

Watching shapes form in the shade From the shaking of the glass

Like too the shattered mirror

Reflections of the work to mend the whole

Like olive oil full of bubbles
Where the mixture drips into the bowl
Elastic at the surface
Longing to conjoin
Freshened salad leaves
Glistening oh so bright

Like a lava lamps many forms

Dancing in the light

The warmth of all the tears

Reaching for each other

Images dancing in the sky

Painted by little fluffy clouds

Melting of the heart

The moments when we part

Snow blood

Lady snow blood

Crimson footprints trapped in ice

Cold kisses in betrayal
Vengeance lips rouge smeared gloss

Light reflecting on cold steel

Lens flare in a star

Criss crossed lives of lovers

Jealousy exposed in burst of hearts

Tofu fresh pure white

The curd innocent perfect bite

Floating on the tears

That the guilty cry each night

Empty invisible cells

Those caught by their own mind

Bowing heads in shame

Demons haunting all their dreams

Passing of shielded maidens

Cut down in their prime

Where hope drips

Like the last blood

Oozing from the open wound

Weeping life's moaned lament
Cherry blossom melting
Red stain of the fading heart

The winters veil

Like icy grip, the frost

Clouds like smoke from breath

The rattle of the lungs greeting the hand of death

Riding pale horses into nightmare

Ships that sail on blood

Fragile

Fragile as the hatchling
Fallen from the nest
Thrown by the cuckoo
Lost as a song bird
Singing to find its legs

Fragile like a mirror
Shattered dreams
Reflecting on the past
Splinter to the finger

Raised tear of dripping blood

Painful like the thorn

Protecting fragile rose

Cheeks that blush in bloom

Stem straight in the glass

Settle in the water of the fragile vase

Fragile like the cobweb

Hair blown away by winds of change

Head smooth as the silk

Dripping from the tongue

Words the songbird sung

Fragile like the Chinese lantern
Rising from the candle flame
Dancing in the breeze
A light shines just for you
Fearing to be snuffed

Fragile as spun sugar
Honey ever sweet
Fragile mother's wish

To mend the damaged past Fragile dreams until the last

Broken bottles
Razor blades
Fragile as the memory
The wave from the drowning hand
Fragile hope to hold on to
Fragile as connection
Cracks to a photo frame
Fragile's not a label
Forever to break free of
Fragile as the heart
So bright it could burn out

Bondage

Of inhumane bondage

The constraints by which we're bound

Promethean chained to the rock

One crime, still the defiant

What freedoms find the poor?

Is the vagrant the only one at liberty?

Broken responsibility

That holds the richest back

Tied to the pinstripe

Bound white collar with the tie

Stress levels rising

Skimmed milk lattes till they die

Have another shot

To gun down the memory of another week

Serving only the pound

The flesh on butchers block goes round

Shackles of the family man

Cuff links that still restrain

Not so many choices

Playing the white mans game

The convict cries for freedom

Corporate system's just the same

Experimental mazes

Where their ass gets whipped into shape

The grind stones S&M

Plenty pain to go around

Buy another gym pass

Find a new model trophy wife

Libertarians values

At backs the drawn knife

They say they're the self made kind

I guess they're happy to be blind

Choice

Could you have done otherwise

Than you just did?

For all the best will

Past actions of which you'll never be rid

You say that you can

But do something other

All your deliberations

Best of intentions

Are you stuck in your habits

Conditioned to your routine

If you made a decision

What else could have been?

They push at your buttons

Trigger through circumstance

Rebound on the ricochet

Fast as you react

For all possibilities
All opportunity grants
Are you stuck in a loop
Repeating flow charts?
Can you take back a move
How much pay for the chance?

What would it look like
To make a real choice?
Reflect on potential
The moments we've lost
Reactor or actor?
Are you a player?
Change is a freedom

We have to grasp with both hands

Grace

Coup de grace

Angel of mercy

The mortally wounded

Cry out to be freed

Knife through the heart

Gun shot to the head

Put out of misery

Those bound for death

So I left you to suffer
A faithless kiss
Twisting the blade
Raising the fist

Vengeance served cold

The best way

On the way to the mortician

A happy day

Counting years by the scars
The iron mask
Hands soft as silk
No clutched iron bars

The hiss of the viper

A tongue of poisons guilt

Spreading false witness

Knife thrust to the hilt

I heard you talking behind my back

Two faced to hang man

A friend you'll lack

Vengeance is sweet

I don't look back

Post truth

Who gets to say what is true?

Disinformation, fake news

Authoritarian rules

Corporate algorithms

Filtering media to our minds

Through the eye of the needle Somehow difficult to thread How to define the falsified Who has the right to decide?

Who says who it is that lied?

Policy to guide technology

The moral landscape

Data shifting like the sand

Who defines the ethics of the land

Keeping false witnesses in hand?

The government sifting all we search

The free market forcing cards to top

Who knows when we pick a card

That the deck is not stacked against us

The results we see are not so hard to find

Is all we see quite relative?

Links formed in the shade of logic trees

Creating networks in our heads

Encyclopaedic knowledge comes to spread

But what happens if the truth is dead?

Alphago

The glass bead game

Yin and yang the territory

Black and white thinking

Can machine learning come to create?

Tributaries to the army
Mirrored in the eyes
Two sides in division
Domination of the board

Ko wars stolen pieces

Ladders which to climb

Prediction of next move

Intelligence of Deepmind

Man versus machine

I robot positronic mind

Analysing data

The outcome to decide

Searching all the patterns
Perceptions without eye
Creating new decisions
To seize unknown territory

Alphago the victor

Making its own rules

Courtesy 'Atari'

Taking one small piece

Changing attitudes

Expanding human thought

Repeat

Repetition to the day

Doing the same tasks

Get an expert system

To crunch the data that it eats

So much of life is wasted

Doing the same things

If you made a break for freedom

What future would it bring?

They say there will be more leisure

For the brave new world

No longer slave to task masters

Free time for our pleasures

Purpose beyond the chains

What meanings to create?

No more work for office staff

The white collars setting sun

Feed it to an A.I.

This is the tomorrow we've begun

Can you handle liberty

The sea of solitude?

Life's not just a game

What monsters might we find?

Information junkies

Submit to silicon overlords

All the lonely people Leading lonely lives Searching for connection

To flee those lonesome nights

When you're sitting by yourself

Are you content to while away the hours?

Intelligencia

Neural networks in a series

Rewriting each other's code

Adaptation to the problem

Fooling some, the stories old.

No general intelligence

Just expert systems to the task

No hint of consciousness

It seems too much to ask

Do we need a sentient toaster

A microwave that treats us when we're good?

Just nutritional aggregates

Number crunching about food

The holy grail of AI

We're not even close

Evolving algorithms

Only appear to make original moves

Big data sets to us mortals

Could make the likes of all knowing gods

It's a matter of perception

Anthropomorphic fantasy of us all

We do it with our pets

What's so human about machines?

Intelligence a misnomer

It's all down to artifice

Moral heights

Must we climb a mountain

To reach the moral peaks

Resign to dogma

Right actions which to teach?

Has science virtue
In its methodology
Can we form principles

Of ethics in its modality?

To cause needless suffering
Would seem to all a crime
Inflict emotional pain
Never can be benign

'Spare the rod and spoil the child'
The old world order
Stained school tie
Who's surprised that views a lie
The common good
What rights has man?

Do we heed hurt

Seek to redress

Heal the mind

No shame confess?

Relativism in ambiguity

Fire and brimstone, it's own hell

Empiric knowledge can break the spell

Find a true north, that the most fare well

Winners?

Winners and losers
What is success?
Pushed beyond limits
To others impress

Champions excel
Heroes victories
What of the rest of us
Insignificant pale?

Never good enough

The mantra to train

Whipped into shape

It could drive you insane

Never raised up

Hearts to affirm

The lash of the tyrant

The dominant coach

Is winning really
The mark of success?
When in the little things
Self assured we can rest

The comforts of failure

Creates inner strength

When dictating a win

Could push beyond safeties lengths

We are made of the stuff

From which stars are formed

Winners and losers

Get out of the game

Find in completion

Self worth still remains

No need to struggle

Human spirit all the same

En Masse

'Forgive, forget'
It's not denial

It is the words of the lord Upheld by all of faith

Kids abused
And not just a few
The Catholic prelate
How many could say they did not collude ?

Moral virtue?

They say we must be confused

That their dogmatic edifice

Was not why so many children were left used

Priests and monks

Obfuscate the truth

Claim victims voices

Have no evidence of proof

'Forgive, forget'
Don't make a fuss
They are the sanctified
Just sin, like us

Swept under the carpet

The institutions to their lies

The pedagogy

Where children have to hide their cries

In cloistered virtue

Greater than me and you

They did it en masse

Not to just a few

Their moral heights

To kids abused

Quit

Kidders keep on kidding
Quitters keep a quitting
One thing that's for sure
Change is a two way door

I quit my job

Didn't get the sack

Kicked out my wife

I did not look back

Smokers keep on quitting

Drinkers keep bull shitting

One thing that's for sure

They'll keep going back for more

Why don't you quit?

New life to fit

Going around in circles

On the same tread mill

Quitters keep a quitting
They should try to quit that as well
I quit their game
Support just lame
Changed the lot
The rests forgot
You think I'm just some punk
I'll sit back whilst you need to get drunk
Sitting on my own
And ain't things going swell.

Curmudgeon

The iconoclast

Shattering false belief

Swimming against the tide

Going against the grain

Dissent in opposition

To the status quo

Destroyer of delusions

Held so dear by all the herd

Miscast as the curmudgeon

Fate of grumpy old men

Fighters of old battles

Victors of yesteryear

The rebel contrarian

Revolting with disgust

At the sad condition of the zeitgeist

Intellectuals scrawl in decays dust

The obstinate public opinion

Vox popular, vocal mob

To draw the sword in battle

To thrust the point full home

Justice to its miscarriage

Abortion of the truth

So many falsehoods held so dearly

With resistance from the few

Do not ally with a majority to do the greatest Ill

Instead rise up a radical to take the oppositions stand

Toxic shock

There are those who look on me

As if I were a scorpion

Every wary of the sting

The ending to the tale

If thoughts were poison
I'd be vitriol
The black mark of arsenic
Belladonna bitter taste

This is what it's like

When they say your thoughts diseased
Forever marked out as toxic
Demise awaiting in the wings

Barb wire word extremist

Terror in each breath

Everyone should be good at something

My gifts untimely death

They say it as if it's a curse

To be labelled dangerous

I've had a few enemies

That didn't too long live

If I could get it right

I could rely upon its blight

Somethings got to give

An assassin wearing night

The curse of the scorpion

Death sits upon his tail

If he scratched his own back with it

His life come to bewail

Free radicals, toxic shock

It's the only gift I've got

Sonder

We are all the lead role

In a private biopic

Do we see the passers by

As nothing but our extras?

Realisation in a word

The dots that we connect

Drawing the lines

That make a fuller picture

Are we alone in having dreams?

The hopes to reach across

The lexicons divides

Language to bridge the gaps

Passing strangers
Sit alone to sip the morning brew
Smell of the coffee cup
Awakening sensation

To know the emotion of wonder

Identification in the train carriage eyes

Reflecting that they too

Have all the feelings we bring to awareness

A breathless moment

Knowing of the other

Complex as ourselves

So many faces in which find sonder

In utopia

In utopia also
Hands at the windows bars
Liberal cry for freedoms
Still locks the jailhouse gate

Lofty realms of ideals

That cry for liberty

Why then in dissent

Barbwire to the secure wards?

Disputed labels

Authoritarian controls

Mental cells

Shackled by oppressions medication

Humanists bitter pills
Libertarians blinkered eyes
Proclaiming human rights
Whilst doctors restrain for an injection

The common good

Subservient status quo

Mind doesn't matter

With diagnosis shooting in the dark

Why don't psychiatrists

Study neurological readouts?

They claim to heal the brain

But never look to it for remedy

In most cases

Readouts prove that nothings wrong

Eternal sunshine of the spotless

To a beautiful mind

Symptoms whose root cause

Is pharmaceutical in mispractice

One goal, assert control

Dominant through qualification

Doldrums

Moods sunk between the calms
Blackened by the storms
Stagnation to the waters
Stored in the hold
A thirst that never ends

Sailing past the doldrums
Their changing winds
The darkened skies
Sighting of first land
Birds flying overhead

Through the dire straights
On the crest of a wave
Land ho

The swell of surf
Reaching for island sands

Spirits rising with the winds
To guide sails onwards
Towards home, free at last
Billowing with the breath
Puffed up with good hopes

The future looks assured

To prosper and be blessed

Finding on the new horizon

Beyond the rocky shores

The scents of promises land

A thrill in the breast

Heart that skips a beat

Feeling the excitement

Of a new world to explore

And there come to rest on quiets beach

Wind up

Maybe I got myself a wind up

The battery always seems to stop

I thought it was as good as gold

But the plating seems to have rubbed off

They say all clouds have silver linings

And even though the wheels have fallen off

I know I got myself a blinder

Cos the salesman said it weren't knock off

Maybe sows ears cant make silk purses

But I'm still happy with the one I got

The stitching seems a little fragile

The money burns holes in my pocket just the same

Maybe I got myself a wind up

She ticked all the boxes

The hands go round

But when I try to give her a little polish

The alarm goes off at the wrong time

Next time I'll have to buy a rolex

You know that they are never out of sync

I guess my timings off
I got a wind up
Something tells me that it's knock off.

Maybe I got myself a wind up

Every time I look upon her faces

The hours go past as if they're minutes

But the second hand seems to have fell off

They said this could never happen to me again

But why do these wind ups always drive me so insane

Give Us The List

Thought crime
The things you say
Not of our kind
Ill minds
Toxic so they claim
Never welcome
In the kingdom of the blind

Not our beliefs
There's the door

Oh please do leave
The people you expose
Could be in our family
Please now
We don't want no grief

Broken ideology

Question methodology

Culture of denial

Of those that seek to defile

Accept what you are fed

There's no danger

You've been mislead

Thought crime

Is that what you believe?

They say to give us all the list

Would cause riots in the streets

Sex offenders they protect

So many to convict

The system can't take it

I guess I must be sick

Their anonymity I want not one bit

New policy could be writ

A life's work to promote one cause

Think about what you know

About who you just kissed

The same as this is it

Perhaps we should kill another one

I've had enough of their bullshit

Their so called rights can go amiss

It's all as simple as

Give Us The List!

How

How can it be
That I still want you
How the greeting ever
Gives me such a thrill
Do you know what it means
Through the silent moments
To long for and feel towards you
With my heart?

I sit and recall the first meeting
Unsure, untrusting, what to say?
Fearing in the revelation
Rejection of the words
somehow still so hard to find

Chalk and cheese
Other side of the tracks
These images that torment my mind
Trying to reach for you
Of some differences perhaps a little blind

How can it be
When I think of you
A warmth unknown in my chest
This is a thing I try to hide
When I speak to you
Of this I must confess

How can it be
You see that I want you
But somehow the words
Forever fall short

There's things I want to know about you

To drink of you

And gentle stroke

The curve of your spine

The week

Highlights of the week It's in the way you speak Massage of the feet Shiatsu warms my back I've got some cool machines So there's some things that I lack I thought about the exercise bike But to sweats not what I like In a silent way The sessions album A touch of Queen Mozart bedtimes are so sweet The lights dim to my words Colours changing to my command No one placing any kind of demands I read three books this month so far

Ethics, ontology and on revolt Wrote a poem every day Green tea as skies look grey Lewis chess men played a part Daily game to keep me sharp Arranged a song that sounds alright White asparagus and caviar Roast duck, the chinese get stars A couple of TED talks every day Yes minister and Ab Fab for a break These are the steps I take To make it a contented week No need to follow some self help book There's not much that I seek All change, I've a new text Produce some music when I like Sure, I could use some girls for a rub But I've got a vibrating ring Lemon grass and neroli in the tub There's always the smart TV Or a game on the VR A differant aftershave each day I don't worry over much

I'd be good for a trip to Mars
Recovery, open and shut
I live a life of leisure
And in it I find much pleasure
Shame I can't afford that tart
They say it's good for my heart.

Cynic

Bureaucratic halls of human wrongs

Prisoners of conscience inspire songs

Red tape conflicts, proxy walls

The fight of never ending wars

Which ever way you look at it

Experience adds to despairs of the cynical

The face don't fit

Not of the chosen ones

Wrong faith, wrong race

Just of the under class

They read you your so called rights

But if you can't afford the lawyer it's goodnight

One eye at the locked steel door

Waking to clean the cold cell floor

Stripped of identity

Prison uniforms

Tell me what choice you have

Just another complaint on unanswered forms

Trade tobacco to get a hair cut

Short in style, your case is shut

Talk to the courtroom

On a video link

Only calls to fake representatives

Government paid duty solicitors

They got your number

Marked your card

Deciding guilt before the trial

It's corruption

And no one cares

Do the time that they set up

Prison never works

It just traumatised

Watch your back
The chaplains lie
Isolation grows
Seclusion's how it goes
Every day just the same
Stares at writing on the wall

There's no silence in your head

They say you should speak to god instead

Do they really think that it reforms?

Leaving every last hope forlorn

There's no human rights

It's just a scam, that's all

Leaving home

I grew up

And I left them behind

Faced my abusers

Set out to free my own mind

My family, just a rotten tree

Fell far from the branches

Renounced all they believed

They taught only hate and bigotry

Cast a long shadow

Where find liberty?

They stalked me

Sowed rumour

They couldn't let go

But when I came of age

I walked forever out from their door

Didn't look back

Crazy makers their creed

That's what you do

When low self esteem

Is the ideology that your parents teach

Tortured and bruised

Still with agency

Confronted the past

Exposed what they did

There's some who think

That you must ever go back

Care for those most hated

Despite what they did

Keeping up appearances

What does the neighbourhood know?

I wasn't born to love them

And they didn't show it to me

I've always wished them dead

Worse than nothing to me

It's not moral deviance

Just a statement of facts

Physician heal thyself

All I had to do was to leave.

The brain

The brain

As complex as a galaxy

As many neurones

As stars in it's skies

Ready from birth

To learn all we can teach

Navigate a space station

Or flint nap tools from a stone

The most complex structure

That anyone's seen

Our age written ever in our eyes

Absorbing all that we see

But the age of the father

Is writ in the ears

The teller of stories

All that we hear

Our history

Ouest for fire

Shadow play on the stone walls

The thrill of the hunt

Maker of spears

Civilisation rising from the sand

Echo of the past cemented by time

Monuments built by human minds

Structured by the will

Stepping out from the cave

Irrigation, the flow of our dreams

Feeding the crops ready for harvest

Agriculture setting us free

The gift of language

United in thought

Written word

Mathematics is born

To measure the skies

And plot our next course

The brain in your skull

Be sure to use it with cause

The universe is conscious

And we are its vessel

All of knowledge

All technology

Only one source

And it's between all our ears

Joker?

Do you believe in the joker?

Psychotics homicidal all

Mental health just a way

Of violence control

Arkham asylum

Bedlam for the damned

Do you think stereotypes

Have any validity, 'the mad'?

Do the rich all live in fear Paranoid delusions?

Socialist criticism
War declared by the bad?

A quiet revolution

Challenging misrepresentation

Prejudice of the 'sane'

Attacking different people, it's sad

I nearly threw up

At the bigoted fantasy

Failures and clowns

Run amok in the street

Narratives like that

Put the debate back 60 years

Those 'dangerous' 'crazies'

Psychopathic for sure

I just get a welfare cheque
Someone with which to talk
I'm not killing anyone
It's a lie others bought

If you talk to me
You'd find I'm quite normal
Sensitive to feelings
And reality
No need for straight jacket
Or padded cell
Hollywierd exploits the illusions
There's no risk at all

Slums

Power creates the choice

How many hands without running water

So many thirsty mouths

Seeking clean refreshment?

The poor in shantytown

Slums of the big city

Ever between migration

Evictions force their fate

Power provides a choice Community associations Joined in common goal

That poverty knows rights

Where life is ever struggling
Overpopulation
New shoots forcing a way
Through the concrete slabs

Have you ever dreamed

Just for sanitation

A toilet you can share?

This is the true lives of forgotten millions

Power creates choice
United in the struggle
Hands joined together
The poor
And that's their only crime
People making their own plans
For a better future
Rising to be free.

Pygmalion

The figure of speech

The sculptor drawn to the lips

Carving a kiss

The parting of teeth

Their ivory white

Chiseled muscle to smile

Turning the back
On the harlots shamed face
No blushing violets
Ever selling their fruits
Peaches curved breast
Buttocks smooth line

No base creature

To the adoration

To raise the pedestal form

Perfection frozen in time

Cheeks ever firm

Beauty sublime

Venus to bless

The artists eye

Falling in love

With his own creation

Pygmalion

Statue animated

Like narcissus
Reflections
Turned to a flower
The sculpted form
Breathed into life
So perfect a wife

Married to his art

As the kiss of Rodin

To figure out

What creations about

The power of desire

Shock of the nude

Making love to the muse

With artistic eye

The hope never dies

The whale

Where whales circumnavigate
Seven sea drifters
Deep blue divers
Coming up to blow hole

Singing their songs

Reaching out to their brothers

Like satellites circling

This wide wild world

The dolphins in pods

Chasing the waves

Surfers of oceans

With a flick of the tail

Don't hunt the whale
So long she has lived
Wisdom of the deep
Their dreams safely keep

Interdependent

The life of this planet
Pollution could kill
Extinguish last hope

The long shadow

Of man eclipsing the earth

Just don't kill the whale

In extinction more pain

We suffer too

When other species are hurt

So don't hunt the whale

In this do not fail

The lock

The satyr where the sylphs make play

Garland flowers proclaim glad day

But woe betide the hungry heart

To steal to hades for a start

Priapic spear thrust in the dark

To rob from marriage loves eternal spark

The night of pan to bacchanal

With drunken grip that is most foul

To stroke the strings, pull of the hair

Highlighted sin against the fair

That pope may judge more of the crime

Rape of the lock in mocking rhyme

Paean of battle between the sheets
The husbands right forever meets
With feint submission from the ring
The lovers gold of which to sing
Raised up upon the pedestal
The thrusts penetrating thought is all
And yet to the fall
Of they that seek to answer the call
In romances fabled longings
What passion brings
To suitor, the magpie
Feathered nest decry

To dance in step but for awhile

Gentleman's excuse me in this style

Savour the scent upon her neck

Perhaps to offer one little peck

But woe betide to steal the prize

Knight of old into hell to ride

The beautiful maiden to be seized

Fruits of lust on which to feed

A jealous husband knowing only greed

Drunk on ambrosias floral mead

Pierced the heart of the thief in the night

Who thought at their window only a pale loves light

Haemonculus

Sweet release from longing
Freedom by your side
Brushing gently with the fingers
Around your cheek to glide
Toying with your ear lobes
Cupping your smooth face
Tracing fragile touch

Reaching for the union

To see my haemonculus

Reflected in the pupil of your eye

Drawing near

Letting go of fear

To hold you close

And drink your lips

Fantasy
Or potential
To garland neck with flowers
Circle at your chest
Fragrant jewels
The floral buds
Open like the need

Passions burning bright
Through the welcomed night
Listening to your days
Slowly to unwind
Spooning from behind
Warmth raised like the hope
Stirred for that release

I sit and reflect on your words

Ever wanting more

Vulnerable to rejection

Still risking to be bold

Knowing roles would swap
Held like an infant
Spent within your arms
I think of you
And withdraw my spikes
Welcome end of thirst
Like the deserts rose

Blessed

Rote learning

No need to digest

Burned into memory

Dogmatic to indoctrinate

The creeds recital
Wafer and the wine
One body
Is this really so sublime?

One father

Ever watchful for a sin

Paranoia

Over shoulder ever looking

Old world order

No freedom, only shame

Eyes lowered

The priesthood's esteem to gain

Wheat from chaff

A dictators good and bad

Bended knee to submit

To ethics that are sad

Ritual to reinforce

Holidays to mark the importance of the myths

Dionysus calling with the grape

Raised crosses surely just the same

What good does it really serve?

Secular charity could do as good a job

State religion shackles with its laws

Old world orders toxic blessings to abhor

Paradise

Bird of paradise

Burning like a flame

Inspiration

Rises on the wing

Tail feathers

A peacocks many eyes

Hypnotising

Drawing in their mate

Like a Phoenix
Restored from the ash
Riding thermals
Towards battle Royale

Snakes and dragons

Serpents that there writhe

Entwined in conflict

The spirits many sides

To rise victorious Soaring on high

Bird of paradise

Through the clouded mind

Many colours

To the feathered form

Wings spread

Like petals of lotus

A bright heart

Reaching for new skies

Pricks

Every rose

A little prick

That's what we tell the girls

And for their part

They say they know one

When they see one

Spiked branches
The thorny stem
Like the hawthorn
Protecting nests

There deep in the heart
The potentials egg

Shaded by the tree
The slowly watered seed
Raising up its head
Spreading arms of leaf
The buds of the new spring
The flowering of the bush

A crown of blood to some
The blooming just begun
Opening to the sun
Red roses hopes to come
But don't mistake the thorn
Protective with its prick
To garland with the joy
First know the pain of flesh

Silenced

We suffer them in silence
We dare not raise a voice

Kleptocracy of the few
Bleeding hearts of the masses

They never lived like common folk

Never knew the pain of lack

Left out in the cold

Concrete for our backs

They never clutched at iron bars

Or paced around a cell

And they expect us to kiss up

And venerate the ground they tread

The suffering of the silenced
Resentment of the masses
Dependant on their graft
Wage packet looking tragic

They say the slaves are free
Human rights grants liberty
But Prometheus is bound
To the rock forever chained

We suffer them in silence

And they think that we're the fooled

We dare not raise a voice

For the bondage of their rule

Gaged by fear of them

Hearts that never rise

Fears

Fear is not love
Submission no freedom
Servile to the last
The servant in the shadow
Ever of the master

Shame is not hope

Bowed heads claimed unworthy

Lowered eyes of the many

What would compare

To raised hearts of the few?

Compliance is not faith

Burdens are not liberation

Pain is not care

Resentment not compassion

Another rod for our back

Suffering all too real
Blistered feet
Swollen hands
Shoplifting the next meal
That is what I know as lack

Neediness is not attachment
Alienation not belonging
Hate is not grace
Hunger not just longing
Control is not liberty
This is not what I respect
For fear is not love

Galant

He's been boasting about her down the pub

Now his mates all say she must be a little slag

Says he thinks about her when he has a little rub

The rest of them all think she must be an easy shag

Does she know what they think
When she picks up her handbag?
How they treat a woman really stinks
They think she's worth no more than a pack of fags

Whilst they're getting pissed
She's the focus of their jokes
How they had that first kiss
And she's a ruddy good poke

If this is how you treat a lady
I suggest you think again
You don't deserve to call her baby
Your dicks got control of your brain

Loves not all chocolate and roses

But There's a thing we call respect

If you look down your noses

She'll be left with sore regret

When you're down the pup you might want to shut your gob

I know a lady when I see one
Don't go telling your mates that you've been on the job

It's ok to think she's got a cute bum

But if she bends right over

Try to keep her curves to your self

After all gallantry isn't dead

And How you treat a lady

Says a lot about your self.

La dolce vita

Did I lay my velvet cloak

Across the puddle at your feet?

Gloriana

Ever my fairy queen.

Do you grow tired of St Peters
The sweet life of Rome ?
Dancing across the floor
The Brandy to my name

Did you fear that Jupiter would come
To carry Europa off?
Ulysses ever cunning
Epic lines
Sailing toward your heart

Horses heads

Sweet rock n roll

Love me tender in your style

Blue suede creepers through the night

There's three things that I like
The most about life
Paparazzo at your heels
To photograph your form

I'll never find another woman like you
A kitten in your hair
And a fountains tears of joy
Trevi , fixated on your lips
I look upon the actress
But my heart sees only you.

There's one thing to which I submit
The director mark for the lens
You know what I keep wanting more of
Love, love and love.

Centre

A place in the universe The infants heart felt Greeting breath in cry Being and time As sure as sunshine Paces across the sky From the mountain peaks Starring at the stars Fiery orbs that seem to dance As if geocentric to us Ships that plot their course Everything revolves Are we the centre of this universe, Do you think it's all about you, Solipsism, all we can know?

Subjective in perspective

A single point, but not the whole

Venice's craftsmen blowing glass

Mirror and the lens

Destined for astronomers

Light shed by telescopes

The moon and the planets

Why do they seem to change?

Silhouette crossing the sun

Sunspot flares mark the time

The earth is not flat

The planets suite

Celestial harmony

A globe that orbits ever solar.

Looking distantly beyond

One star in the firmament

Parallax shift of neighbours

Span of the sky

Going ever deeper

Brightness and it's period

Measured rate of change

We are close to the edge

Of the milky ways arms

Orion in a spirals arc

One galaxy amongst the many

Do you still think the centre is you!

From some emails of mine on 'pentrative and insightful investigative journalism of the Beeb.

I am watching Stacey Dooley on Springfield where I was held on forensic/ prison ward. I get the vibe they were putting on a show for the cameras. I was in there for years and the empathy staff claim on camera was totally lacking. They only engaged in conversation with me once, violently pinned me down for injections. Before I went in I was better than I am now. There was no help or support just stripped of identity, medicated to the point of physical debility, the only conversation I had with the psych was his pleasure that he used prostitutes weekly. Power. Nothing there helped me at tall. Traumatic.

The nurses totalybexpressed pleasure at forcibly injecting me for a few years on a regular basis. The impression they give in the film is that they're angels. Not.

I cannot stress enough how I was in full recovery without a history of destructive behaviour for 20 years and no other psychiatric treatment and had already had mid term therapy. I just got in a fight that someone else started.

For years they said I had no insight into my own mental state. They still say this at reviews.

Their 'treatment' was to keep me locked up , forcibly sedated into a drooling wreck and physicality handicapped. The mental state was one where I could not write.

On the week of incarceration I was meant to photograph Bruce Willis, an artist that greets me by first name and to photograph the queen... to being disempowered and turned into to a vegetable, someone who worded their own human rights case against NHS, has diplomas in literature and psychology and ran groups for years on emotional well being. When I left Springfield wanted me to run workshops for patients on how successful their treatment was on the basis I was doing so well in the community... I did better in the community before hospital!

On one occasion they gave me an hour leave and administered a laxitive in my food for a laugh so I shit myself! Empathy...

I originally broke free of psychiatry and medication age 18. I was 37 till they forced such upon me and totally functional without voices.

I question if part of the backlash against my just prior human rights case was aimed at my work against control and rigidity in the self help movement over twenty years. It did get me in trouble with religious figures of authority.

2dead patients under suspicious circumstances in my stay.

In total the NHS and care providers made off with around half million in funding from this.

Arsehole

Put the rubbish out
As you close the door
I heard some rumours
Did they know the score?

They'll be talking to themselves
As they seal the box
No requiem of worth
Just holey socks

Filling a hole
Where the rain crept in
False witnessing
Not their only sin

Did I overhear

That they told others lies

Claimed I was two people

A plot to disguise?

They were full of crap

Did a deal with that prat

When they fill that hole

Respects not what I give arseholes

They spoke to me once

Guess I'm glad theyre dead

However you look at it

Just another shithead

So I guess the neighbours
Wonder what I think?
Just put out the rubbish
As you close the door.

Voices

Cochlear implants

But you're not deaf

Is it voices you hear

Are they just in your head?

Do they interrogate you

Force you to answer aloud

Could it just be

You're with the IT crowd?

Do you have to ignore

The first thought in your head?

A little bird tells me

Human rights are dead

Invading your smart home
With a basic AI
Microphones in your rooms
Who'd believe they back door?

Dumbing down your mind

Are you really so blind

Is the language you're hearing

Below your intelligence?

Radio gaga , tinnitus retuned

Wired up babies to impress

Psychological conditioning
Try to behave, it won't last
Can you remember from childhood
Commanding voice like a god?
Psychic youth in tune
Do you follow the drift?
Once you submit
They'll turn it down to subliminal
To tempt and compel
Turned up would be hell
Relax I'm just kidding
It must be all in the mind.

Entropy

Child of entropy

Denial of death

What little significance

Come final breath?

All things are destroyed
Looking into the future
Stars super nova

Particles collapse

Is eternal recurrence
Our only hope
Frozen window in time
The dance of this life?

Choosing new patterns
To a strange loop
Replicating beliefs
Ever in step

Throw me a ball

No need for Newtonian physics

Survival hardwired

Like the impulse to catch

Consciousness explained

Product of the cosmos

New horizons

Deconstructing the whole

Raised up from apes

Evolution refining by chance

Can we be so unimportant
When on the universe we reflect?

Eternal

The eternal queen

To live beyond death

CGI puppets

No final breath

Official engagement

A proxy role

Bring on the new blood

Knights of the grail

Do you sense ripples
A change of state?
If this were a chess board
We've gone beyond check mate

Painting the roses red

The cards to the deck

Humble servants

The game reset

A golden throne

And a weighty crown

Trying to hold onto

The ones that bow down

Alternate reality

Fed on your TV

At the coronation

Proclaimed an eternal queen

Breakthrough

Looking for breakthrough

Back to the grind

More expiration

Than divinely inspired

Fighting with demons
Calling to the light
A troubled mind
Truth out of sight

A boundaries circle
A sword to inscribe
Spirits that whisper
Into the night

Integration

Forming a whole

Sum of all parts

Cosmological roles

A place in eternity

Yet life ever finite

Into the multiverse
Infinite iterations
A mirror reflecting
On the face of a mirror

One little change
In an alternate dimension
Illusions are broken
The fantasy cracked
Somewhere to live

Free of all bounds

Detach

Marching as to war

Do you think disconnection

Is a way to manipulate

Others to comply?

The art of persuasion

A hammer to break a nut

Keeping at arms length

Do barriers dissolve?

Discrimination
Used to isolate
Do you find in prison cells
No one wants to be mates?

Fulfilling through attachment
Feathering of nests
Can you find belonging
In empty floor space?

Tough love

And detachment

Like a 100 years war

Nothings changed,

did we not know the score?

If life is better
You don't need it numbed
When you've got choices
There's no one gets bummed

If you could just get us
All to dance to your tune
You think that we'd change
To the rod at our backs

This is the thing
That you might of missed
Give us some love
Not the raised fist
It's an old chestnut
How we long to connect

What they call recovery

Is a life spent shame faced

With better lifestyle

See the problem dissolves

No longer as slaves

See how freedom evolves

Aware

Heat death of the universe

An eternity at the end of time

Black dwarfs dense matter

Everything to decay

The conditions for life

An instant in that time

A fraction of moments

Those things yet to come

To see into the future

Predictions through laws

All of the wonders

That come to be birthed

A point of light

That will come to die

A speck adrift

In infinite space

Temporary order

As we breath in

A desire to explore

Reflect on our place

The stars may flicker out

Time come to an unchanging end

But right here and now

It's aware with our selves

Although all will burn out

Our moments are now

Intervention

Causing others hardship

Does it really motivate change?

Cruel to be kind

Does it just create more pain

People want to interfere

So they call it an intervention

If they were a bit nicer

That would be it's own prevention

Social constructs

Our condition to others

We're not all enemies

But nor are we brothers

There's a theory goes round
That love should be tough
Some folks like to abuse
The results all look rough
Criminals for life
Fun loving, who's right?

It's an ideology
That portrays others as evil
Deviation
A product of sin

War on drugs

Puts the victims in the bin

Force fed theology

It doesn't stand up to facts

The Portuguese pay employers

To give junkies a chance

They legalised everything

And addiction has halved

Decay

Skin cells falling as dead dust

From the living body

A caterpillar munching on a leaf

Shedding form after dinner

The infant topographic crawls
The pupa from the silk
Chrysalis empty shell
From which the adults emerge

Seeds break free of the nut

Hard shell protects the centre
Potential of becoming
Growing towards life

All reaching for the sun

From this fertile earth

The living planet

Life it's treasured worth

Returning to the source
The ground fed by decay
Fertiliser of tomorrow
What makes us up today

Abide

The memory abides

Like the light of dawn

That gently breaches

The nighttime curtained veil

Holding dear
No chance to fade

A lasting impression
That you made

Warm scarves
Like woollen nests
To cup the cheek
Smooth skin which you are ever graced

Recollection like a photo

The gold by which you're framed

Your value held so clearly

Of which I cannot name

Abide with me

Beyond the winters gale

The tear wept grey clouds

The parting

Yet a smile that lingers

Softly, like the memory of your face

The rub

Shiatsu warm

Gently massaging

The knots undone

Undulating at the flesh

Pressure in the pit

Of a straight back

That holds stress in

Dull to the ache

Heated circles

The movement driving deeper

Muscles unwinding

With concentric rhythm

A soft touch
Yet insistent
Coiled springs
Come to unwind

The mind always leaping

To the next task

A Struggle to relax

And stay within the moment

Heat slowly penetrates

Motion enters rigid form

Till loosing all distress

I come to peaceful rest

The rub,

Gently comforting .

Contentment

How best achieve contentment?

Material gain, environment

Or in relation

The fragile petals raised?

Some think it's in the spirit

Or in the purposefulness of our work

There are those that call it fleeting

Like patterns in melting snow

Some look for it through children

Yet somehow never have enough to give

There's those who seek through service

Only to find themselves enslaved

Can you know it through your loves
Or frame it opposite to suffering
Is it a life well lived
Or do you find it in self restraint?

Peace of mind's contentment
Emotion satisfied
Cessation of the striving
That ever looks to tomorrow
To find self fulfilment
A victim to desire

Know it in the present

Not in the future tense

You see you can find yourself contented

Right in the here and now

It's a state of mind

Being unto yourself most kind

Plenty

Plenty people
Wanting to be something
Something they're not
Something they have not got

Plenty of people with their envy
Jealous guarded
What others got
Plenty blind to reason
Emotional upheaval
They want forgot

Plenty of people
They got nothing
But a potential to fulfil
Sold on dreams of tomorrow
Goals that others
Distract from

Plenty of people

Going nowhere

Life always stuck on hold

Those all too willing

To make a gamble

Loosing what little

They've not got

Plenty of people
Seeking answers
Questions they can hardly word
Taking a trip
On the rollercoaster ride
Sold on spirit
Guess they're blind

Plenty of people

Got experience

Not wanting to be conned

Seen it all before

No longer willing to take risks

Plenty of people
They got something
What happens if they loose
Their pile of bricks?
Plenty of people

Left unfulfilled
Ain't it funny the way life goes?

Pure

Pure

Like virgin olive oil

Pure

Like infants tears

Pure

like new love

No taint of experience

Pure

As the fresh fallen snow

Pure

in an essentials scent

Pure

New mothers hopes

Pure

As spring water clear

Pure

Doesn't last too long

Pure

Fading like denim jeans

Pure

Empty promises of politicians

Pure

Adulterated like street drugs

Pure

All the worse for wear

Absurd

Life's a funny business

Meaning's just a joke

Doesn't matter what you're doing

The things you thought or those you spoke

Absurd as it may seem

Victims to the wheel of fate

The constant wind of change

The outrages of chance

There are those who stand against you

Those who always judge

They that seek control

Their happy road to trudge

Those that buy the constructs

That others want to sell

When you've lost it all
Or stare at a cold cell wall
You may come to realise
You weren't the author of your fall

There's a fault to every structure

The systems wheels grind to a halt

Things may not be as you'd wish them

But that's really not your fault

Senseless as it seems

We can sit back and have a laugh

Enjoy it for the show

Squeaky clean but still could use a bath.

Comfort

What price comfort ?

Comfort me from the winter storms

The anxious scream caught to the winds

Lonely nights of uncertainty

You count the cost

As if internment camps

Would serve society better

The guards jack boots

Comfort me through the tears

The torrents rainy days

The dark clouds brooding

Stretching through a disturbed night

You say I am against god

As if that lends you authority

Your prayers of bitterness

For no one is there nor ever will reply

Comfort me on my course
The billowing sails
The wave lashed bow

Of my bark upon the sea

Priceless comfort

The liberal blessings

For wounds that none can see

And none might heal

Comfort me with grace

The traumas years to hide

Comfort like a bandage

Or the scarf to keep me warm

Fashion

Fashion

Like the catwalk

Time to display your wears

Strutting your stuff

Ignoring casual stares

Fashion

In philosophy
Nihilism in despair
Reflecting on austerity

Control and rigidity

But for prosperity

How we care

Positives from negatives
Where the pressmen flash
Camera lenses stretching
To try to frame the form
After a kind of fashion
Exposures exhibitionists

Fashion
Choosing popular ideas
Adorning the mind
Sparkling thoughts
Not flotsams ship wrecked sands
The first thing in your head

Fashion

The body politic

Dressing up

Or dressings down

Words of wisdom

Clear policy
The double knotted tie

Fashion

Popularism

A word that's out of sorts

Projecting a self image

Power dressing

The things we've bought

Some things are never out of fashion

Like the passions that we court

Missing

Like cotton candy pillows
That rest in open skies
Reminded by the blue
Of how my weary head
Still misses being
Near to you

I stay awake to hold the memory
Of just looking on your face

Trace your cheeks with my eyes

Heart beat strong in rhythmic sync

Still missing

Being close to you

I fall asleep to dream of you

Nestled by your side

And how when we sometimes talk

This truth I try to hide

Still missing

For all I still see you

I awake to absence
A hollow sinking in my chest
Knowing you are far from me
That I may never hold you close
Still missing
In everything I feel for you

You say it's only words

A story I make up

But my fingers reach for you

At my waking up

The language of the heart

Falling short somehow

Missing you

And all else I wish to say

Pearly gates

Sell me an idea is all

Of an immortal soul

Doesn't mean nothing at all

All we're left with is to fill a hole

You may think I've got no heart

Because I don't believe your lies

At the end we all depart

All things that live will die

Do you think this a source of despair
That the universe doesn't really care
I try to savour each moments breath
Knowing all too soon comes death

There's no bright tomorrow

No heaven, certainly no hell

It's all about the now

No matter what religion sells

False promises of the priests

Of a kingdom yet to come

Find your rewards in this life

For their hope brings only strife

So we are here in space and time

A place in eternity

But of the pearly gates

Nothing really awaits

We may live on in others memory

Three generations, then we're gone

Amnesty?

The bloodied fist for freedom
The sharpened steel of knives
Thrust toward your back
For the cells cold bars

Hatred ever burns

Lurking in the embers

Waiting to be stoked

To burn with rage once more

A body all aflame

Straining to be free

You think the past betrayal

Lays buried like the dead

The dream of final battle

To die upon the field

No forgiven sheep to mock

Limbs that do not yield

You think you could reach me
With your prattle about love
To fade away with peace
And forsake right to bear arms

So we end as we begun

More fear and no respect

And how I wished I'd vanquished you

And your liars toxic forked tongue

You see I had the chance and lost it

Still the hatred lives on all the same
I wept real tears inside

That reflected on the blood

Compliance

You expect I will bow down

As if I'd kiss up to your kind

Surrendering arms

Compliant to your roles

You think you can predict me
With assured certainty
Pulling at my strings
Working on the blind

You've monitored for years

Can you tell me what you've learned?

You don't seem to know a thing

Your assumptions all look wrong

Your bitter attempted controls

Your claims to save our souls

The rigidity of your shackles

Silenced screams through the night

You inject your poison deep
It shortens my life
And makes of all my days
An oppression of my light

You think that I submit

That rebellion will burn out

I'm showing you a raised fist

From deep within my heart

Pandemic

Anti capitalist Islamist eco terrorists

Develop pandemic killer virus.

Alternatively the fact I might get a cough in the spring

May fail to make headlines...

Wash your hands to happy birthday, twice!

The government have a handle on things.

Isolation pods to seal our fates

Police can't maintain order

The anarchist extremists

Have poked fun at the national anthem

We want them all in

To rot away in cells

They're all such naughty boys

The media sells it

Politicians design the constructs

Paths for outsiders to walk

To keep the sheep within their pens

Did you enjoy the long weekend!

What if no one went to work?

Down on your knees to bloody serve.

Another screwball brexit

To take over your TV

As if a dose of the flu

Is herald of the second coming

Food in short supply

We all are going to die

Fingers crossed it's not a population cull

Flood alert!

It's London Bridge.

We sure could use some volunteers

Cobra brings the army in

It's enough to make me sick!

Revelation

Intelligent simians on the TV

Wall to wall ape shit news

They've learned sign language

Seems to me they're flipping us the bird

Talking heads, spitting image

Monkeys puppets, where'd they put their fists?

Scripted lies, god save the rich

They all think we'd make their bitch

It's a magic roundabout
Repeating the themes
Feeding our search data

To conduct variables in their machine
The schedules keep adapting
Regurgitated repeats

I watched tranny Hypnos

Hoped no one could tell

Now my news app is loaded

With lady boys to breed

Versace adverts pushed to top

Gay rights across my feed

Gorilla avatars can improvise

Expert systems that lip sync

Cyborg simians on BritBox

I can't even see the join

Jump cut edits

Magic lanterns camera obscure

Battle of the apes
The rating wars go on and on
Turn it on again
Cos Jesus he knows me and he knows my name
From genesis to revelation

A directors keeping score

Working?

Do I need to tell you

You didn't save me

Things are really much the same
I don't know what you mean

By it working

Not a lot has changed

So I flirt a little less
With the unavailable
I've feathered my nest
Which is a bit of a high score
I can shop just where I like
But it never looks enough
Finding after all
You can never have enough stuff

I'm sure you'd break my heart
If all things were in spotlight
I'm still full of mistrust

And there's plenty can be blamed

I'm not really that ashamed

And learned from a loosing game

Successes counted on one hand

They only triumph who can

The deck was stacked against me

Dealt a deadman's hand

Didn't make too many friends

Through an honest life

I was always loyal

But they'd make of me a doormat

Not too much intimacy

From showing all my cards

True story, false audiences

No one on which to lean

It's only obstinacy

That kept me in the clean

No miracles to speak of

No where else to turn

It keeps me coming back for more

But we remain stuck within our roles.

The way it is

Victims make easy suspects It's just the way it is Victims just seek attention Is that the way it is? Victims need to forgive That's just the way it is Victims to role reversal Is that the way it is? Victims must be silenced It's just the way it is Victims love abuse Is that the way it is? Victims to psychiatry It's just the way it is Victims must be liars Is that the way it is? Victims are delusional It's just the way it is Victims must just have some grudge Is that the way it is?

Victims should just shut their mouths That's just the way it is Victims seek publicity Is that the way it is? Victims must be on drugs It's just the way it is Victims are a burden They're just digging for some gold Victims easy gossip Give them a dose of their own medicine It's just the way it is Victims are abusers That's just what they will say Police say they are listening Is that the way it is? Looks like retrauma It's just the way it is All these lies and more The system really stinks They did it to me too That's just the way it is

Wild orchid

Wild orchid

Labellum moistened lips

Pure white

Like the mountain snow

Opening flower
Obsession to be gripped
Swollen vulva
To the stamen stripped

Tuber curved

To the naked bulb

Exposed rhizome

Rooted to support

Leaves reaching
With a longing thirst
Petals wanton
Passion in a burst

Pollens scent
Rostellum driving deep

Fertile ovum

Flowers lips

Moist tongues

With a warmth to drip

Flesh stretching like a glove

Within the grip of love

Nobody else

Nobody else has that feel

Head to reel

Lips are sealed

But oh, those heels

No one else makes my heart skip

World moves to her hips

Where ambrosia drips

Words from moist lips

Nobody else has the key

Plays my melody

What can't you see

The rush of ecstasy

No one else takes my breath away

Come what may

No matter what they say

For all that's in the way

Nobody else makes spirits soar

My heart an open door

Seeking another encore

Fingers play for sure

There's no one else

Her skin so smooth

A living proof

I may seem uncouth

Or act aloof

But there's nobody else

And that's the truth

Rich kids

Rich kids on coke
Other people's dreams

Going up in smoke

Didn't think it disrespect

When I had a little joke

But your self esteem

Always gets fed by your dope

Didn't like your attitude

You seem to think I should be full of gratitude

Stripped me down half my life

Seemed to think I was your clown

Didn't worry about my rights

All good things come in their time

Be sure that I'm trying to get mine

You seem to try to contradict what I stand for
You speak as if you know the score
I never truly got to relax
With the knives at my back
Even safety nets are removed
When I try to make the first move
There's not really much hope
As my dreams go up in your smoke

Rich kids on coke Can't you see I can't afford the first toke The systems set up to react It ain't fair that's a fact I don't share your values Don't want to live by your rules You think the poor are all fools Kissing up to your so fatal of cool It was the same back in school Didn't offer me much room The only work wearing me out Your integrity I doubt My sights down to earth I already have self worth Ypour self importance you buy Yoy look like youre living their lies You never gave a hand up We don't drink from the same cup

Serve?

Did you think I'd volunteer

To be a sheep within the flock

That for all the corruption

And the foul jeers

I'd want to go to work

For your mad blind god?

They put me through their systems

Ground down by their wheels

Would I serve the ship of fools

Be blind to all their lies

Do you believe I could make a difference

Because I don't have faith in you

Is it a cross that I should bare

A negative to share?

This is the kind of thinking

That makes a kind of hell

Turning the other cheek

To take another slap

Conformity to false hopes

Service with a smile

I couldn't stand to be so two faced

In your shoes I don't want to walk another mile

Do you think I am so blind

That I am even of your kind?

This is what i called torture

And you were there

To comment with cold stares.

Breathe

Silent moments

A time to breathe

Listening for what comes up

To express myself

I've tired of talking
About the past
Or of fleeting success
That didn't last

Not sure that anybody
Could be enough
With sensitivity
To all that stuff

Still words flow
Where will they go?
In self doubt

I just don't know

The space within

The silenced thoughts

The steady hand

Calmness taught

Discipline of mind

Just like a game

I worry now

If things return the same

Will it ever go

Can I just stay here

And relax in a place

Beyond the tears?

Dance

The footlights fade
The dance I made
The floodlit arc
Loosing its spark

The curtain call

To take a bow

Nothing seems so meaningless

As it feels now

The moths burned wings

The mute that sings

The blush of cheek

Embarrassed at all I seek

The credits roll
Sound of violins
A game it seems
Where no one wins

The tables cleared

Dishwashers filled

Give my glass a rinse

You're double billed

Misread signs

The fault not all mine

I give a wave

My face to save

To hide a tear

Listen to old fears

The taxi driver

Tells me that's just the way it goes

He knows a short route to get me home

I switch off an ever silent phone

Shield

Do I need a shield

To protect from the arrows of my doubt

That spear of ill fate

The thrust of which I await?

Shelter from the rain

Sanctuary from the storm

Dark clouds that gather

Shadowing the heart forlorn

Like a butterfly Caught in a web

Trembling wings
Ensnared in the strings

The net that made no catch

The thought that the fish would match

The effort to reel back in

From the waves on which it was cast

Do I shield my heart in silence
Weave phrases that bemoan
Or return to the field
New pastures which to roam?

The folly hypnotised

Seeing those empty eyes

In which I realise

That the hope was all but lies

Of course I shield my heart

For the wound is sure to smart

Always far from reach

Is that the lesson you came to teach?

Dream

I want the dream

Not the reality

Where things seem

Free of fatality

I want a cure

Not a dirty plaster

Crawling from the wreckage

Of the latest disaster

Can I get some peace?
It's not all I sought
Don't follow your drift
Is it just a line I bought ?

I don't ask much

Just someone to hear

A way to muddle

Through these fade-away years

I don't need a crutch
Nor an epiphany

It's just the way it is What can't you see?

Nothing living up

To my expectations

Toast my health

Wealth of the nation

The days grow long
Where I feel content
Don't believe the songs
Never whole again
The heart can't heal
When scar tissues real

I play their roles
Fragmented mind
But it isn't me
That's oh so blind
Don't believe no lies
Or at least i try

I want the dream

Where the past had it's say
And all the ghosts
Come to lay
It's not what I've got
That's not reality
But at least some days
I get to breathe

Pretending

They want people to pretend

From beginning to end

To give others false hope

Say the systems help cope

They only befriend

Those who say that it mends

The broken of heart

Misplaced joys from the start

They say you should fake it
That this way you'll make it
Hollow platitudes

And wasted gratitudes

Something for nothing

Just pick up an oar

You may find your self stuck

In a revolving door

They make out only happy thoughts

Are to be taught

Positive thinking

You'd be better off drinking

A man with a plan

And it's not the next one

Don't give false hope

You see I can still cope

Don't need their crutch

I don't think of it much

Their lifeboat is sinking

And their thoughts are still stinking

Avirus-nation

Virus death cult

Loved ones are going to die

Not too convinced

That they're still not telling us lies

The doctors are certain

It could be four fifths

When will you contract it

Does it matter one bit?

Did someone engineer

A cause for our fears

So many tears

Shortening years?

How do you stem the flood
Turn back the tide
The way that it's looking
A bumpy of rides

Submit to our fate
Rebel against what?
A year of unknowing

All the doubts they are sowing Resign to 'gods will'
Thinking that kills

Existential anxiety growing

The cracked system is showing

One percent quite a figure

Who knows if it's bigger?

Black Death, who's on rations?

The Plague back in fashion

All that jazz

Don't ever want to let you go
Blue notes over broadway
Lost in the melody
Of tears rising in the eyes

52nd street

Jazz clubs playing bebop

Someday my prince will come

Soundtrack when doves cry

Lady sings the blues

Strange fruit

Elevate to the gallows

Don't mean a thing

If it ain't got that swing

Kind of blue,

Like the dawn longing to awake

A love supreme

From the dream of you

Into those open arms

Never wanting to let go

Like hearts synchronised in beat

Dancing as one in step

Just a shoeshine boy to you

Knelt lowly at your feet

In a silent way

Spirit flies high on thoughts of you

Breathe within the silence

A flutter in the chest

Butterflies never come to rest

Never wanting to let go
That's what I feel for you
Sketches of Spain
The thrusting matador
Floating with the cape

Never want to let you go

Fighting to reach through

Rising with the horn

Crying in its fashion

He loved him madly

There's not much more that I can say

But all that jazz.

Anxious

I get a little nervous

From time to time

Just a bit anxious

About the way things are

It's just a state of mind

A season of the heart

Some days aren't so great

An ill wind from the start

Sometimes I can't hear you

For all the words you say

Sometimes I misread you

Guess I'm just having a bad day

I get a little worried

Best that I don't watch the news

The state of the nation

It's not the way that I would choose

Dark clouds gather

The streets look empty now

I'd like to go for coffee

But things get in the way somehow

Who knows how long we live?

It's a bittersweet gift

Make the most of it

Because it's the only life we get

Sometimes I get a little nervous
About the way things are
Trying to reach you
But those times are looking far
The turns of fate
May seem a bit unkind
Just a little worried
About this state of mind

Buy before you die

Buy before you die
The great plague
Final clearance sale
Don't bewail
We've got budget coffin nails
Forget toilet paper
Undertaker vouchers are for sale
Ten percent off
If you've a little cough
Crematorium urns
A profit we will earn

But don't forget your will
Pandemics set to kill
Buy before you die
Oh yay,
Oh yay,
Bring out your dead
The great plague
Final clearance sale!

Sky fall

Chicken little
Has the sky fallen in?
Chicken little
Is it true you cannot win?

Dark clouds gather

Is it the end of the rain?

Brooding foreboding

With a virus on the brain.

The TV newsmen

Say we all are getting ill

Scientists all say

That we need a wonder pill

Chicken little
Has the sky fallen in?
Chicken little
Will you end up in the bin?

Supermarkets running low

No tissues nose to blow

Is it all going down the toilet

As the cracks begin to show?

Chicken little
Remember blue skies
Here's the truth
We're not all going to die

State TV could drive you round the bend
Killer virus when will it ever end?
Chicken little make the most of it
All clouds have silver linings
There's always Netflix

Chill out a little bit.

Death

Quit worrying about death
You're not the one that gets to count
The time out of your final breath
Life's just as long
As anybody gets
So quit worrying about death

Existential crisis

When we face the curtain call

One thing for sure

It's coming to us all

Life's over as soon as we figure it out

Don't waste time wondering what it's all about

Life is often painful
Sometimes, oh so sweet
It's that glimpse of heaven
That keeps us on our feet
Don't worry

It's over in a blink
Mortal thoughts
The ending always stinks

Be happy
There's no time to waste
Show some finesse
Enjoy the finest tastes
No point in thinking much of fate
We're finite

Don't wake up to it too late

The jokes on us all

Quit worrying about death

It's guaranteed

One day that's what you'll be left

No point in being prematurely the bereft

Life's too short

So don't waste time worrying

About the final breath

Laugh as the sands of time are running out

No one knows what it's all about.

Solid

They've got our confidence
Solid foundation
Unlike king Canute
Assurances, for one nation

There's the scientist

Be sure he's checked the figures

Tells us that there's hope

Survival will be bigger

Then the doctor

He's waiting on the medicine show

The boffins in the lab

Only have a little way to go

Address for the nation

Spread the joy around

This time come xmas

We'll see a rising pound

Call me a cynic

I thought they love the spotlight

But it's good for morale

The British people love a good fight

A vaccine in the sights

The folk in the white coats

They even say the banks

Won't be slitting people's throats

Back in the saddle
That's where we long to be
So don't despair a lock down
Or a quarantine

We're stronger together

Shared burdens till the last

See you through thick and thin

The worse will soon be past

Branches

I need to keep my distance
The gifts of solitude

But I miss you just the same
An ever changing mood

The days pass so slowly

Between the times we meet

You know I'm not a lap dog

But you'd have me kneeling at your feet

Social distancing

Comes natural to some

I like my own company

But the long hauls just begun

Some fear isolation

I like my people in a short dose

But when I think of you

You're the one I long for the most

The little acts of kindness

Human dignity

A solitary tree
Under bough to shade
Reflect in contemplation

Of each falling leaf
Thoughts lost in the branches
Where I lay beneath

How to fill the silence
Where ideas arise
Open like a flower
Inspiration wide of eye
The things you do not see
That reach to you from me
The gifts of solitude
Feed creativity
Lost in each moment
Of tranquility

Buy before you die

Buy before you die
The great plague
Final clearance sale
Don't bewail
We've got budget coffin nails

Forget toilet paper
Undertaker vouchers are for sale
Ten percent off
If you've a little cough

Shop before you drop

Can you get it when you're on the job?

It's time to buy

Before you die

It's the great plague

Final clearance sale

Crematorium urns

A profit we will earn

But don't forget to put us in your will

Pandemics set to kill

What will you try before you die

You might find out that you're bi

Is it too much to ask

That you wear a mask

And if you've a little cough

You'd best sod off
There's nothing else on the tv
Why should you pay the license fee

Buy before you die
Oh yay
Oh yay
Bring out your dead
The great plague
Final clearance sale!

Meat

I like to eat meat

It really is a treat

Even if we're on rations

A steak is never going out of fashion

There's none left on the shelves

Everyone thinking of themselves

I'm a carnivorous animal

I might become a cannibal

With some gravy atop

I could murder a pork chop

Haven't you heard?

I love a road kill bird

Sausage on my plate

That could become your fate

When I see women in the street
I keep looking at their feet
A nibble on the toes
How my hunger grows

I like to eat meat

Turning up the oven heat

There's no need for vegetables

With fresh beef upon my table

There's not much left to eat

I like your legs, I love your feet

I'm a hungry animal

So look out, here comes the cannibal

Do you feel a stirring of the loins?

You could be my sirloin

Gone

Nothing felt quite like the day
When I heard that you were gone
Like loosing everything it seems
How had I been so wrong?

Memories come

Sometimes to haunt

Some to grace me with your smile

Remembering through the silent tears

The misspent wasted years

Nothing can compare to you

Steadfast till the last

And how the mourners all remind

Of that which now is past

I awaited the news
Life ebbs away
Was there really any point to pretence?
Lost in your sparking eyes

The meaning behind the why's

I long to look upon your face

To see once more your smile

As if sharing a private joke

Our secret all the while

You'd laugh to know just how I felt

The day you broke my heart

Nothing could compare to the day
I learned that you were gone
Like loosing everything it seems
The nights now have grown long
Questions left unanswered
Words to a final song

Sitting

I get paid to sit on my arse all day

You may find employment meaningful

I assure you it has no sense of purpose

The illusions you hold so dear

You may find all too soon

That they all melt away

You might think I'd get bored
Or even a little depressed
You're so wrong
Your vocations leave me unimpressed
The importance of being idle
Inspired by, not distressed

My needs are met

The occasional hiccup

I've feathered my nest

The things you expect would worry me

Don't mean a thing

You've been misled

So I've a few debts
They're paying off
I've got all the latest tech
There are those who think to scoff
The government keep me on a leash
But it keeps sliding off

I've been a very naughty boy

I may have had some disapproval

But there's room to improve

The work is its own proof

I must have done something right

Because the futures looking bright

I don't go chasing rainbows

I hardly listen to the crowd

I've already stretched all limits

Of what they said was allowed

This poem will make it my sixth book

And I really feel quite proud

You speak as if you've something
That I've not
All your platitudes
That I've forgot.

My delivery driver has more common sense
Than any doctor that I've met
And that is just one small fact
Of a life of many lessons.

Quail eggs

Speckled quails eggs
Mottled browns
Cracking shell
Naked peel

Their oval flesh

Curved on the tongue

Smooth as skin

Taste so lite

Their golden yolks
Mouth sized bite
Hidden treasure
Within the whites

Gently boiled

A pinch of salt

Sprinkle of pepper

Ground black corns

Easter treats

Stained like berries
Cherry reds
Beetroot dyed

Rich yellow hearts

To delight

Little parcels

To open lips

Welcome promise

Of the springs gold light

FAB

Fucked up, insecure

Neurotic and emotional

Reactors not actors

A role that's vocational

Human doings

Not human beings

If they stoped to breathe

They might just leave

Waving not drowning
What's left to believe?
You know I hate endings
There's too much to grieve

Turn back the tide

The new is still coming

A little bumpy of rides

A new tune to be humming

Those who dislike change

Need their heads rearranged

And yet they still can't let go

Of their favourite seat

Citizens wage

Could be coming of age

Try before you buy

We could be free of old lies

No slave to a master

No need to work faster

Those free to volunteer service

For the common good

Those who consume

And those who are bringing us food

The futures coming up roses

And everyone's fine.

Kings Stone

From Arthur's seat
The stone of kings
Swear by the sword
Regal seals to ring

From bejewelled crowns
Flags at the palace
Sacred oath
The grail bloods chalice

Heralds charged

To raise on high

The loyal duty

The lineage never dies

Round oak table
Seated knights
Battles old
Tales of sacred fight

To face down dragons

Wars and plague

To step beyond deaths fated door

Where coats of arms are made

History counted by the songs

The minstrels madrigals

Raise them on high

To answer the call

A royal line

Oaks forever rooted in the times

Simplified

A simplified life

Not so much baggage

Down sized a tad

Emotionally liberated

I keep the phone switched off
No one lives in my head
Rent free lodgers
No longer finding a bed

Cleaned out the closet
No memory regressed
Nothing to trigger
Letting go for a rest

Most days are peaceful

The occasional storm

Not much that I'd change

Room for a little reform

I could use someone to share it
But no ones come along
Not that tickles my fancy
Or boundaries wouldn't wrong

Keeping it simple
Keeping it real

Self satisfaction

No demands,

no big deal

Simplification

Not much to heal

A bed of roses

Contentment

How else would it feel?

Crazy

There's two kinds of crazy

Batshit

And then there's the kind

Where the heart skips a beat

Just looking on their face

There's two kinds of love

Toxic

Ever seeking to control

And the kind where warm currents

Stir the waters in the breast

There's two minds I'm in

Conflicted

Still wanting to lay rose petals

For them on a feather bed

The fragrance to crown their weary head

There's that crazy once again

Not the batshit

But the kind that pours warm honey

To sweeten fevered lips

And lingers in a kiss

Crazy

That's what they always say $\ensuremath{\text{S}}$

Crazy

What I feel for them come what may

Crazy

I'll do batshit another day

Crazy

Can you hear what I long to say?

Red shoes

Dancing in the street

Like red shoe ballerina

Moved by the triangle

That directs her sure of feet

One and one makes two

But ever torn by the three

Hearts that know the torment

Pulling her from you to me

Last tango in Paris

To bullets over broadway

Courting the lead

Cue lines for the tragic

Cruelty will not relent

Where the passions spent

Pirouette to applause

Shame of the muted swan

That sings a silent song

With steps that tempt with cause

Romancing suicide

Train carriage closing door

Dancing in the street

Torn heart of the red shoes

Understudy to every move

A skip the muse to greet

To fly on broken wings
The red shoes to repeat
With each pose to sing
Of dancing in the street
Knowing only of allure
The turning up of the heat

Loosening the slippers
In death to recline
Refrain from heart of fire
To strike a final chord
Requiem lovers leap
The angel with a sword

Flirtation

Damsels for ivory towers

Letting down their flowing hair

Be wary of the dragon

That hides behind one so fair

Flirtation with the flames
Spiral of the moth
Burning of the wings
As the wax tears drip off

Hiding behind a screen

Shadow puppet plays

Stretching with the dawn

Darkening the days

Hidden agendas

Hacking the social web

Lurking like the spider

Pull of heart strings ebbs

Sadness weeps from liars eyes
To drown unwary hearts
The actress like the whore
Each rehearsing for their part

Red roses like the blood

From the prick of finger

Garland like the gold

I guess a story as of old

The grip of tourniquet

Lancing the pain

The knights that rode before

Now lost to dreams of beer and skittles

Cock tales

Fingering her cocktail

Cover story for a line

Glacé cherry to her lips

Curling of the tongue

Gently tapping her high heel

Crossed legs her mini rides

A glimpse of those lace hold ups

There's not much she seeks to hide

She'll court as leading lady

Cue line for a smile

Toying with her lip stick

Fire red bullets at the heart

As scarlet gloss is parting

She purrs just like a pussy cat

But don't forget the next cocktail

With curved pose the way she's sat

She'll flirt with phantom strangers

Bat her eyelids for applause

Be sure to get the drinks in

Watch how satin gloves are poised

Crushed just like the ice

She'll treat you as a lost cause

She's the kind of lady

We all dream of in cocktails

But when she gets your money

She's the top for all your tales

What's she hideing up her skirt?

She'll be the one to dish the dirt

You see she likes the switch

And makes heads start to roll

Beware the sting, for she's the honey

And you're the fool that buys her role

Ρi

Personal services

Private investigations

All things being equal

You got nothing on me

Specialist street walkers
Foreshadowed lookalikes
Visit to the hairdressers
Put on a fine mask

Operatives training
Always in plain sight
Back in the spotlight
Long shadows still grow

Predicting next move

Queens pawn but which side?

Illusionary positions

Never a fair fight

The crystal ball
Still giving false readings
Jump cut composites
Mixed messages transitional

On a low budget

Directing to skype

Camera out of focus

Not living up to the hype

Evidence collects

Like the blood in the bowl

Just for the record

You got nothing on me

Extend isolation

How I long to be free

Silent moments

In the silent moments
When the work is done
When those demanding your attention
Have ceased and peace begun
Know when I have such moments
My mind idle turns to thought of you

Sometimes days are simple

Sometimes they are too full

In the silent moments

Which are beautiful

Sometimes I catch myself thinking

In revery of you

I try to catch myself

Before it is too late

In a silent moment

When my heart can't wait

Thinking of when we'll speak

Across the distance that is fate

In the silent moments
Of a mind over full

When the ripples still

And there's time to kill

I look upon the mirrors surface

For a face there, fair as yours

As the days grow longer

Fond memory of your eyes

Where tears are reflected

And with the words I weakly try

To frame the silent moments

With a verse to never die

In the silent moments
When all turmoils done
And the in trays empty
The days battles are all won
There I hope you'll find me
These words I've given free
In the silent moments
The lyric thought of you begun

Bird

A bird in the hand

Is worth two in the bush

So don't count your chickens

Till they're hatched

We are the language
We are the words
It fills our thoughts
From the day we're first taught

You can mirror a loved one
Heroes imitate
Whatever inspires you
Ever flowing through

A bird in the hand

Is worth two in the bush

Still never forget

The bird is the word

Forever describing
Phenomenology
Trying to contain

With phrase what we see

A word is a construct

That we were once taught

But put them together

A fine sentence in thought

It's you that proclaim them

With creativity sought

The bird is the word

And the early one a worm caught

Heard

Fighting to be heard

The morass of the lost words

To make exclamation

Like torettes defying explanation

Find in observation

Scientific meditations

Chaos fractal mind

Sight restoring to the blind

Random to digress

Patterns to impress

The web of neural roots

Planted deep within the brain

Infinite reduction

In the deconstruction

Virtual reality

Presentation of a novelty

Stimulating response

Motivation of savants

Linguistics that disconnect

Thought ever left suspect

The library of not

Started books left long forgot

The authors snapped the pen

Never to write again

Seeking inspiration

In the state of the nation

The royal road to tread

Fantasy made real from the crowned head

How many to be heard In their lowly words?

Publicists

False publicity
Misplaced quotes
Thought projections
Treasure hunt for imagery

Perhaps misheard

Maybe an over dub

Self referential

UK subs

They think we dance to their drum

Researchers seeking for originality

The way they write scripts

It could be automatons

How many conversations Held by zoom?

A little edit

And you've got prime time

Talent crushed by pyramids
Built by the market media
Selling washing powder
For the faint of heart
Promoting rising stars
Publicists greased palms

I didn't own a TV
When I owned my own house
Nothing ever on
Time to switch off

Mirrored illusions

To distract the restless mind

Watching the repeats

Grave yards of box sets

Craving entertainment

Why don't you create your own

Space

Putting on the space suit

Leave the capsule if you dare

An alien looking on a familiar world

The helmets mask to wear

Reaching gloved hands

To span the space between

Distance ever mindful

That grows from you to me

Like a stranger in a stranger land
Out in the contamination suit
Anxious to wash the fingers
That touched the self service till
Beware the chance encounter
A carrier could come too close still

Winding in the umbilical chord
Returning to creature comforts
The pull of homeward bound
Entrance to the space craft
A frantic thought

That I might not be home clear

Back inside, a different drum

The rhythm that flows naturally begun

No government impositions

On the aesthetics of my nest

Where anxiety has passed

In the clean pure air

Back with the supplies

Foraged from the hunt

The mothership , finding comfort
The room to breathe now free
Quiet moments to create
The gems washed in by the tide
The spring water from the well
Quenching the parched thirst
Closing the boundaries door
Carrier bags with space rocks
From a different world I see

The well

Do you abhor solitude

Is loneliness all you feel?

Is there only stagnant water

Are your tears all too real?

Do you fear the future

Are you scared to be on your own?

Are you at a loose end

A wilderness to roam?

Reaching deep within

Breathing the fresh air

In the inspiration

Think of things for which to care

There's a flow of gentle tides
What will be washed up by the surf?
Out in the deep
The waves of water burst

Shed the clothes you wore
When you walked in the dark
Lost in the gloom

Seeking a vital spark

Search for a wishing well

Despair, the price we pay

Where the coin we cast has fell

Spring waters clear and true

Drawing up the pale

To wash the tears away

Kaleidoscope

Paternicity

Does it mean there's agency

Or any intentionality?

Faces in the clouds

Random noise on the TV

Directed
Or unintended
Readings of the stars
Astronomically vast
The mechanisms of the brain

Drawing letters in the sand
Or blown by winds of change
Shapes forming a mirage
Of an oasis in the dunes
Doors of perception

Reading in between the lines

Seeing things that are not there

Or manipulated to project

By symbolic logic

To trigger interpretations

The kaleidoscopic eye

Absorbed by overload

Images, new connections form

In a never ending swirl

Foundations false beliefs

To create there own rationale

Pattern recognition

Directed by an expert system

Things that interlink

And yet no directors agency

Beware advertisings motivations
When no one is there to pull the strings

Comparisons with Aleister Crowley a semi mythical figure in part created by Freemasons in a publishing conspiracy? AC , if you can believe the hype, thought he was the physical manifestation of the beast from revelations based on his Christian cult upbringing. He set out to form a personality cult revolving around being the prophet of a new aeon worshiping Egyptian gods. He believed in ritual magic and a spiritual ideology based on searching for the 'true will'. He was a con man exploiting rich patrons through gibberish about the occult. I read some of his books once as a young teen. They were crap. I have no involvement with cults, conspiracies or religion, Egyptian or otherwise. I do not believe in any magical powers in anyone, ever, nor miracles, spirituality of a pseudo occult nature nor psychic powers of any form. On free will I am a monist materialist who believes in the illusion of agency as an exercise of choice with precursors in neurological processes. I do not believe in 'searching' for a 'true' will or anything like it. I am a skeptic. I am a hard atheist who does not believe science reveals any indication of there being a god, gods, soul or spirits. We are physical beings that cease to exist when the body dies, there is no dualistic mind body divide (or room for spirit). The occult and psychic research are total bollocks. Aleister Crowley was a life long opiate and cocaine addict. I have no history of ever using such and inclusive of alcohol and nicotine, drugs have had no role in my adult life. I quit in my late teens. End of story. He was infamously sexually compulsive including beastiality and at the

very least exposed children to viewing adult sex. I have never used so much as a single prostitute. Similarities? None. He was more like David Ike.

The truth about my addiction. I experienced severe head trauma aged ten in a road accident. Subsequently I was treated with a mood altering dependancy forming depresent medication to prevent seizures. When I was detoxed slowly from this drug in my early teens I imediately became dependant on alcohol, another depresent drug. In a very real sense the NHS gave me addiction. I did not use illicit substances in any quantity including cannabis. When I came off alcohol at age 18 I experienced a brief spell of psychosis. After three years abstinance I was assesed as completely recovered mentaly from this addiction as also the psychosis by a specialist psychiatrist in addictions. I have never been in active addiction in my adult life despite some early experiments with social drinking that slowly spiraled in the direction of further dependancy. I can drink socialy for about a year before dependancy starts to kick in. I have not had a single drink for twenty years and prior to that only relapsed 4 times in the previous 12 years, mainly as the focus of initial treatment was disease model/ 12 step and deined me agency and choice over drinking. Once I psychologicaly deprogrammed from the pseudoscience I was able to stay sober unassisted and without external support on free will alone.

The Charlatan

Like a face from the past

Could it be another you?

Set up situations

Seen at a hundred yards

Trying it on for size

To exploit the mark

Round and round they go

The adult play park

Spinning a line
Misrepresentation
A fattened calf
Awaiting the slaughter

Your mind already made up
You don't even want the truth
Just another charlatan
Conjuring coins for the fountain

Misinformation

The untrained eye

Fed on hokum

Third rate psychobabble

Network with the family
Protecting the perps

Did you ever help anyone
With your two faced lies
In bed with the enemy
Your spirituality why
Taking back handers
How do you justify?

Killing eve

She never uses the same address
She's got aliases to spare
To some she's just a temptress
But you'd be best to beware
Another change of clothing
Disguised by her died hair

Deaths always in fashion

And she's the price you pay

Murder is her passion

You see it's just the role she plays

She doesn't need a body double
Always fit for the next stunt
If she likes you you're in trouble
For she's always on the hunt
One touch, the grip of obsession
And you'll be her puppet on a string

Gymnast or ballerina
Always keeps you on your toes
An assassin Anastasia
Leaves you in death throw

Some sins original
Why not give her Apple a bite?
She's the mistress of romance
The queen of midnight
A killer tsarina
Be sure she does it in plain sight

Some live to fulfil lust Some are petty criminals Hire her if you must But she's a different kind of animal
Trust a psychopath
To know a kindred soul
Ask why she needs a handler?
Well rounded on the whole
She's the kind of killer
That's makes an exhibition of her role

For your own good

How good was your childhood?
With what would you compare?
Only in reflection
The pain and despair

So they clothed and fed you

And filled cupboards with toys

You made a good cub scout

Just one of the boys

Must try harder

The school records said

A little distracted

How you nearly ended up dead

Always the absence

Every hour they worked

Not much love left

And plenty of hurt

At least they were honest

Told how you were unwanted

Kick the dog
When there's no one else left
Take it out on your school mates
Just a little bereft

How good was your childhood?

A prisoner of the home

Adults half crazy

From the years of the war

Screwing you up

Cos they never dealt with their issues

Denial of feelings

Therapists pass the tissues

How good was your childhood?

With what could you compare ?

Fucked up and traumatised

Almost too much to bare

On your own, when you finally escaped

They didn't care, that much's understood

Dished out the punishment

Was it for your own good?

Death bell

A cancer growth

Taking root in every cell

Hope to be removed

Before the death bells knell

Unwanted lump

All attempts defied

A knotted gut

The flesh is tied

A virus spore

Expelled in a cough

A breath of air

Death borne aloft

Premature

The end from which we hide
Thoughts of demise
Pale horse which to ride

A heart attack
Stabbing at the chest
Pain in closure
A fear we must confess

The viral spread

That fills our thoughts with dread

Like a cancer growth

Taking root in every cell

Wishing we survive

The death bell ringing out its knell

Titian

Tenderness

Fixated on the others gaze
Drinking of the eyes
Sip from the lovers cup

The stage is set

Asleep within the vine

Slumbers where

The drunkards head may dream

The cherubs tears

Sprinkled on fertile ground

The vineyards fools

All talk of the new wine

Lost in their faith

With a reverent eye

To play the flute

Directed at ripe form

Venus reclined

Wonder at her nakedness

Fresh songs to sing

Poured from the flask

Drip from lips

With colour to the cheek

Homage to lust

To settle on the breast

Curvaceous form

By the grape is blessed

Titian fills the canvas true

Merriment of the bacchanal

Revery of arcadia

Venetian muse to paint

Blue violet flowers

Held dearest in the heart

Young hearts (how it is for boys)

Youthful hearts

Free to love

Virgins sealed up door

Turns their frustrations

To the lips

Of painted whores

A kiss excites

Knowledges snake

Fumbles at a party

Trembles not so fake

Weeping lust

into the night

White stains

On crumpled sheets

Videos instruct
With false expectation
The money shot
Exhausted limbs
Athletics lack
Romantic brevity
No nuance there
Subtle as a rape

Posers strut

Men of the world

Experience

Or so you've heard

The boasts of youth

A mere folly

How they plucked the blooms

Of maiden cheeks

Seeking cessation

Of their pains

All they lack

Falls short again

Cry for the hearts

That ever longing

Are never sated

By pale fantasy

Intimacy lost

Amongst futile searches

Internet chats

And revenge porn

Reduced to animals

Feasting on flesh

Who dares to speak

Philosophy of love?

A crushed tissue

for a rose

Can you tell me

How could that ever be enough?

Why don't you?

Windows on the world

Watch TV or use skype

A multitude of opinions

Or a director with their hype

Seeing into the world
With edits to disguise
Conforming to what's fed
No room for fresh perspective

Features remain the same
Questions hardly differ
Presenters take their cue
No room for improvisation

Switch it off

There's more to see
Why don't you?
Life's mystery

Take a virtual tour

Around the British museum

Find in history

Things have been this way before

We've had the flu
Wiped out TB
So don't get obsessed
With daytime TV
They'll find a vaccine
Just like the BCG

Sand castles

Building walls

Mud pack divides

Broken homes

Cement that cracks

Abandonments

And betrayal

Dirt of the past

The laundry list

Self made jails

The growth of distance

Keeping apart

The boundaries moat

Honest tears

Lowering drawbridge

To wash away

Castles in the sand

Fear of intimacy

Raw old wounds

Scars run deep

Eyes look away

Once bitten

Twice as shy

Tired of loneliness

Walls start to crumble
The empty cell
A wounded heart

Soothed

To soothe the grief
Touch the pain
Gentle caress
The tears of rain

Blossom falling
Like quiet snow
Or pink confetti
In hair to sow

To garland you with flowers
Fragrant for your bed
Ease your every burden
Rest your weary head

Rap you up in fur
To warm you to the heart

Fulfilling like the soup Simmered on the hearth

Words I search for
To reach you there
Like affirmations
Showing that I care

You are there for me

And it gives the moment meaning

When once more I see your face

And know where my hopes are leaning.

Patient

Crass interpretations

They project their fear in fantasy

They think I'm damaged goods

Primed explosive to react

They think I'm only a label
But my heart is whole
They don't see the strength

Think I am just a role

Am I really their patient
Is there very much to heal?
They offer dirty plasters
Suppress tears of the real

They're just like a drug dealer

Laying false claims that there's a need

To medicate my feelings

Control instead of heed

In the script they write

I am portrayed as vulnerable

Yet I stand on sure feet

Free of all their troubles

The profile that they pen

More lies I hear again

They don't even try to get to know me

From them I would be freed.

It could take me many years

But I'm the patient with my tears

Quacks

They want to be special

The one that caught me out

Just because there's motive

That I scream and shout

An outsider, not guilty
Fears of the crowd
As if righteous outrage
Is not allowed

Ive seen it before
Carers wanting to retire
Weaving interpretations
Pushing the pay off ever higher

Misinformation

Proofs for ideology

Some counsellors I met

Most basic in psychology

They project

They confuse

Want to be the star of the show

Crime novel fantasy because I was the abused

Seeing things that are not there

The more I deny

The more they think that I hide

Can't face the facts

Thinking I lied

The more I was open

The more their suspicions would rise

The curve

You ask me how it feels
Well I guess I've been here before
Just like treading water
With a fear of depths below

The arc of a curve

As memory comes back around

Hopes seem to be sinking

The tears of the lonely clown

I used to shrug it off
A cold hard shoulder
Not sure it's any better
Now I'm growing older

Futile searches

Long lost loves

Not much left to believe

No solace from above

The wounds feel just the same
As they did way back when
They say time is a healer
But here we go again
I've got less distractions
Than I had back then

Quite the cynic
When all's said and done
Just another blind ally
Ends as it begun

So many paths I've walked
With shoelaces undone
Tomorrow's another day
I'm still hopeful for sun
Let sleeping dogs lie
I'd still give you a try

Cold call

Many enemies

Back against wall

Did I notice your face change?

Remember the art of war

Knives that are drawn

Behind the defence

Do I tell you everything?

Problems to speak of

And that's just one of the facts

Pulling of wool

Over sore eyes

A shift in the force

The question is why

Identity and the identified

Give them an inch

Who thinks that they'd lie?

It's only their greed

Whilst the pennies are pinched

Offers of peanuts
Might build up a rep
But I deal in contracts
Not baby steps
It's all on the record
If they can justify

Something for nothing
Bridges or walls?
They've got my address
I'm not taking cold calls

Sick?

Mental health

Maybe a misnomer

Not quite as ill

As they might want you to believe

Sociological needs

Constructs for the scaffold

Keeping the trauma

Standing upright

Without supports
Risk of consequences
Conform to an extent
Just meeting my needs

Welfare for the injured

But labels insult

All depends how you frame it

Disablement or empowerment

Ambiguity

A compromise

Not best case scenario

But also not worse

If you ask if I'm sick
I'd say a firm no
A body of prejudice
Clinical lies
But I've got to live somehow
With the damage they've done
It's all about power
And I'm not without none

Ice

Ice breakers
The straining ships prow
Cracks on the surface
Uncharted sea

The creaking below

The icy depths

Cold clouds of breath

A sigh to exhale

Glacial white

Snow blind eyes glaze
Feeling the pressure
Like a tectonic shift

Emotional conflict

Frozen rock hard

In the deep freeze

Frost bitten

Held back in that time

Breaking up

And breaking through

Shattering brittle image

Of all that I knew

Free from harsh chill
The burning of hands
Shivers of tension
All but forgotten
Melting slowly away

Thawed by the fireside

Somehow refreshed like from tears

Ice cube chimes in the glass
Ringing the change
Cooling warm lemonade

To set the record straight, (as Christians seem to think telling children rubbish is clever) . I am not now nor ever have been a 'satanist' nor even interested in neosatanism as the philosophical joke it is. I have never met someone professing adherence to satanism who was not joking or even believed in Satan. Satan is a fantasy character best consigned to penny dreadfuls and b movies. Devils and demons do not exist. Anyone who spreads superstition about such is either a joker, nuts or a liar. The industry around neosatanism is not the atheist movement which does not believe in such nonsense. Anyone involved in satanism is taking the piss out of religion. Good on them for that. However Antoine le vay and the satanic bible are BS with little philosophical interest beyond satire of fundamentalism. Yes I have a lucifer T-shirt , there is a fantasy tv show of that name. I do not believe anything spooky. People telling kids I am satanic, or an abuser of some kind are total liars with fundamentalist agenda. Their god is a fantasy character also, they are either nuts, stupid, liars or conforming to delusional beliefs about spirituality. Religion, it's all bullshit. Ive met bishops, they showed every sign of being liars asserting power and making money fleecing the faithful. Hell does not exist, it is a fantasy used to try to scare fools into compliance with nonsense.

Realism (their neck).

The dance of modernity

The multitude to move

Flocked together in the crowd

Faces anonymous around

Showcase of the new
Elitists to aesthetic
Raising the roof
But the music is elsewhere

The unseen orchestra

A blind mans conducting hand

Directing the throng

A sea of flowing hats

Silver service recollections

Virgin table cloth

A feast for sore eyes

Stains as yet to drip

Weary of the tastes

Of so much lost within corruption

Naked in the park

Ambivalence the judge

Shock of the blushed skin

The unveiling of the flesh

Realism to the eye

Of the innocent expression

To see the mundane world

And paint it into life

Lending to the image

The spirit of creation

Hanging in the gallery

Composition froze in time

Caressing with the breath

Blowing softly at the neck

Ripples of small hairs

Goosebump longed for response

A participant passive observer

Receptive to imagined kiss

Reacting with a shiver

To hot lips whistling winds of change

Presence

She's got a presence

Makes blood pressure rise

How I long for her to curl up in my lap

And grip me in those thighs

She's the kind of heat
Keeps melting my ice
Makes me want to take a gamble
Lady Luck shaking at the dice

Her eyes make me look away

Or else I'd drown in her gaze

Keeps me coming back for more

Seeking to frame the moment with new phrase

You see I'm hooked on her

Just can't get enough

In the parting gesture

Ever feeling rough

There's excitement

In anticipation
Waiting on the call
Heart beats strong
With a rhythm
To court her with a song

She's a presence

Could move me to tears

I just can't find the words

Lost for the next line

Butterfly to my fears

Of loosing that connection

Ever paying homage

To the presence of her smile

Dogma

False beliefs
Bad religion
Patterns seen
Given agency

There's no secret

Connections that are not there
Fake meaning derived
From the entropy

Carved on tablets
Scriptures books
An edifice built
Foundations shook

There's nothing there
But Mickey Mouse
Prophets and miracles
Trick of the eye
A sacred con
The priesthood's lies
Don't comply
Dogma defy

Imaginary friends

Empty prayer

Dressed up ethics

But heavens where?

Renounce the father

Spit on the son
Why do you suppose
They crucified the prat?

No god above

No chains for love

You shouldn't do that

Shame, ain't that the facts

No virgin mothers

Falsehoods of others

They sit and judge

Sat on high

Seek liberty

Not a deity

Religions crime

A waste of time

They demand respect

Want us on our knees

If you don't conform

They try to force you to compliance

A pox on sin

Bound till we die
with the lords servility
Hollow words
The holy books just shitty
Rise above
Their base controls
Abandon faith
Reclaim your souls

Power shower

Interloper on the scene
The bathing form
The body clean
Oh pray do tell
What first is seen?

The buttocks moon
Ripple of muscle
Triangle of the mons
A mountain climb

To drink the drips

Falling naked
From skin refreshed
By the warm shower

Explore the crevice
Lost in your hills
Caress the curves
Enter The glade

A waterfall
Washing your hair
The scents fresh soap
Cascading down your thighs

The bare image

Soaking flesh

A glimpse of heaven

Bathed in light

Encircling the hips

Seeking salvation in moist lips

Unspoken

Words unspoken

Ever fearing their rejection

Cleaning my teeth

It's you I think of in reflection

The fruitless search

Desire frustrated

Unavailable

Still Can I get enough?

I think of your spine
Like a sculpted goddess
To kiss along its length
Seeking your soft neck

Words unsaid
Clothed in the lyric
Embodying the muse
Your ear to lick

A model reclined

The slope of thigh

To grace the pillow

With the olive of your head

Covering modesty with the arts

Stroking the strings with fragile heart

The golden rain

Fulfilling image

Open petals

The honeysuckles bee

Words unspoken

And yet I hope you see

Thanks

Rainbows bridging generations
With the clap of grateful hands
Fond thoughts for the carers
The salt of the land

Thank our lucky stars

That the war was won

Spitfires and fly pasts

The blitz years now long done

Medals pinned to heroes

Proudly on the chest

The old guard still among us

Who are Britain's best

Birthday cards for charity

A smile wide as the sun

We will not be beaten

Keep calm and carry on

Thomas the tank engine pulls us through
The golden age of steam
Those we can respect
For granting youth its dreams
Toms thumb's not so small
As once it may have seemed

Raise hands in applause

We've come through the peak

We'll meet again

The past with wisdom speaks

At the end of the long tunnel

History will tell how old Tom came to teach

Lion heart of the brits Showing us true grit

Closed doors

They say it's 'playing victim' Well I must have 'played' it all my life There's many a guilty party Tried to put me in an early grave Therapy does not change it They medicate the wrong man cos it's cheap Society keeps denying That there's a war on victims rights They set up fine sounding charities But they play both sides for fools Hopes to sweep it under the carpet Or blame us victims for our own abuse The statistics are obscure There's a media block on truth So many things they say to help us Go back into denial They've ideology a plenty To minimise or cover up

Handprint art of innocents Who don't even know when they are wronged Sacred cow of family What goes on behind closed doors Where there's muck There's money And those who'll pay To hide the proofs They keep the plates on spinning Same old lies come around each year There's never been much sign of justice The closer it seems The further it goes away It takes just a little corruption And a large dose of ignorance Who has all the power? And who conceals the truth?

Optimism

I guess I could be more optimistic
But reality always bites
A little too world weary

Not so trusting the spotlight

Youths wasted on the young

Hope the futures looking bright

Keep your chin up

Your generations going to do alright

You could be wrapped around a lamppost
With a tin of beer
Did I tell you how I lay in front of a bus?
Just one extra drink that cost me dear

There's the time I walked naked
In the middle of the street
A hand axe in one hand
I hope it don't repeat

So things are just great now
With all the passing years
I wish when I was younger
I didn't have so many fears

There's one thing I regret

That I never fucked around

These days when I want a blow job

I haven't got the actresses their pounds

So here's to the optimism of youth

Before the world had ground you down

Try to keep your chin up

With all these things that go around

Emissary

All story tellers are liars

I lied about this too

That's why when you think about it

I must have told you true

Rational mind ever seeking absolutes
But intuitively things are relative
Confronted with paradox
Expectancy divides

Is the world the way we see?

Is it ever in flux?

Nature unknowable

Not fixed static in the mind

Observer and observed

Each present within the other

The hand that draws the hand

That draws the hand drawing the hand

No emissary without master

The view from a hall of mirrors

Ego views only from itself

Solipsism eating its own tail

Inside out
Outside in
Seeking only context
How each thing relates
Realism versus ideal
Lived in and yet to live

What you say

Is what you hear

Process never fixed

Embracing uncertainty

Objectivism ever known subjectively

Building from the bottom up

Apart and yet within the whole

The coin that has two sides

But only once is paid

Intersubjectivity

Convergent empathy

Hemispheres

To see the whole

Or the particular

Emote

Or deconstruct

Empathy

Or Rationale

The diamond

or the many facets

Two halves in conflict

Each other to suppress

Bound together

In asymmetry

Distribution connected Yet clearly drawn apart To see with separate eyes Two halves to each scene The music and the lyric Grasp the narrative Or each word within the script To feel the flowing tide Or count the grains between each toe The brain is not a singularity Torn apart yet forming a whole The canvas has two sides Where each stroke is made Colours forming an image Or gripping to the gauze The hands make many passes Yet what they sculpt is felt as one Watching cars drive by Or reading the number plates Absorbed within the scene The passing flow as it goes Attentive to the rhythm The time stretch of video

Or frozen moments photograph

Seeing the street with all its changes

Or count the faces of each passer by

Each hemispheres separates task

Dual aspects of consciousness

Where one leads the other follows

Embraced within shared dance

Being

That is not being
Which we call being
Only being which it is not
Partial the being which is contained
In perception of what it is to be
Being is becoming
We live to be
Within the totality
Of which is being
Were being but a word
To describe what it is to be
It would describe only an aspect
One truth perceived

Of that which is true being

Live to be

Flowing into being

In time

Becoming.

Not that

Which has no being

Cinders

Cinderella syndrome

Ever looking for the one

They that fit the slipper

Empty of colour like the glass

Trying to see clear through

A princess amongst the cinders hearth

To save from ugly sisters

A maid without self worth

Of course he could try to win

A human being for a mate

No matches made in heaven

But poor Prince Charming
Forever to his dreaming

Building castles in the clouds
Raise beauty on pedestal
One thing that's for sure
Reality brings a fall

Better to stand on sure feet

Amongst the dirt and grime

Fashion from the arts

Walking boots to weather time

Beware the charms of princes

Or of serfs to save from laundry rinsing

Cinderella always the fantasy

For which young hearts will search

But once the magic fades

The wheels have fallen off

No footmen to her carriage

No such thing as perfect marriage

Forget feet that fit glass slippers

For that dream is sure to shatter

Just watch you don't put your foot in your mouth Find someone who truly matters

Social network

Out of the frying pan

Into the fire

Who'd think the support system

Would be full of liars?

The Apple doesn't fall
So far from the tree
The network of branches
A web all should see

Victims try to flee

From the cuckoos nest

What they do not get

The worse have confessed

Cocaine corruption

Greasing of palms

People not worth a light

The shadow of harm

Directors and players

All bound by their addiction

If you tell the truth

You get nothing but friction

Every one has a price

It doesn't take conspiracy

Shit floats to the top

They'll call it amnesty

Washing The laundry

Of an abusive family tree

Illumination

For the film of my life

Ever a bit part in my own biopic

Directors of players

Network ratings to decide

The cinema show
Up on the big screen

Dolby surround

A ticket for a pound

We say we love our freedom

So why adherence to the script?

Fed on stock footage

Treasured imagery

Try to make the final cut

Edit suite clippings on the floor

Paste a new narrative

Shoot that scene again

Always so close but too far away

To focus on our entrance

Stage managed illumination

A war on crowds for their soul

Lumiere brothers projections

Cameo for a role

Others perceptions

A locus of control

Did you get a misquote?

A false impression

Synchronicities fools

Taken in by others act

Finding when the credits roll

Misled to curtains call

It's all just smoke and mirrors

That confounds us all.

The fool

No fool

Like an old fool

A common idiom

Loyal tongues to serve

The weight of the crown
Passed on like the mace
Counting the pennies
Portrait of fair face

The days turn to years
Unwinding like clockwork
Cogs synchronised

Busy hands mark the time

The weathers changed

But in England always the rain

All that's devolved

Things still ever the same

It's a marathon

And not a sprint

Passing the baton

Relayed by the bees

Left with these questions
Watching coronation street
Republicans call
But it's bound for defeat
After all, little princes
Walk on royal roads
Privileged from birth
With their happy feet

Hack and slash

Thrown from your horse
In the heat of battle
The bodies piled up
Like slaughtered cattle

Where ravens peck eyes
Leaving empty sockets
The fate of the guilty
Hands in others pockets

Bloods crimson rain

Red flows down the face

Where the sword has slashed

Severed limbs tears trace

It's all so funny
Till the lightning strikes
And the blade leaves the sheath
For righteous fight

Memory like a kink

Notched along the blade

However hard you try

Recollections never fade

Did you get your cut
With knives drawn behind back?
Just don't forget
The scars of an old hack

Deep

Deep like the reflected mountains
On the lakeside mirrors face
Deep as the lovers eyes
Absorbed in unity's gaze

A vacuum to be filled

That grows between the heart

Ill met from beginnings

Separated from the start

Where beliefs collide

No true meeting of minds

Intuitively divided

Within a greater truth

Valued like beauty
Romantic to ideal
A necessary ignorance
Of the implicit form

Concealed like silk scarf
The face we strive to see
Only seen in parts
Known only in isolation

Deep like great azure sea

The differences I see

Seeing only the waves

And not what lies beneath

Deep as space growing between us

No stars, just mote in the eye

Ripples washing from a tear

That disturbs the surface clear

The depths of the emotions

Of all that's held so dear

There are teams

Within 'the team'

TA for a medic

Milkman 'in' on 'it'

The postman hide a spy

The dustman full of shit

After a while

You see through

They can't all be in the same network

As the man walking his dogs

Outer circle

You're not my mate

It's civil rights

Violated if you intrude

You've got the key to my front door

And that's not even legal

Liberty tell me it's policing

That there's nowhere to complain

They monitor and filter

To and from hub

You may well suspect that I must be the problem

But it's what leads to civil unrest
They'll be tracking every move
With 5G shaking hands
It's not paranoia
With them really looking in
It does not make me feel any safer
Because they take as they control
They abuse the powers they're given
Pretend it's all an act
I guess I must be 'it'
They say that my face fits

Blind

Worked on the blind

Like the pink panther

A bumbling idiot

Never sure who is who

They say I must be useful

And the moneys fairly good

As they fly me by wire

Into the midst of operations

I don't even blink

If bomb disposal

Move a robot down the street

Just a scene I've played before

Sometimes I'm the target
Often just the chaff
An agent of confusion
Sent into the fray

I get itchy ears

As I put on a new disguise

It buys your freedoms

But liberty still lie

Always have a handler

Someone shotgun too

There's been a few murder cases

A couple of terror plots

Another vice ring

I don't like to travel far abroad

There was the drug smugglers

And the abduction crew

An unknown soldier

An accidental tourist

Never the hero with the thousand faces

Kept on the outside

But I know I have my uses

When they work me on the blind

Agents of death

Biological warfare

Looks a lot like that

That's what I'm still thinking

As a matter of fact

Technicians in labs

Men in white coats

Like Asian flue

You know it's no joke

Body count rises

Is there someone to blame?

Agents of death

Getting away with their game

Take a look at the evidence

Contemplate the cost

Mothers and fathers

How many are lost?

I won't point a finger
Because I know that it's rude
A monkey puzzle
To unravel it's true

Perhaps it's too much

To contemplate

What the media conceals

From so many this fate

Let's talk peace and love

As you know I loathe hate

Jackals

All where I've traveled

All places I've been
Where ever I wander
Drink and drugs on the scene

It teaches you boundaries

Learn to walk alone

No one else in the trenches

Whenever I roam

After a while
You just sense it
No one watching your back
Nowhere is sacred
And the hungry still lack

There's clouds on horizon
With the smell of smoke
Dreams they're destroying
Crushing out hope

Some people are crazy
I watch my own back
Wherever I wander

Off the beaten track

Some want power

Some just want to distract

Some people throw mud

Some people unclean

There's knives as my back

Photos unseen

Some try to defame

Like jackals in teams

There's spiders in webs
Trying to make a deal
Some want me broken
Some make me scream
Face the facts
Some people are shit
Can't write a word
Let alone the last hit

Gallery cases

A heart of stone

Washed by the waters of time

The wet-nurses breast

Longed for release

Obelisk weeps

Hard to confess

A phallic witness

Lovers embraced

Limbs entwine to trace

Memory of their face

Repeating her themes

Not all that it seems

The river of life

Smoking mirror

The skull turquoise blue

A mosaic cod piece

Greek athletes in grip

Wrestlers flesh stripped

A manly pursuit

They thrust till they shoot

Mummified cats

Images of bast

Heavens above

As ancient as love

Astronomical arts

As the clouds part

Counting each star

Their light from afar

Seeking illumination

A search to ascend

In beginning so too as it ends

Choosing a mask

Persona on face

Where vellum tomes part

Pages thumbed from the start

Magical arts

Mirror of the dark

Angels to see

Into mystery

Reflect on existence

Statues froze in the dance

Compassionate smile

Meditate all the while

Cast in bronze

Peace for which to long

Beauty divine

Reaching to make sense

Moving beyond

To uncovered truth

The crashing of waves

Overwhelmed, what will save?

Reliant on myth

Cold reason to shift

Who will survive

To the sails we strive

Artistry rigging

As we float aloft

On our bark

Stitches in a tapestry

Where we come to exist

Calm

Calm like the breeze

Gently caressing the leaves

Branches reach like fingers

To billow with the wind

Footsteps in the gallery

Our path to mark

Calm within the form

Centred body poised

Feet firm on the ground

Rooted in the earth

The breath of calm

The sense of ease

Purposefully moving

Rhythms of the heart

Embracing change

To bend, not break

Dancing with the flow

Thoughts becoming slow

Calm like the lakeside

Reflecting on the mirrors edge

Looking beyond the self

Dissolving with each ripple

Calm as sitting
Watching the chest rise
And fall with each breath

Calm within the moment Still, with mindfulness

Nailed it

Always play safe

If you're gonna get nailed

If there's no splinters

You won't need the tweezers

I ask you sincerely

Do you aspire to hang from

A couple of planks

Of the cheapest timber?

Follow, follow

If you're a slave to sin

But wait a minute

They condemn most everything

If you like a nice stretch

Filling to your ring

Perhaps it's more fitting

For rock n roll to sing

Yes, I'm afraid once again
I'm talking about Him.
That suicidal god
They praise with all those hymns

I'd love to nail ya

But with your legs apart

A thrust from my spear

To pierce your heart

Always play safe

and know you're the boss

I don't aspire to be crucified

On a wooden cross

If you're gonna get nailed

Be sure to play safe

And make sure best of all

That there's no splinters

Fruit cocktail

I'd like to strip off all your clothes
Peel you just like a banana
Kneeling at your toes
Oh, how I could try harder

I like a sweetened date

I could eat you off a plate

Tasting your ripened fig

You know this could be big

I was thinking of you

Sat alone at your screen

You could use a foot massage

Toes sucked clean

Do your shoulders need a rub

After toiling like a machine?

I could soap you in the tub

Scented candles set the scene

There's an ache in your back
I could put you back on track
Caressing your spine

Oh my, that would feel fine

I'm not in the closet
I'll be in your larder
Tell me, do you fancy
Some hows your father?

I like a fruit cocktail

My ministrations could not fail

Peel you just like a banana

Ripe cherries, take you as I find ya

Add a little cream

Feeling fruity, it's a dream

Madame de Pompadour

Kissing lady finger

Biscuit to the bite

Retire into the boudoir

With its hidden sights

The mistress of the house Poise of elegance

The key to secret chambers

Where she practices her dance

Jewellery and her makeup

Trinkets in a musical box

Conditioner for body

Of her raven locks

At her dressing table

Mirror reflects her suite

Skirts tried in the bower

The closets tastes so sweet

Stretched on the chaise lounge
A glimpse of stocking feet
Trying on her shoes
Reclining in curved seat
Embroidered stitch in time
Cushioned femininity sublime

Rococo to her style

Painting nails so manicured

Perchance to scratch the back

Of suitors courtly to the demure
Those who come to worship
At her temples door
All those that venerate
Madame de Pompadour

The private thoughts of ladies
Hide behind those painted smiles
And all who seek her lips
Must go the extra mile
Dangerous liaisons
To linger but awhile

Up Pompei

Final hours of Pompei
Pumice fills the sky
Fiery gas to breath
The pyroclastic surge

The gods of Rome How angered

By freemen as the slave All buried by the ash

Flash burn

As to carbon turns

The screaming mothers mouths

Babes froze black in their stiff arms

Mount explodes, shakes earth
With its fatal shout
Death in the irruption
No one left to talk about

Pliny upon the sea

Turning boat around

Seeking to save brothers

Boiling sea in which he drowned

Tragic in the preservation

The captives caught in life

That the fires consumed

All hope petrified in strife

Destruction in the wake

Deadly peak struck like a knife

Red rain

From black sky

Those early to the escape

Survivors exodus

A mountain billows fire

Quake before Vesuvius

Lonely

Loneliness

Can you save me?

Comfort solitude

Fulfil me

I'd surrender

To just one thing

Warm arms

Which to surround me

Freedom from commitment

Open hearts

In liberty

But how you could crown me
Lips soft
Integrity

Romance just a fancy
A flight on wounded wings
Raising you up
With every compliment to sing
On the pedestal
Of my hopes
Ever seeking
To lift your smile

Loneliness
Like treading water
Afloat
But sinking heart
How I long
For the fresh pools
To drown
Within those eyes

Comfort solitude

In the surrender
A fragile heart to save
Dreaming of one thing
Reclined in the bed
You make
Turning to the mirror
A lonesome tear
Of fate

Rubber glove

A blue rubber glove

Hand squeezed by a stranger

Cold comfort now

Face concealed by a mask

No smiles of reassurance
Muffled voices as if afar
No good news on horizon
As lungs are filling up

Some offer hollow prayer

Some try to count the cost

Statistics only numbers

Each a human loss

Political allegiances

Furloughed by the boss

Families on reduced wages

Economists talk of another loss

Systems take the strain

No tables in the coffee shop

A blue rubber glove

Cold comfort for protection

Faces veiled by masks

A hand squeezed for the lost

Is there anyone to blame

To sanction for the cost?

Economic warfare

Bow down to the boss

Politicians form allegiance

Beneath a nations flag

But stop to ask the question

Why so many body bags?

Longship

Long ships
Dragons of the sea
Square sails with a breath
To conquer every wave

Eighty oars abreast

Shield bearers to protect

Timbers beneath feet

Armoured warriors taking flight

Swords and axe to raid

Routes sailed to trade

The steersman takes his oar

Castle-men at the prow

The keel from aft to front

Backbone like a whale

The plaining of the hull

Cutting the surface of the sea

Clinker to the build

Nailed as one form

Sixty feet and more

The slender curve of saga wrote

Figure head at the prow
Dragons bare their teeth
Flying to horizon
On their raven wings
Vikings in their longship
With an oar to grip

Bring it on

Bring it on

Have you heard the name

Of the latest band?

Cash cow

And the magic money tree

I can think of better investments
With higher assured returns
People buy flats

And need potato's

Rags to riches?

Who'll win the fame game?

Holes in your pockets

Publicists are a drain

I can't afford a mixer

Let alone pro tools

Sold on the dream

How many are fools?

I'll bring it on small

If you give me a hundred grand

But then again with that money

I might have other plans

Buy me a ticket

Anywhere but here

I've been doing my sums

It's looking dear

Over night sensation

It's the latest thing

Rags to riches

Can you bring it on?

Just another lyric

Going for a song

I live in the real world

No ones fantasy

Good sports

We don't believe you

Everything's ok

We've built a just society

Everything will go your way

Of course there's a few problems
But we've created great supports
When you queue at the dole
By the weekend there'll be sport

We've scored a goal for sure

Talk about your feelings down the pub

If you can't get up in the morning

We'll pump you full of psychiatric drugs

Everything just fine

And life's a bed of roses

Bow down to the tops

They never look down their noses

We don't believe those who complain

Society is the best it's ever been

There's no culture of denial

No one thinks there's so much abuse

Coming up roses for the blinkered

You may well ask just what's the use?

Small nobs

The smaller of country

Yet the higher death toll

The big nobs wanted a cull

Put the wasters in a hole

At least it's not brexit
Taking over the TV

They've hacked into your skype Wonder what we'll see?

There's plenty of excuses
Why the economy is trashed
Ask the ones in charge
Where all the money's stashed?

I've got shares in undertakers
The profit on the rise
As we sell the finest plots
In another grave they lie

It's all a bloody mess

As we face a dark depression

One things for sure

We'll not have seen as bad a recession

The smaller of country

Higher of death toll

Did we really need a cull

To protect the big nobs roles?

Second peak is coming

Herd immunity, feed the polls

Divided

The middle classes have all the money
That's the way it's always been
Their puppets sit in parliament
There is no other scene

Where is all the power
Who's pulling all the strings?
A divided society
See what advantage brings

They want us to bow down

Your children taught to serve

If they get a big idea

They'll just get a body swerve

Money does not need intelligence

No requirement of moral integrity

Emotional stability?

That's more for the likes of you and me

The privileged few
Sitting up on high
The crumbs from their table
One deal, and it's goodbye

They don't want us to question

Blindly to follow authority

Things as bad as you could assume

A divided society

They'll steal every idea

From the melting pot

As to the ones that have them

They'll soon be long forgot

There's a glass ceiling

Over all our heads

Serve your rightful masters

Till the day that you are dead

The rich do rather well

At keeping the rest of us poor
There's one route to the top
And for us it's a closed door
The ones that make us homeless
The ones that rob us of our dreams
Those in the four wheel drives
It's enough to make you scream

Petrol heads

The presidential cavalcade
Limousines in line
Black gold economics
Feeds on the blood of wars

Oil barons count on profits
Sinking wells into the sands
Forever in the pipeline
With their toxic wealth

Exhaust fumes for a perfume

Low clouded skies of smog

The scent of global warming

Engine of the hog

Greasers raise a rally

To show off what they've got

Banking corners of race tracks

But something's been forgot

Ecologically unsound

The wheels go round and round

Carbon emissions in the dark

Carburettor battery sparks

They all could go electric

Clean energy for the ozone hole

But selfishness and greed

Are where they sell their souls

Oil spill tankers

Lost to the waves

Dead birds in the slick

All due to one cause, the motorcar addicts

Childhood fears of devastation

Environmental fight

Still the petrol smoke

Combusts through a dark night

People watching

Looking at me
Looking at you
Looking at me
What is it that you think
That I must see?

I could be a pervert

Looking at all the kids

Schoolgirls at the bus stop

Depravity never ends

Can you get inside my head?

It might flip your lid

I might just be thinking
There's some bloody kids
But you seem to predict
I've dark secrets hid

I might be a super spy
Live and let die
Forever listening in
Is that some kind of sin?
Sow misinformation
Careless talk costs lives

Looking and you

Looking at me

Looking at you

Start a conversation

Why people are looking on quite free

You know it's rude to stare

You think I strip you with my eyes

Down to the underwear

Actually no, is that a surprise

Sowing rumours all around

I guess you must be paranoid

Any peep worthwhile
Hides behind lace curtains

If you think I give a toss
You're going for a burton
People watching may be fun
But mostly it's just blurred motion in the street
I'm not even looking
At what you wear upon your feet.

Rainbows

I don't believe in miracles
But you
Make me wish upon
The rainbows end
A pot of gold
Within your smile
And diamonds for your eyes

I don't have much faith
In anything
But I place my fragile hopes
On one thing
Unicorns dancing in the clouds
Living for the myth

With golden horns
Manes to crown

I don't believe much anything
But that butterflies
Spreading their wings
Can cause ripples
On the lakesides edge
And so too
Two hearts may fly

I don't believe in fairy tales
Yet beasts find beauty too
A frozen rose
Brought to blushing life
And so cheeks
Flush red with a warmth
When I think of you

When all you can believe in

Is yourself

A hope grows in the breast

That you can believe another's heart

So too

Beats true within the chest
And in that hope
Of something to believe
Know of a love
And be blessed

Slavery

Skivers and thrivers

Are there any survivors?

Sink or swim

Only rich men win

Battle of the fittest
Social Darwinism
Libertarians
Don't want to pay
For a safety net
Selfishness all we get

The greed of the few
No citizens rights

Universal basic income
The modern slaves fight

They deal in illusions

Declare we are free

But it's back to the grindstone

Masks of servility

Can anyone tell me

Which way's liberty?

The disempowered

Red tape seals tight

The chains for Prometheus

Reaching for the light

They try to confound us
Strip us of our rights
Civil liberty
The modern slaves fight
Fists raised for freedom
Rage in plain sight
The system is wrong
So too liberty strong

Chief

I don't wanna work

For the man no more

I don't want to graft

All day

They Don't care what I think

Or what I feel

Sometime I'm gonna

Get my say

I don't want to serve
The great white chief
They're never gonna raise
My pay
Stealing every hour
Like a silent thief
Sometime this dog'll
Have his day

I don't wanna work

For that man no more

It's a crime
That never pays
Every time I talk of my rights
He keeps getting in my way

Work ethics

May seem fine to some

Brighter future

This way to come

But they drive me insane

With their demands

I want to have

A better day

I don't wanna work

For the man no more

He never listens to my rights

I don't wanna serve

For a rich mans crumbs

They seem to think

That I'm just scum

Working every day

The good lord sends

I'll get my reward

Come the end

In heaven the poor folk

Don't have to serve

One day I'll realise

My worth.

I don't wanna work

For the man no more

Sits on high

Judging all I do and say

I don't wanna kiss arse no more

Raise a fist to the

Great white chief

He don't care

If I live or die

Doesn't hear

The tears I cry

Connect

Twelfth week without you

Time stretches

What can I do?

Unstable

That's what I'm thinking now

When will it end

I ask you how?

Funeral hearses

Lonely graves

No mourners there

No final wave

Social distance

No fond fair-wells

This is a moment

That's hard to sell

Reconnecting

Across the silent void

Fragile feelings

I try to avoid

No one there

Just absent longings

No real sense

Of my belonging

I sit and watch
An empty screen
Skype switched off
The latest scene
Cue line waiting
For the prompt
Awaiting calls
Empty wants

I want to order fresh flowers
In a bunch
They live and bloom
The senses touch
Fragrance of life
Within their pollen
The wilting speaks
Of our tomorrow

12 weeks in lock down
No way to spread
Fond thoughts around

A growing dread

A dark malaise

That haunts my head

That's all we've got

The hope lies dead

Close

The ones we hold the closest

Make wounds deeper just the same

Buried feelings rooted earth

Wondering where the conflict came

Those that are the dearest

All have the greatest cost

And we're the ones who pay

For sweet moments lost

When you approach near

And I shed my lonely tears

That's when I want to push away

And die to your arms another day

Those in veneration

Those who can reach the depths

Of a heart for ever wounded

A skipped beat within the chest

The ones we let the closest

Are the ones who hurt the most

It's the price we pay

Intimacy can be the worst

To hold another dearly

Perhaps to never count the cost

Do we see it all too late

When the moment's lost

Life is experienced

There's no master plan

Take it as you find it

We Do only what we can

Gravity

Gravity
Like the pull

Of longed for
Lovers arms
Embracing
Lonely hearts

Friction

Fearing to be burned

A close scrape

Conflicts skin

So torn

By triangle so sharp

Inertia

Plumped pillows

Soft for your head

A duvet where to dive

To dream in peace

Of comfortable lives

Heavy hearts
When someone's wronged
Not quite the hope
For which I long

Space between
An empty void
Volume displaced
A sunken stone

Open relationships
Like comforts arms
To hold the heart
Keep safe from harm
Forces of nature
No need to be alarmed

Pulling at the chest
A dream of love
Where all are blessed
But still a hunger
I must confess
Gravitas
Where I fell for you

Examined

A path that goes nowhere

The method that we tread

Covering up the journeys end

Meaning lost in death

Constant negotiation

Trying to firmly grasp

The contingent forms

That erupt before our eyes

Instant gratification
Avoidant of the now
Anxiety suppressed
Sure of dogmas lie

Responsibility

Taking care of others needs

To know and be known

Ethics hard to live

The unexamined life

Consumers buy a dream

Illusionary satisfaction

Directions where we lean

Self fulfilled by what we buy
Still the poor starved child
Capitalism's ethics
Abandons others to the wild
Exploited like the cow
That ends as roasted beef
Can we apply ideals
Reducing suffering
Forever cursed by lack of answers
Common senses thief
Culinary philosophy
So why not eat the rich?

Pleasure

Creature comforts

You can please yourself

Pampering

It's good for your health

Essential oils

The added scent
Self satisfied
No sin repent

The good life

For what it's worth

Gourmet dinning

Fruits of the earth

Classical music

Fills the room

Simple pleasures

Always end too soon

Sensual world

In which we live

A touch of massage

Contentment gives

Dancing lights
That set the mood
Ease suffering
For our own good

Never forget

Those times of woe

But creature comforts

The simple pleasures sow

Care

Maternal care

Compassion for those in need

Flee state of nature

Rejected greed

The aged to welfare

Second childhood comes

Disabled folk,

More could be done

What provision ?

Dignity for all, not some

Health, integrity

Needs support

The nanny state

Not as bad as they taught

Society of nurture

Linked by love

The greatest good for all

Nothing could be enough

A social contract

Of inclusion

Sisters, brothers
On which to lean
Ethical truth
Needs to be seen

Protective with loving arms

Keep the needy free from harm

Maternal comforts

For one and all

Social security

As much as we can afford

Drained

Vampires after dark

Red rose masquerade

Howling in the park

Wolves the nightmares raid

Drained of energy

In betrayals kiss

Feeding on the hope

So much seems amiss

Dark wings of the bat

Screeches homing in

Echo to locate

Creatures of the night to sing

Consuming of the flesh
Bloodlust in a bite
Shooting in the dark
Vale of the light

Marriage with the dead
Fears within your head
Wounding of the neck
Morning to awake

Spilled wine

The cursed chalice

Hunger

For eternal life

Energy ebbs low

Drained of inspiration

Creatures of the night

Sweet music of affliction

Suspect

The subdefugge

A hidden smile

Secrets to unearth

All the whilst

The first mistake

Never taken at face value

Analysis

Lends to interpretation

Feigning friendship

A promising touch
Never fulfilled
I don't ask much

Magnifying glass

To scrutinise

Around in a circle

Knotted lies

And so it grows tired
No real progress
When all you sought
Falsely confessed

Played like a patsy
An old role
Suspicions suspect
Take there toll
Reel in a catch
Or so you thought
Positive attention
Mirroring
Not much left

Of which to sing

Machine heads

Still fighting the machine

No real respect for law

It's those who rebel the most

That they want to force under the knee

Bend me, shape me

A hook to reel me in

But once you got your catch

All you do is throw me all away

Team players

The ones who regard the police

Forces of order

Cameras recognition in the crowd

Infamy clutched you
They can pick you out
See you move around
Pushing the boundaries

Of just what they say
Is to be allowed

They divide us up

Categorise

Labels mixed without sound

Find another issue

To make us all

Stand out

Accidental terrorists

Criminals without a crime

Left out in the cold

Forever stood in line

They've got a team for that
And they're not on your side
Filters feed misinformation
The river running wide
Can you talk about it
On social media?
Only if they allow

Points failure

The traffic lights

Forever stuck on red

It's always stop

And never go

Train wrecks

Off the straight tracks again

Points failure

Always leaves upon the line

Stationary traveller

Alighting at Berlin

Break down cover

Legal insurance

No claims bonus

Parked on the yellow lines

Moved along
Stuck in second gear
Glossing over
Where the cracks show through

Grand designs

The rear view mirror

Do we swallow

All we're fed?

Tag teamed

Into submission

Compliance

With their authorship

Considering escape

But there's no exit

The strategy forlorn

Like the moths

To fated flame

Try a new opening

Observing their responses

And after all's said and done

Things just stay the same

Hit

Don't give a shit

Don't care who I hit

Bloods the only ink I got

And you're the page on which it's writ

Don't care about anything
Don't want to fit in
You're the ones excluding
Just your rubbish for the bin

I heard you have us labelled

Keeping at arms length

If anything goes wrong

You've tarred us with that brush

Civil rights boundaries

The shackles of control

You've got the best technology

And it gets worse each day

Paranoid society

Cast in the role of other

Keep us isolated

No one to call us brother

They don't give a shit
You're the ones that they hit
Bloods the only ink they've got
And you're the page on which it's writ
One day your words come back
To haunt you
Self fulfilling
Prophecy

Bound to conform

Bound desires

Conformity

To the whip

Submissions trembling lip

Bite of the rope
A burning kiss
Blinkered eye
Releases sighs

Blush from the hand

Warming the cheek
A lonely tear
Sobs none can hear

Lasso of truth

The lie detector

Conform to the will

Of the director

Dripping wax

To heat the flesh

Anticipation

In caught breath

A touch of ice

To raise a shiver

Trembling lip

All a quiver

The creek of leather

Bound to conform

Comforted by silk

The skin to warm

The pain of love
A heart forlorn

History lessons

Revisionist history

It's always been that way

Choosing the narrative

To raise up the nations flag

Values to uphold

Those who make a stand

Rebels also serve

The blood soaked land

Poppy for the memory
White cliffs
Dover sole
Clouded blue recollects
Spitfires over London skies

Guns that are now silenced Fond farewells in a salute

We'll meet again
Don't know where
Don't know when

Statues for the fallen
Houston we have a problem
Fists that cry freedom
Terrors to resist

The spoils to the victors

Fortunes of war

Ours was a civil conflict

Did they have to take from us

Quite so much?

Fires that still smoulder

Candles never to burn out

They don't talk about it

A howl and a shout

Chorus of disapproval

How they didn't leave us nowt

Radicals

Systemic inequality
Institutional abuse
The call for change
Some say what's the use?

Statues of slavers

Chains wrought of bronze

Insults to the many

Of who they had wronged

Gradual reform

Or radical response

Still you can't get that job

And they fill their jails with 'that lot'.

History shows

The middle must give

It's the only way

We can live and let live

Civil rights much broader

Than the colour of skin

The poor and the hungry

The rich mans sin

Militarisation

Police an occupying force

Tooled up for a fight

Slave ships on course

Protect and serve

No one wants more crime

But calling for change

It's about that time

The whispering wind

That gives us a sign

Whatchamacallit?

I don't know what to call this
All I know is that I feel it
Sinking in my chest
Wish I said nothing
Why'd I confess?
Like the razor cuts white lines
All I can say is that's just fine

But when I'm starring at the blade
And it's left me all but insane
Fears of slicing at the flesh
There's reasons I can't take it
Thank you kindly
It's for the best

I don't know what this is

But I think there's something that I missed

Someone changed the board

And my pieces ain't in position

It's you I want to mate

Could frustration turn to hate?

You say you listen

I don't feel heard

A conversation on three words

I try hard to pretend

But I can't take it at the end

Loosing the fantasy

For cold shit reality

Counting out the time

Compelled by the next rhyme

It's not that it don't mean a thing
Do you believe everything's a sin?
Struggling with my sentence
The next verse could be worse
I'm bleeding for some mercy
Keep running from the hearse
Like a prisoner in a cell
A heart in satin grave
The choices that you make
Smiles painting on to fake
I don't know what to call this
But I feel it just the same

I'm coming up for air

Three times down

Hand reaching for the light

Jump start the engine once again

There could be need to resuscitate

Did I tell you how I nearly died?

How low self esteem can drag you down

As sure as the undertow

And icy waters await below

There's no fuel in my lighter

The zippo wick that burned out low

Could be like snuffing out the candle

The heats too hot to handle

I wouldn't get too far

They got me one step away

From clutching their cold bars

They took away my choice

And that's a long time ago

There's no hope it's coming back

I don't know what to call it

But I've feelings just the same

Inured

Do you enjoy a life well lived?

Or do you wait for something to give?

Some folk will make things hard

Just to show you they are tough

There are those who give you hell

To cover up just how they fell

What do you think they're looking at

Hasn't it got a label?

Some say life's not a struggle

Perhaps they're in a muddle

Every choice leads to anxiety

Every move could loose you dignity

Some people do what they're told

Dogmas morals looking old

So ashamed the slaves to sin

I wouldn't even know where to begin

Some have privilege for a start

No real battle , always given a good part

But to those of us challenged to survive

They keep sharpening their knives

Is it a joy to be alive?

We're not coming from the same place

What they gave you on a plate

All I saw was their disgrace

Life is often just endured

No real rights for the injured

Different strokes

Old grievances

Pains in the neck

And hard luck

Bend the rules a bit

The authorities suck

Quiet riots

Anarchy descends

Rebels against order

But with what end?

The harder you fight

The further you fall

Can't sit on the fence

Still can't answer the call

It's a matter of balance
A tightrope to walk
Recall the trapeze
That's when you want to get caught

Lawless without aim

No ones set to gain

But a little oil in the works

Won't make you look berks

At the end of the day

Systems are just that

It's down to the people

Who keep it under their hat

No need for the lash

Or cold iron bars

Give a little rope

Just the smallest of strokes

In China the government ruthlessly controls social media and web searches to suppress political dissidents. This includes the filtering and deletion of mention of political lobbyists or influencers. Likewise data is collected from all web searches by a user to try to profile them and to adjust the data flow available to them to try to whip them into support of Government policy. If you were feeling suicidal and went to a prevention site you would most likely be chatting to an agent of the local government or an automated bot to gather data about you resulting in state interference rather than support. The same applies to minority sexual orientations not supported

by the state. This can create invisible victims of authoritarian control. Buy too much pizza and the over eating police will get you. Remember the film Brazil! Military grade AI is used to monitor for political disidnce and to supress it's impact without actual crime by the disident. Drink coffee, eat pizza! Dissident political groups are created by the state to catch out dissident individuals and whip them to comply with the state machinary.

Can't breath

Government lockdown

Can anybody breath

Turn on the purifier

Only communicate with blood

A nations flag

Symbol of oppression

State control

They use any mechanism

Providers sell out

Have you seen the state of the budget?

Faith in social care

You might as well just kick the bucket

Sing the national anthem

Show you've got some pride

Conservative values

To take you for a ride

Pretend it's just a role

Accuse of conspiracy

All to keep the workers

Thinking they are truly free

How's the human rights record

What is it you can't see?

Educate against extremism

Counter balance from the middle

Up or down on their see saw

Obscure the truth like riddles

Ban the ones who take a stand

Pretend you just don't understand

Bake a cake of the Union Jack

Illusions that just plain won't come back

Pride?

Do you fit the categories ?

Put you in a box

A tic from the pen

The census makes a lock

Chained by their labels

Is who you slept with

Who you are?

Find a seat in their bar

Sentenced to division

Outcasts form a club

Specialist attentions

Keep you out there in the cold

Have you not come out yet?

That stories getting old

30 years of therapy

Still you're on your own

You pay their bloody fees

You'd think you'd have a right to moan

I don't want to be defined

By who I fuck

It's nobody else's business

But in that I'm out of luck

Welcome to the community

Shame it really sucks

At least you've been queer bashed

It doesn't really shock

Not quite straight enough

For good Christian family

But you're not of that gay lot

Inexperienced, never really happening

Forever the excluded

Surprised I've not been shot

They monitor my email

Loves all but been forgot

Search the classifieds

A preference on a dating site

But hang on they've got filters

That keep you out of sight

Pay a prostitute

Do they get a sick day for a rest?

You might question the ethics At least the contracts honest

Haven't you got pride?

I got attacked the last time that I went
Didn't like being a rent boy
Or the time that I got raped
Sexuality abused in childhood
Don't want to be a daddies pet
Some folk seem to have a problem
Dealing with the facts
I don't want a label
And the days of youth's not coming back

Power windows

The power windows

That feed our minds

Returning themes

Misread signs

Promote a hero
Strip down a fool

Put in the rebels
Protect old school

Body snatchers

Seize our thoughts

Many tentacles

By which we're caught

A little nudge

Grease of the palm

The rich and powerful

Cause easy harm

Watch causes snowball

See truth obscured

They caution our footfall

Anger abjure

We're all together
In this bloody mess
So many controls
Mistrusted, I must confess
Still the power windows

Our thoughts redress

White cliffs of Dover

Tears from the elderly

You know they're worth more

Fortified by their journey

And all that they saw

A drop of warm water

Memories clear

Wept fond farewells

Of all they hold dear

The white cliffs of Dover

Never will look quite the same

For we sense what is over

Feel the change in the rain

Tears of the elder
What do they recall?
Hearts that beat warmly
You know they've seen it all

Mere speculation

A change in the weather

Some know fond goodbyes

Can linger forever

The forces sweetheart

Just who sang along

How many now recall

The words of her song

Watching tears fall

From the eyes of the elder

A tissues moist flower

The stairway to heaven

A nation to mourning
Behind deaths veil
Who cannot see
The lily so pale?

White cliffs of Dover
Never to look the same

What words could express
When you see that it's all over?

Cold

A heart that's frozen
The walls close in
Cold comforts
When you cannot win

Mental shackles

Emotional bars

Snakes and ladders

When I'd come so far

Padded cells

Mirror glass

Tread on egg shells

Tests to pass

There are those who say
You'll never win
Put you in a box

For another's sin

Why should I do
As others say?
Nothing to gain
Living that way

Fall on deaf ears

The doctors chair

They sell prescriptions

Judgements unfair

Do I really need to ask permission

To stand alone

Free of their fictions?

Living the lie

That another penned

In tribunal

Seeking the labels end

Authenticity seeks an out

Do you think I really lack insight?

Some people seek to disempower

Not so unsure of what it's all about

The Filth

Does stop and search

Require probable cause?

At least you got a warrant

When you smashed up my gear

And ruined all my clothes

Did you get big ideas

From how to make a murderer

Whilst stealing my home

And all along

Just wasting my time?

Is it due practice

To make the victim destitute?

When I complained to the iPCC

You said I had the mind of a child

And saught through mispractice

With mental health to defile.

Was it just harassment

When a van full of your filth
Beat me up in the street
Without any sign of crime
How a vulnerable person
Was left alone in your cells.

When I gave the victim statement
On childhood sexual abuse
You said you got off
On the things that I shared
Investigated me and not the perps
Invasion of privacy
Trying to undermine with some dirt

You had a deal with the media
To undermine survivors
And discredit the cause
All to prove you have the power
You dont get much applause.

How did I end up drugged
In plain sight of the law?
6 times homeless

Consequences for years

Is it normal to have a human rights case

Followed by terrorism charges?

If you complain then they shaft you Enemy of the state

The filfth taught me the meaning

Of what it is to hate.

Flutist

To play upon your flute
With a rhythmic grip
Blow gentle melody
The breath on the warm lips

Where light through window breaks

Awaken on soft pillows

Lost in a sonatas

Moonlights memory

The curve of your cheek
Nestled in the hand

Perhaps to play once more
With hair of promised land

Raising to the lips

The flutists lithe touch

Fingers softly grip

I dream of this so much

To dive beneath the sheets

Breathing musky airs

Sure this will repeat

Tasting of your wares

Rising with each stroke
The lightest of caress
Playing on the flute
The Rhythm to express

Forgive?

The cowards salute

Let them do it again

Afraid to pass judgement

Restitution is when?

Frail forgiveness

An insult to the wronged

Turning the other cheek

Vengeance is for the strong

Pale platitudes

Appeals of the guilty

No time for redemption

Hells shackles no mystery

Dragging them down

Bound for the pit

Wailing for mercy

Their cry full of it

Forgiveness to pardon

Letting them off the hook

Rather the lash

Damned names judgements book

The mild as the meek

The credo of the weak

Cowards and sheep
Fleeced spineless yellow
Judgement comes with a sword
Pounds of flesh
No peace only war
Rages light
Funeral pyre
A blight on the guilty
Stand by the law
Face up to the fires

Who Farted?

They said that I had farted
I assuredly had not
They said there's one way to tell
Stick a finger up your bot
I teased it with a digit
It was feeling hot
The smell lingered on the tip
I guess a quiet shot
Some farts are like cannon fire

Ripping cheeks apart

Thunder from below

But it seems that mine are not

Silent and deadly

Once savoured

Not forgot

Farts can be contentious

Point of order

Rule of law

Asked to judge the verdict

Mine beg for an encore

Farts (alternate ending)

They said that I had farted
I assuredly had not
They said there's one way to tell
Stick a finger up your bot

I teased it with a digit

It was feeling hot

The smell lingered on the tip

I guess a quiet shot

Some farts are like cannon fire
Ripping cheeks apart
Thunder from below
But it seems that mine are not
Silent and deadly
Once savoured
Not forgot

Some must know who farted

Who the cheeks that parted?

Farts can be contentious

Point of order

Rule of law

Asked to judge the verdict

Mine so gently beg your leave

Bouquet to linger on the nose

Appealing for release

Rooms

Life like a mansion
It's many rooms

Alive with each guest Some depart too soon

Life's many rooms

A brass knocker at the door

Greetings reception

Polished floors

In the kitchen
The scullery maid
Heat of the hearth
Where bread is made

Smell of yeast to the dough
As loaves rise
Their Golden brown
Magic to the eyes

The sound of the laundry

Going round and round

Cleansing soap

Machine vibrates struggling aloud

Life is a mansion

The bedroom favoured

Where sweets are tasted

With sighs to savour

I recall the staircase
Watching you rise
The curve of hip
Shape of your thighs
Go kindly on my dreams
Such moments few to me it seems

Cobwebs in the attic

Dusty recollection in the shade

Fading photography

Things of which a life is made

The heart sinking

At the closing door

Wondering of the room

Where my hopes soared

Life like a mansion

Guests fondly parting
And finally
Ever coming far too soon
We all come to rest
The memory it's garden
Its flowers blooming
For our empty tombs

Uncles

Perfect alibi
Or so you thought
How many years for you to prepare
During my childhood that you stole

Some call it attempted murder of the soul

I wouldn't put it past you

After all there was the fall

And Humpty Dumpty didn't say it all

Poisoned meals, the toxins slow Vengeance on your wife's father Two wrongs almost make a right Except you were just as bad come the night
You had to have your way
The drinks you spiked

You headed off the Indians at the pass
Invested in my escape routes
Infected their ideology
Just greasing palms, you didn't give a hoot
Minty chocolate chip ice cream
Your sexual preferences in plain sight

You always offered bribes

The police retirement fund

I think you even got away with murder

But I can never prove it

I'm even living in the area

That gave you the key

A polymath to some

Always the eclectic

A dominant director

Some tortures electric

I remember the flicking fingers at my eyes

You laughed how it would desensitise

Every one has a price

The web of your lies

Frogs into princes

A new age cover up

In bed with the supports

An existential fuck up

Ever wanting an iron in each fire

Iron John, stollen wills on which to retire

Just what does it mean

This 'organised' crime

What's your poison

Powdering their nose

Grand designs for the net
Trawling for little fish

Just a guilt trip that they get

Bait for blackmail

Force the next generation to comply

They had a plan for that

Before it hit your homes

Try to get the hook in

The shamed to their silence

Blame the architects

This judgements final

No more Innocent parties

Or do you thought

You said it would entrap

More of your crap

I was just another childhood polaroid

For their machine

You cast a long shadow

An oh so social psychopath

People look the other way

Who's this then , in on the deal

You liked to form connections

For your chain

'Such a very good fellow'

Paedophilic just the same

Yesterday's news

Discarded narratives

Like last nights evening edition news

Photos framed for a hook

Hack journalism set to confuse

The paper boys fingers

Blackened by ink

Smearing the letter box

With guilty identification prints

The latest story

A scandal to scoop

Themes keep returning

Life stuck in a loop

Paparazzi flash

A poses latest vogue

Locked and loaded

Lenses set to shoot

Points of view

Fading to grey

Folded on the train carriage

Memory discards away

Temporary distractions

Half digested facts

Divided in columns

Moments won't come back

Discarded narratives
The point that we loose
So many words
Wasting away
A forgotten edit
Yesterday's news

The message

Is the art of conversation dead?

You scan your phone

Something else in your head

Multitasking not the same

I want your full attention

Not a cluttered brain

You're always replying to some texts

Don't you know , it drives me insane

I mention a topic

You do not know

Straight to Wikipedia

That's where you go

I listen as you recite some facts

But the moments not coming back

You could of asked me a question

But of course instead

With a stream of data

Is all I'm fed

You think that's a sext
Another horizontal line
Leeds to your bed
On your back
Like the living dead
I want someone to talk to
Think of other subjects instead

You say that you're connected

But you're always in another place

I guess you're going to feel rejected

If I say from technology I need some space
All you ever talk about is what's on your screen
Shallow waters in which you swim
The selfie you took last week
Or the latest video that you streamed
You only communicate one thing
As you await for your phone to ring

My words don't ever seem to reach through
As you answer every text that they send to you
Do you ever stop to talk?
Taking a quiet walk
You don't even look me in the eye
As I'm saying a last goodbye
This is my message and it means one thing
Why don't you switch off that fucking thing?

Devils advocate

Free speech in decline

Censors tame our thoughts

No room to disagree

Trading in extremes

The right to offend

And to be offended

Calling a cease fire

Where the flame wars ended

Provocative remarks
Rekindling the sparks
Embers in the ash
Where argument rages

Give the devil his due

No voice should be oppressed

Liberty to defend

The right to contradict

Prejudice is not just a word

It's a bloody attitude

You can't control the way some think

Give them rope, then they'll sink

The light of discourse

Exposes falsehoods shadows

Only in dialogue

Are fault lines revealed

The right to disagree
With me as much as you
You cannot incite
What was not already there
If you want to catch out the devil
You must first be his biggest advocate

Dry clean only

The electric cool aid acid kid

Put them to the test

Is it just the way they dress?

How do they look after a fall?

Sent to the dry cleaners

Has it lost its shape?

Quality a quantity

All those days gone by

How did I stand up

To the time of trial?

They think we're idiots

Say the face don't fit

Take a look what's on the inside

Before judgements wrong decide

Just how do I tick?

Do you think that I am thick?

Don't confuse a route map

With the lived journey

You think decades of abstainance

Are but an idle boast

Platitudes to attitudes
You know it's empty words
The fooled and the faithful
Dogmas all we heard
Do you think that I can't take it?
Did I never suffer it at all?

Sent to the cleaners

And coming up for air

Still the squeaky clean

Perhaps I'll put colour in my hair
Don't conform to false expectation
Don't go living by their lies
There's those who'd bring you down
Who said that life was fare?

Rossetti

Refresh me with your lips return
Oasis in the dunes
Like so many mirages before
Parched mouth the pool to thirst

The sensual world

Felt with the stroke

Of trembling finger tips

Smoothing the fair cheeks

Living colour

Hair entwined

Suggestive poise
The virgin whores
Thrusting of the thought

Provoking false confessions

A portrait to the lack

Of loves sacred flame

With poppy sleep

Mop fevered brow

Still jealous of the touch

Sought through out my dreams

Ripe pomegranates

Flesh to glistening seed

The obelisk

Raising the stone

Erect the pedestal

Perch for sculpted form

Martyrs blood

To fraught wings of the dove

Her sweet body perfumed

Fair and firm

To nestle at the neck

Curvaceous to the bite

The altar of the passions

Where burns the candle flame

In the black

Suddenly I see

New land on the horizon

The promise to be free

Power in the rising

The sun fills up the sky

Dawning of new era

Now's the time to try

To break out from the chains

The waiting in the wings
Listening for the prompt
Evolving as we win
The right to take the floor

The hope of liberation

Heart beats in the chest

New realisation

Of the choice with which we're blessed

Growing in our freedom

The light of dreams may come

Celebrations reasons

The battles that we won

Raising of the fist
Where the spirit soars
All we ever wanted
Just a little more
Now I'm in the black
And there's no looking back

Crow Talk

They said it must be murder

Saw them talking to the crows

There beside the red barn

That's how the story goes

Some folks are scared of anything
A stranger in the town
Gets the tongues a wagging

They'll put anybody down

The face fits for the trial

And Kafka knew it would

When people get to judging

They'll say that ones got the look

False accusations

Some have got a grudge

The court rooms now in session

Who says you shouldn't judge?

Old crow he's a trickster

You can hear it in his laugh

The preacher wants them clean

Could use an acid bath

They left an amber turd

Right there in the bed

What's a man to do?

Wipe their arse with a clean sheet?

Make a phone call to the press men

Another flash in the pan that they'll repeat

They say it must be murder

Talking to the crows

The story of the red barn

Where the rumours sowed

There's danger in those eyes

The tensions sure to show

Character actor fit for a narrative

It's just the way it goes

Justice

You see there's sparse justice
For the poor
The rich and the powerful
Live above the law

Fit and upright
Or so they say
Redemption is something
You'll not see one day

There's those who take

From all our labours
Living their lies
Greased palms court favours

Inherit the world
With all its sins
Cards stacked against us
You just cant win

There's cell doors closed
On those who cannot.afford
Corruption of lawyers
No sign of the lord
One thing you'll discover
Everybody has a price

Fat cats grow richer
The games not fair
Compassionate hearts
Forever rare
Bow down to the power
Do what you're told
That's the story

Of the school teachers of old
You may live to question
The lies they sold

Synthesis

Journey into sound

Turn the knobs around

Playing of the keys

A techno symphony

Low frequency oscillating
Of filter resonance
Whistles like a laser
In the throb of trance

Beats that break the silence

Bass accents for the floor

Programming the leads

To punch through a little more

Shifting up an octave Arpeggio advance In concentric loops
Where the notes all dance

Voiced by oscillators

Modulation moves around

Adjustments to the envelope

Shaping the sound

Lost in synthesis

Doodle through the night

Trying to write a sequence

To sit within the track

Be sure to save your edits

Cos there's no turning back

Synthesis

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Pooh sticks

The Tao of pooh

An empty head

Of a little mind

Not so well read

Power of the small

Just like piglet

Squeeze through the holes

Of traps that they've set

Beware the honey
That's easily found
You could get stuck in
What goes around

Tiggers are bouncy

Till they get caught in a tree

There's a moral

To the story for all to see

Look out for rabbit
Who's telling porkers
Kanga in a pouch
Safe as wise owl

A little brain

Can go a long way

An empty mind

Doesn't care for what they all say

Playing pooh sticks

Atop the bridge

Forever trying to stay afloat

Beside the wild wild wood

If you find yourself
Stuck in a hole
Call on somebody else
A saviours role

What's the big idea

A bear of such little brain
On the look out for honey
The traps remain
A clean sheet
With much to gain
Always recall
The power of the small

Debt

Forever covetous

Perhaps too greedy

A life of want

Won't spare the needy

There's wrecked lives

Left out in the road

The rich mans crime

Compassion showed

There's knives they draw
Behind your back
Thieving hands

Make sure you'll lack

They'll lend you tomorrow
Sell out today
Leave you in debt
There is one way

Interest rates

Keep you on your toes

They're the ones who reap

Whilst others try to sow

Keeping up with the Joneses
Whilst they're looking down their noses
Russian roulette
Twice as fair
Shoot yourself in the foot
The rich don't care

Dreams

Dreams fade

Like the passing clouds

Melting with the sunlight
Of a summers sky

Like autumns chill

On the evening air

Hopes cool

Seasons we must come to bare

Winter comes

Even to those that are dear to the light

All turns to grey

Facing the longest night

Joys brief
Like fleeting glimpses to be fulfilled
We try to hold on
But candle flames will burn out still

Waxen tears

Melting like the frozen heart

Deaths grip

Ever seeks life from the start

Dreams fade

Like the passing clouds

Recall the heart beat

The rhythm playing loud

Flushed cheeks

The memories kiss that they allowed

Slow suicide

Suicide for the masses

The entropy against life

Faced with the decay

Our historic decline

Rain forests shrinking

The end of many species

That arose from the primal soup

Earning the right to be

The reflection in the eyes

Of a mother chimpanzee

Looking on her infant

Suckling at the breast

Sensing an ending
Freedom of the wild
Mankind's long shadow
Blotting all else out

The fight for survival
The spark of consciousness
Ubiquity of indifference
Faith in all out greed
The road to extinction
Corporate path to death

Limited resources

That we mismanage

Bow down to the profit

In selling tomorrow out

Cutting down the trees

Destabilised habitat

The cry of chimpanzees

Whilst our fires are burning out

You

Sometimes it feels when my hope is sinking
That I don't have much of anything
But even as I'm thinking
I realise that I have you

Lonely nights in solitude

I spend with a blank sheet

Trying to tell you what I feel

How you make my heart miss a beat

The sun comes up within your smile

A new dawn for which I sit in wait

Colour painted across the sky

The breeze whispers of good fate

I searched the shadows for a sign
I looked everywhere to find
The thing that I was seeking
In the years that I was blind

There's a feel of gratitude
In just knowing you

All those futile searches

The tears from which I grew

Sometimes there's only darkness

A mind vexed by experience

But now a light shines on me

In knowing I have you

Sparks

Love in a silent way

So hard it seems to voice

Fumbling with expression

Somehow lost for choice

Cliches come

And cliches go

Shuffling words on cards

This is how it feels to me

Each phrase falls short

It's hard

When inspiration strikes me

Flowing from the heart

Spontaneous I weave a spell

I think of you

It starts

Like sparklers

On bonfire night

Ever trying to write your name

An excitement in the light

Like a guiding star

Traced across the dark nights sky

Signed within a heart

I launch just like a rocket

When I hear your voice

Ignition of the spirit

You always light my fuse

Feeling that I might burst apart

Streaking towards the moon

Love has many faces

Many seasons to the heart

I count my blessings where they're found

A feeling when we part

Ever ready to greet you once more

You must of seen it from the start

They ask me if it is enough

In humility I respond

I give you words of a song

That will not depart

Green glades

Jack in the green
willow the whisp
Where you walk amongst the trees
The spirits of the magic wood
Speak to me of distant dreams

Where a fairy godmother

Waives her star tipped wand

Sprinkling glitter golden

Across the path where tread your feet

You weave a spell With flowing hair

The rhythm of your hips
like the bee to honey
I thirst for flowers lips

Fond thoughts

Heart opening

Like the forest glade

Within I see you dancing

As I whisper words only for your ear

The breeze could cary tidings
Projections on the air
Where the sylph are hiding
The leaves adorn their hair

Cool drops of rain

On a summers day

Fingers softly drumming

On the window pane

Calling to spirits in the wood

Where they know our names

Heralds of seasons rising up

To greet you with a truth to say

Leads

Plundered from your iCloud

Schedule tells them your next move

They'll create a situation

To try to draw you out

Even when you're legal

They want to question your accounts

Move a little money

They're the ones that spread the doubts

Back doors you'd think illegal
No warrant that they've signed
Man of their suspicions
See how they're act is timed

They'll fabricate a problem

To put you under the magnifying glass

Co-opted like they're undercover

All they want is the price from selling out your arse

The mailman always delivers

There's another side to his role

The priesthood ever listens

For a lead to sell your soul

Sitting on the line when you make the call
Another interview
Are you really that big a fool?
On the lookout for any dirt
A stickler to every rule
They're lurking in the net
To try to catch out the fatal cool
They've got your router
And it's address
Tell me is it a goal?
And which one calls the press?

Rigidity

False positivity

Just plain don't want to feel

Emotional rigidity

It's time to get bloody real

Swept beneath the carpet
Hiding fragility
Time to face the light
Show some agility

Acceptance of our feelings
Sign of resilience
Living authenticity
The rhythm of life's dance

Heart monitor on a screen
The peaks go up and down
Riding on the waves
Flat linings under ground

Surfing on the crest

Fluidly to flow

Life an oscillation

Undulations how it goes

Pushing down our pain
Suppressing all our fears

You're judging it as sin
My grief you cannot hear
We all one day will die
Courage shows a tear

See me

Spontaneity

Creativity

Integrity

Authenticity

Agility

Being me

Don't go with your rigidity.

Bloody sacrifice

Don't want to be a christian

A thing most vile in humility

Don't want the yoke of religion

To put it's weight upon my back

Watch what they do

A nest of hypocrites

Their's the cult of sin

Original of guilt

Guided by delusions

From prayer to a god that simply isn't there

They call their way the truth

That their road is the one less traveled

Saying that they're free

Living by a lie

Where they're just like slaves

On their bended knee

Serving moral virtues

That don't live up to the world

Ethics we can derive ourselves

In our humanity

Living for the liberty

Of all in equality

Don't want to be a Christian
Believing in their foul book
Married in one body
Fighting their futile fight

Rigidity, control

Conformists to a role

False redemption

That is tragic

No one lives forever

Use that to motivate

In the final judgement

Their love leads to much hate

Life has no given meaning

Make of it what you will

No true north that guides us

Fond illusions idolising still

Not looking for a saviour

There's not that much that I've done wrong

It's not just that god isn't there
The ethos that they follow
Is to all unfair
Blind ideology
Dogma that is wrote
When I see their shackles

I want to tear the blinkers off
Ours a pagan nation
Make the sacrifice
A curse on all the churches
I'd rather slit the priesthood's
Bloody throat.

Addiction

Back in alcohol treatment

And that was only 30 years ago

Teaching me nothing about how to live

Let alone the nature of addiction

They said rely on peer support
When they didn't know how to do it too
Wreckage along the roadside
Not equipped for the long haul

They put the greatest of emphasis
On recovery being spiritual
A crutch worth nothing at all
Because they had no real answers

They defined as insanity

Anything that contradicts their ideology

Take stock in inventory

Repent of all your wrongs

Make amends to those you harmed

Redemption find through prayer

They've built a house of cards

From evangelical reform

All a load of lies

Nothing really there

Recovery takes big bollocks

You just have to bite the bullet

No need to be ashamed

It's no real sacrifice

Why am I still sober?

It's just a habit that I'm in

When I face emotional distress

I don't seek relief within a bottle

It's nothing to do with ego

Or a case of self will

If it were I'd be in the drink

Because I'm always up for a good riot

They make me an outsider

Because I don't do the things they say

You see their bloody programme

Just gets in the way

Success?

Contingency in reality

Too many factors to quantify

There's no magic formula

Can quarantee success in life

Some say it takes hard work

Only something like 13% of business really make it

All those investors

Those who grafted for a good idea

Over 40% of marriages

End up in the bin

Relationships might not be the answer

Can you depend on him?

They say all clouds

Have silver linings

If you question

Solutions will come

You may find life has more answers

From just bathing in the sun

Everyone wants rules

To get ahead in the game

So many claim authority

But a lot have shit for brains

Ask how many with a university degree

End up in debt, serving coffee?

Talent's no guarantee

Rags to riches fantasy

Of course if someone helps you

You may stand a sporting chance

Some gather in little groups

To claim that it's their strength

If it don't work out

They'll say you didn't go to their lengths

There's no magic formula

Much is contingent and takes some luck

The young all look to follow

Those who tell them they've got it made

They'll sell them an angle

You know they're on the take

Money is freedom

The power to success

Remember its not all your fault

If you get in a bloody mess

Offender?

Globalisation

Does it embrace all?

Liberal credentials

But must the extremes be forced to conform?

The censors burn books
Wreck reputations
Destroy followings

Isolate the offensive

The claim of pluralism

Whilst they exclude

Academics interpret

Flowers of evil, soul food

The right to offend

Free speech it's own good

A sole survivor

When they declare war

No room for opinion

Closing cell doors

Authoritarians

Who's on the out side?

They claim a thought crime

Anything that doesn't fit

Terror incitement

You know it's bullshit

No ambiguity

From the barb wire fence where they sit

Cutting us off
Virtual insanity
Who is the facist ?
Who promotes liberty
Right to self expression
To affiliate
Right to belief
Freedom in privacy
So why are the nazis
Sat on my line?

Capital

Surveillance capitalism

In the market for big data

Phones generate intel

When you surf they aggregate ya

Owners of service provision

A new class war

Economic mechanisms

Leading to behavioural control

Did you find a new chat room?

To share your private thoughts

Monopoly of communications

Zoom your way to video evidence

The new imperative

Puppet masters web for strings

Back doored, drop a hint

The long arm of the law

Blurring of the boundaries

No room for privacy

Calculated inevitability

Sophistication to the tech

Do you have a choice

With the products into which you buy?

Suppliers want certainty

Mining your experiences

Find a new platform

Slave auctions dating game

Trojan horses for the masters

That try to rule over our lives

Do you have a stake in the distribution

Of the data you generate?

Now we all look like painted whores

To pimps at the back door

Skype

I have my therapy on skype

Is it legal to look in?

Privacy rights

Edits that could put me in the bin?

I listen to their questions

Ever mindful of a third eye

A slow interview technique

Leaves me to sigh

There's professional ethics

But there could be a deal for a lie

Do they have just one client?

The local authority has tried to do me in They've got all the power

False perspectives could be their sin

Do I have rights over the footage?

The data they mirror

It's not an original idea

To discredit with a jump cut edit

They could overdub me

Digitally masked to lip sync

It can look a bit lofi

Cos video calls can really stink

It would only take a commentary

To put me in the drink

I watched as posters on buses

Promoted women that I've known

All from my support system

A bit of a big coincidence

All who could witness

That I was as sane as they come

Am I whipped by the party?

I don't think much of politics

But I know who'd sell out

In a power play
I'm mindful of my boundaries
Just have a nice day

Pop idols

Do you think we all buy

The pop star dream

Another printed T shirt

On the look out for a scream?

Do you believe what they sell us
That the market is free?
How do they hire a PR consultant
Or a publicist see?

They say we are democracy

A market capitalists hope

Bow down to the dollar

Buy the presidents shoe shine boy

Some fresh wax for their cloth

They play paranoia

With civil rights

A social inequality

Injustice where we never win the fight

Why don't you give up?

Kids only follow the fantasy

Rags to riches

Divorced from reality

Media idolatry

Life's not a game show

Individualisation

The neo liberals sell

Self realisation

How many have fell?

It takes resources

That you don't have

The millionaires club

Are all promoting themselves

Why?

If you ask me why

They put me in

I really do not know

There was a set up

That much is true

It takes many voices

To mount a flame war

I was at my peak

No crime

No drugs

No drink

I stood trial for terror

On the flimsiest of evidence

And the case was never fully heard

When I was in,

security from the premiers

We're on my case

And even beat me up

In a lonely cell

There was a Tory

With a blue rosette

A minute before the set up fight

The length I served was disproportionate

The way they treated me inhumane

It was only a month after the human rights case

That went on for over a year

And mysteriously timed out

If you ask me why

Teams are still looking in

I do not know

There's nothing that I've done

They've been on my case

For nearly 20 years

And a bit

The decade before

The ward is also now almost a decade ago

I quess someone doesn't like

My creativity

The duty solicitor

Openly head banged over the video link

During trial

The human rights group

That sent a witness

Said it was freemasonry

And they couldn't get involved

That it went above their heads

When I have always been against the order

It looks like someone did a deal
Lots of people didn't like
That I stay sober in defiance
Of their bullshit god
And you know
Painting by numbers
Were stalking me from clubs
And Played a vicious hand

Good guys

Good guys always win

Saturday film matinee club

Zoro putting on his mask

Like a phantom stranger

Ice cream cones the only sin

Waiting for red curtains
The opening scene
Until the credits roll
Cinema paradiso

The torch shining the way

To a ticket numbered seat

Recall when there were ashtrays

Sticky fingers shouldn't touch

Jump cut edits
On celluloid
Shushed to whispers
With a hiss

Can batman save the day

Lit signal in dark sky

The banana splits

Sun glasses in their cars

You know whilst we were sat there
There was someone watching over us
Until the final credits roll
Cos good guys always win

Nureyev

White tights and ballet shoes
Legs stretch at the bar

Keeping you on your toes
The red flags rising star

Trans Siberian express

Delivered from wrong side of the tracks

Not quite a Russian bear

There was no turning back

The White Crow Nureyev

Stood out from the crowd

And challenged the Kremlin

Dancing beyond what they allowed

Destined to defect

Asylum from the west

Liberty crown of the french

Sweet garlands for his chest

A hero in his freedom

Choosing his own side

With flowers of adoration

Known both far and wide

Tragic end for this champion

The wreath tied with red ribbon

A shooting star to the passion

His light lives ever on

Howl

Moloch sucking the life blood From cenotaph concrete hard ons Cut ups wired to contradict Beneath a burning nations flag Where rent boys court favours For an anal holy grail And the prophets on the street signs Direct to buses not in service Where the only howl Is the screams of the homeless Jumping off Londons burning bridge And zen poets laugh aloud At dancing Wu Li masters Forever on your tail Destined to be cremated like the chaff Of forgotten publishing houses

Where each generations labour

Is consumed by a cleansing fire

And only William Marshals nose

Smells the smoke the youth inhales

Directed by unseen hands

And recollections of radio days

Where memory repeats on loops

Like a green revolutionary going round and round

Spinning tops of inception

And cocks forever ejaculate

In their silent YES!

The devil

Their god that art the devil

Prayed to by both thief and king

Served by the people of the lie

That they declare as the one truth

Making false witness

Spread rumour against the innocent

Their churches testament
To corrupt servility

Raising up a cross

To their own hypocrisy

Justifying their war

By inculcating with original guilt

Those that know its name

Persecuted by the demiurge

A history writ in blood

Engineered to failure

Prostrate before cold statues

Forced to bended knee

Their god is just the devil

Trying to chain mans soul

Their path with footprints in the sand

They say a homecoming

Altars built by architects

Testimony to their insanity

But look on the words of their bible

And see through to the blasphemy

For they speak words of the devil

And their god just isn't there

You see they are so holy
That's why they exclude and ostracise

Madness that they spread

Trying to convert

God that art the devil

I'll see your followers in hell

A curse on your sick thinking

My right to disagree

The sacrament

I hear the sacrament

Is made from Jesus' cum

When they're all down on their knees

The priesthood sticks it up their bums

Jesus was a cuckold

To Mary Magdalene

It's not writ in the bible

Because that book is totally insane

Jesus was a felcher

He sucked his disciples bums
When they had a daisy chain
It trickled on his tongue

I hear the sacrament

Is made from Jesus' cum

He never put it in a virgin

Unless it was his mum

You know its all absurd
What they call the holy word
Kissing each other's bottoms
It's how they clean their turds

Was jesus homosexual?
We all like to get us some
I'm an atheist
So I'll take anyone
They offer us conversion therapy
Does god know that I'm a bi one?

You know the sacrament
Is really the Christs' cum

He had a few disciples

And he stuck it up their bums

Abuse

There's a wire listening in

To everything i do or say

No respect for privacy

The 'community' taking turns at monitoring

They've a key to my front door

Damaging property

Leaving little messages

I wish they'd put out the bins

The police live in my flats

They sow rumour that I am a problem

No regard for disability

Or fundamental rights

This a story of corruption

Their methods of control

Civil law is violated

There's no way they can justify

I'm not even a criminal

There's no warrant of which I'm aware

They say they've sold me out

I don't know what they are talking about

Local government agencies

Attack my reputation

I'm sent to Coventry

False claims from medical personnel

I get fed fake news to try to delude

TV full of filtered over dubs

There's no mechanism I. can invoke

To protect from abuse of power

As they hack my every move

And try to exploit and destroy my work

When my website is down

It's caused by hidden hands

The only response that I can give

Is the government are full of shit

Victims

The police are profiling victims Claiming a moral high ground Criminalising those they can Using rumour to undermine They say we shouldn't name Those by whom we were abused That they have an imperative To keep negligence under wraps They spend tax payers money Trying to detract All for one and one for all Men's movement protecting the abusers They use technology To try to delude All they seek is a bloody label With which they can assume control The system is totally corrupt They want to avoid issuing compensation They're getting in the way Of civil litigation What they don't want the public to know Is that child protection isn't working

If you make a complaint They just turn up the heat They put child abuse images on the net And then claimed it was to entrap This is the reality Their new deals a load of crap Plants in the survivors movement Sold out by a counsellor Those willing to collude Social engineer homelessness Keeping us all down It's been this way my whole life Staging interventions Into 'issues' they fabricate A culture of denial And its us victims they suppress

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Promise keepers?

Tinpot dictators

Targeting those who cannot work

Social construct disablement

Yet they keep waging their war

Trying to label

To assume some control

Dance to the rhythm

Of their conservative drum

Tag team harassment

Try to force to conform

They only are civil

When you bow down to their lash

I'm not in a work group

I am addicted to nothing

They can't find an angle

To make me their slave

There's those who are claiming

Only real men are free

I'm not doffing my cap

Nor bending my knee

They say they've a techno god

With an eye all seeing

Self fulfilling fallacy

Shacked of mind

They proclaim themselves giants

Stewards of the culture

But their just little boys

Who can only stand up for themselves

Within little gangs

It's the creative ones they hate the most

The market will tame us

Or so they suppose

They've never offered an in

Besides I'd refuse

Plants

The gas mans a coming

He's sure to give your home a scan

Co-opted to provide intel

Put out your roaches in a can

The postman came a knocking

Poked his nose around my door

How do they communicate

With neighbourly cops,

who knows the score?

There's scanners in ambulances
What do you think all their tech is for?
TA needs to train some medics
To check the hidden mics under your floor
Back doors in your OS
Phone camera tracking where you look

Location one, for investigations

Situationist in a set up
They'll claim its for your protection
Tell the lads that you fessed up
Plants within the football team
You've no sporting chance to lift the cup

Another hour of counselling
Digging for some dirt
Trained in interrogation
Why do they all like to flirt?
Divorced from consensus reality
What future relationship will we have?
Delusions fed to the TV
Edited artificial intelligence avatars

School boys into spies

The ones willing to sell out their friends

They'll end up in a shit job

But the hoodwinks never end

They even work the junky

Cut some slack, watch where they send

They'll force search results

To your computer screen

Direct you to meet ups

Paranoid society

And the only thing for which you're guilty

Is at school you never were one to kiss up

You place faith in civil rights
The truth is we have none
Surveillance society
Facial recognition in the crowd
Be thankful for human error
What algorithms will allow
The nazis have taken over
A new age technological as the last

Disease

The churchmen spread

Their foul disease

Theology

To bring folks to their knees

Religious schools

Deluded students

Faith in here after

Where critical thinking?

The priesthood lay false claims

To power

Instruct the faithful

Like sheep herded to submit

Superstition
Indoctrination
Inculcated guilt
Hated dogma

Despise the ideology
But not the people
Stuck in traditions
The faint, needy

No moral virtue

Greater than reason

Find your ethics

In rationality

The pulpits empty
The bible scorned
There is no apocalypse
Of which forewarned

No hope to find
In childhood fables
They who blindly follow
In their ignorance

The churches tombs
Their foul disease
Rise to your feet
Get off your knees

Camilla Parker Bowels

Camilla likes to use royal jelly
When she slides down the cenotaph
It's as hard as Prince Charles willy
When he shakes it in the bath

Charlie likes to wear a kilt

Tosses the caber for a laugh

Ties her wrists with finest tartan

Bondage royal in fine scarfs

What's he got under his sporran?

Is he wearing any pants?

The Union Jack raised on a pole

A golden rain upon us ants

What do they do in English gardens

Plucking flowers for loved ones

I hear they like to have a threesome

But not in french, unless he's the first to come

Charlie's arse fits on a golden throne
He strains a bit
To free his bowels
Footman like to wipe his bum
There's some who kiss his regal ring

Camilla uses royal jelly

A lubricant above all else

Charlie likes to stick it in He is her one and only king

Fire from heaven

Dionysus breaks the chains
In realms of delirium
Drunk upon the grape
With promises to be free

The brain it's hemispheres

Is that where lies the struggle?

Conflicted duality

Neurotics to their muddle

Apollonian reason

Sat hunched like the thinker

Chin wrested on the fist

Vacillations rationality

We dance toward liberty
Weaving a spell to break the bonds
But Echo ever calls

To return Psyche to domination

Prometheus steals the fire
Raging in his hubris
The gods their nemesis
The chains encircling our limbs

Do the shackles ever break?

Manacles of the spirit

We seek to fly beyond the bounds

That bind the mind to servility

Hypnos blights our dreams

Fond illusions, psychology

The price of excess

The wisdom of it's road

The promise to be free

That ever returns us to dependency

Flying high like Icarus

Heed the warning of the old

Wise as Silenus

A fathers tear

Shed in their knowledge

The fall that is foretold

The youth forever to their folly

They forget the old

Also were once the young

Orpheus

Orpheus in the underworld
A poets song of grief
Requiems lament
For his stollen love

Charming the three headed beast
A paean for his coin
To travel over the Styx
Into deaths realm beyond

Hades ever ruled

By the darkest spirit

Dragging voices down

Into depths of despair

Following his lyrics

The heart longed for the most

She who ascends stairway to heaven

Returning from deaths door

But the troubadour turning back
To stare upon the vision
The object of desire
Melts away just like a mirage

No marriage of kindred souls

More like reflections in the mirror

Like unto narcissus' pool

Alone unto the last

The furies wept their tears

At the minstrels verse

Cross your heart

Off with their heads

Alas for love lays dead

Able

Disableism

Quality of life

Disempowered

By restricted attitudes

Hidden deficits

Do you think that I am less?

You judge my worth

Only by the things I cannot do

Trauma leaves its hidden scars

Some try to trigger

Think they have right to harass

As if their abuse will change the past

I hear the mockers

That think I should be in a ward

Just because I do not work

In ways which they applaud

Enable me

To rise on broken wings

Include me

And the community is the one to win

I make allowances for your ignorance

A human being just like any else

Empower me

Build bridges

Not a wall

Social constructs

On which I rise or fall

It takes two
It's not all down to me
Exclusions prejudice
That adds a social element
To my disability

Those who cannot see

That I long to be free

Assert self worth

And live accepted

With a right to respect

And liberty

God of poo too.

The god of poo, sends voices to their ears
The god of poo, leaves them all in fear
The god of poo, oh dear, oh dear, oh dear
The god of poo, I'm never drawing near.

The god of poo, hypnosis to your dreams

The god of poo, you know it when you scream

The god of poo, where do they put the wire?

The god of poo, just when will they retire?

The god of poo, like Radio Gaga

It's all they hear, this Land is looking LaLa

The god of poo, a sub dominants dream

If they catch you listening they'll bring in the looney team

The god of poo, they'll say anything for it to go way

Just switch it off and every morning they will pray

The god of poo, lead their thoughts where you may

The god of poo, technophobic, ooh I say

The god of poo, sends voices to their ears

Hypnotises confessions, they'll say they'll do a deal

The god of poo, the one to really fear

They'll send you to a quack who can't even really heal

Put you in the frame, because they say your face is the one that fits

The god of poo, getting on your tits

The god of poo, with an all seeing eye

The god of poo, are thoughts fed by an AI?

The god of poo could auto suggest you have a fit

The god of poo, it's a load of shit

Implants

When you awoke from your cell Could you remember dentistry?
That's where they sent you
After drugging your food

Resin caps, hollow teeth

You'll never think to remove it

Implanted electronic tags

Micro devices

Like the running man

Trying to find a way out

All roads are closed

All routes return here

You think it can't happen

Because there's human rights

But you're the naive

No one offers a light

Why can't you sire children

Is the truth out of sight?

An alien abduction

Of those who rebel

Private ambulances

Deliver to an empty cell

Doesn't matter if your innocent

The best of us fell

What's got under your skin?
You just cannot win

What's the plate in your chest for?

In this age of implants.

Have you heard of eugenics

Do you think the fascists can't?

Belligerents

People who don't go out to work everyday? Belligerent , layabout, scum! They must all be on drugs Drink themselves to sleep Decadent, libertine, bums. We should all declare war On those benefit spongers Force square pegs into round holes Remove safety nets Leave them to beg on the streets Scroungers, best become passers by Leave them without a pot to piss in No hand outs Not even pennies for a cup of tea Drive them insane with our jeers Strip them of all they own

Give their clothes to a good christian charity

And leave them cold and naked, despised.

We all know they should pull their socks up

Work a god fearing day for minimal wage

Parasites, feeding off mothers tits

Ostracise

Mount a witch hunt

Call them every name under the sun

Do them in

Who cares?

I bet they wank all day

Watching other peoples kids go to school

And the good people going to work

Whilst they sit on their arse

Making up excuses.

The welfare state,

It should be banned

Enabling deviants to thrive.

Alternatively-

I am disabled

It's why I get support payments

 ${\tt I'}{\tt ve}$ been on benefits 30 years

There must be some reason

So you'd think

You cannot see my emotional scars

Cannot rationalise away my trauma

I even make a minor contribution

Cultural pearls before swine

In the business of winning

A good honest consumer

Keeping others in business

From the fruits of my humble creations

Leave your abusive thoughts to yourself

I get by, despite my health.

(In other words, Fuck Off you Fascist Bastards!)

Dunking Do Nots

Some people are defined

By what they do not do

Better be remembered

For what you do

Abstinence so long
I no longer recall the point

It's just another habit
In which I'm caught

Do what you do
And do it well
Simple things
With practice tells

No one does extraordinary things
Without doing the ordinary
Extraordinarily well
Life a rehearsal
Take it from the top again

It doesn't really matter
What you do not do
Keep on trying
For perfections true

Some people ever defined

By what they do not do

They call it a virtue

Their pride untrue

Do what you do

And strive to do it well

It doesn't even matter

If it never sells

Millennium cults

I do not care what you think
As you gather in little groups
Trying to claim some power
You invade my privacy
Intrude on my space
You are the kind of people
I freely despise

Like ideological warfare

You try to make others conform

You call yourself the 'community'

But it's you I choose to scorn

There is no outside

How can you be 'in'

Crass value systems

With me you'll never win

You try to control

Spread false accusation

Assume you know me

When all you've got is a name

Seek to isolate

You don't even seem to realise

That yours is the crime of hate

Have any of you even tried

Talking to the ones you say are on the outside?

You call foul jeers

Whilst I sit trying to ignore you

When I'm out and about

You melt away

You haven't got the balls

To meet with me face to face

You invade private emails

As if you have a right

As if every penny I spend

Should be in the public domain

It's not paranoia

When you freely discuss

Transfers I make between accounts

It's criminal invasion of privacy

And you do it in plain sight

As if this is the 'rights' of 'christ'

I dont give a shit about your faith

I just want you out

Of my face

You offer me nothing
But disrespect
Calling the shots
And you think you are safe
Your approach towards me could lead
To blood in the street
I've dealt with this for five years
Nothing you do has changed me one bit
I don't want to be in with you
I don't even empathise with you

I have no idea what you are all about What you are trying to achieve With your harassment

You drop names I do not know

Try to project airs of authority

And your motive doesn't matter

Caught in the act

Why don't you leave me alone?

I don't even want to know

And that's the facts

Sartre and Camus, two of the greatest philosophers of the post war era, had a long standing debate as to the value of violence. Although both espoused inalienable individualist freedoms they conceded that the demagague of the state system in capitalist society curtailed and restricted those liberties. Camus took the side of the pacifist within his role in that dialogue although conceded to the need for violence in war. Sartre argued for revolutionary violence, supporting the proletariat in revolt against their capitalist masters. The shackles of economic necessity kept the working class bound to unfulfilling and undesirable labour. This was an affront to personal freedom. 'We are condemned to be free'. Although not glorifying violence, Sartre saw it as a necessary means to an end and a mechanism to create egalitarianism. In todays society both war, security and policing use violence to achieve peace. Hippy maxims of peace and love do not stand up to the acid test of the reality in which we live. Tensions, both personal and political create conflicts and in the final analysis violence is the last resort of the disempowered against their oppressors. Where the middle classes control the legal system the common man may

have no choice to respond to injustice and corruption with aggression. Violence need never be glorified, but for self defence and to promote the rights of a suppressed underclass, ultimately it is a necessary evil. That was the view of Sartre in the post war era struggle for equality and sadly also a concession that I am forced to make. Violence is never good, but it is not always wrong. 'Hell is other people'. It must here be stated both of these atheist philosophers rebelled against the faith in a god. Camus, who on a personal level is my favourite of the two, described belief in god as 'philosophical suicide' and that faced with the absurdity and meaningless of human existence we should rebel against irrationality and the unreasonable leap to faith. The rebellion is to strive to create meaning from our individual experience in revolt against absurdity in all its forms, including religon. Both men played active parts in the fight against Nazi tyrany. Fascism as originaly supported by The Pope. It should be observed that belief in an 'all poerful god' lends itself quite readily to totalitarianism and fundamentalist values. The 'new atheist' movement is a struggle against the control and rigidity that seeks to undermine our personal liberty,